

**PACKAGE LEAFLET**

## Package leaflet: Information for the patient

### Abacavir Mylan 300 mg, filmomhulde tabletten

abacavir

#### Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### IMPORTANT – Hypersensitivity reactions

<Invented name> contains abacavir. Some people who take abacavir may develop a hypersensitivity reaction (a serious allergic reaction), which can be life-threatening if they continue to take abacavir containing products.

You must carefully read all the information under ‘Hypersensitivity reactions’ in the panel in section 4.

The <Invented name> pack includes an Alert Card, to remind you and medical staff about abacavir hypersensitivity. Detach this card and keep it with you at all times.

#### What is in this leaflet

1. What <Invented name> is and what it is used for
2. What you need to know before you take <Invented name>
3. How to take <Invented name>
4. Possible side effects
5. How to store <Invented name>
6. Contents of the pack and other information

#### 1. What <Invented name> is and what it is used for

<Invented name> is used to treat HIV (human immunodeficiency virus) infection.

<Invented name> contains the active substance abacavir. Abacavir belongs to a group of anti-retroviral medicines called *nucleoside analogue reverse transcriptase inhibitors (NRTIs)*.

Abacavir does not completely cure HIV infection; it reduces the amount of virus in your body, and keeps it at a low level. It also increases the CD4 cell count in your blood. CD4 cells are a type of white blood cell that are important in helping your body to fight infection.

Not everyone responds to treatment with abacavir in the same way. Your doctor will monitor the effectiveness of your treatment.

#### 2. What you need to know before you take <Invented name>

**Do not take <Invented name>:**

- if you are allergic (*hypersensitive*) to abacavir (or any other medicines containing abacavir - such as abacavir/lamivudine, abacavir/lamivudine/zidovudine, abacavir/dolutegravir/lamivudine) or any of the other ingredients of this medicine (listed in section 6).

Carefully read all the information about hypersensitivity reactions in section 4.  
Check with your doctor if you think this applies to you.

**Take special care with <Invented name>**

Some people taking abacavir for HIV are more at risk of serious side effects. You need to be aware of the extra risks.

Talk to your doctor or pharmacist before taking <Invented name>:

- if you have moderate or severe liver disease
- if you have ever had liver disease, including hepatitis B or C
- if you are seriously overweight (especially if you are a woman)
- if you have severe kidney disease

Talk to your doctor if any of these apply to you. You may need extra check-ups, including blood tests, while you are taking your medicine. See section 4 for more information.

**Abacavir hypersensitivity reactions**

Even patients who don't have the HLA-B\*5701 gene may still develop a hypersensitivity reaction (a serious allergic reaction).

Carefully read all the information about hypersensitivity reactions in section 4 of this leaflet.

**Risk of heart attack**

It cannot be excluded that abacavir may increase the risk of having a heart attack.

Tell your doctor if you have heart problems, if you smoke, or have other illnesses that may increase your risk of heart disease such as high blood pressure, or diabetes. Do not stop taking <Invented name> unless your doctor advises you to do so.

**Look out for important symptoms**

Some people taking medicines for HIV infection develop other conditions, which can be serious. You need to know about important signs and symptoms to look out for while you are taking <Invented name>.

Read the information 'Other possible side effects of combination therapy for HIV' in section 4 of this leaflet.

**Protect other people**

HIV infection is spread by sexual contact with someone who has the infection, or by transfer of infected blood (for example, by sharing injection needles). You can still pass on HIV when taking this medicine, although the risk is lowered by effective antiretroviral therapy. **Discuss with your doctor the precautions needed to avoid infecting other people.**

**Other medicines and <Invented name>**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including herbal medicines or other medicines you bought without a prescription. Remember to tell your doctor or pharmacist if you begin taking a new medicine while you are taking <Invented name>.

**Some medicines interact with <Invented name>**

These include:

- rifampicin, for treating bacterial infections
- phenobarbital or phenytoin, for treating epilepsy

Tell your doctor if you are taking rifampicin, phenobarbital or phenytoin. Your doctor may need to monitor you while you are taking <Invented name>.

- methadone used as a heroin substitute. Abacavir increases the rate at which methadone is removed from the body. If you are taking methadone, you will be checked for any withdrawal symptoms. Your methadone dose may need to be changed.

Tell your doctor if you are taking methadone.

### **Pregnancy**

Abacavir is not recommended for use during pregnancy. Abacavir and similar medicines may cause side effects in unborn babies. If you have taken abacavir during your pregnancy, your doctor may request regular blood tests and other diagnostic tests to monitor the development of your child. In children whose mothers took NRTIs during pregnancy, the benefit from the protection against HIV outweighed the risk of side effects.

### **Breast-feeding**

Women who are HIV-positive must not breast-feed, because HIV infection can be passed on to the baby in breast milk. A small amount of the ingredients in <Invented name> can also pass into your breast milk. If you are breast-feeding, or thinking about breast-feeding:  
Talk to your doctor immediately.

### **Driving and using machines**

Do not drive or operate machines unless you are feeling well.

### **<Invented name> contains sodium**

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

## **3. How to take <Invented name>**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Swallow the tablets with some water. <Invented name> can be taken with or without food.

Stay in regular contact with your doctor

Abacavir helps to control your condition. You need to keep taking it every day to stop your illness getting worse. You may still develop other infections and illnesses linked to HIV infection.

Keep in touch with your doctor, and do not stop taking <Invented name> without your doctor's advice.

### **How much to take**

#### **Adults, adolescents and children weighing at least 25 kg**

The recommended dose is 600 mg a day. This can be taken either as one 300 mg tablet twice a day or two 300 mg tablets once a day.

#### **Children from one year of age weighing less than 25 kg**

The dose given depends on the body weight of your child. The recommended dose is:

- **Children weighing at least 20 kg and less than 25 kg:** The recommended dose is 450 mg a day. This can be given as 150 mg (half of a tablet) taken in the morning and 300 mg (one whole tablet) taken in the evening, or 450 mg (one and a half tablets) once a day as advised by your doctor.

- **Children weighing at least 14 kg and less than 20 kg:** The recommended dose is 300 mg a day. This can be given as 150 mg (half of a tablet) twice daily, or 300 mg (one whole tablet) once a day as advised by your doctor.

The tablet can be divided into equal doses.

Other forms of this medicine maybe more suitable for the treatment of children over three months of age and weighing less than 14 kg, or for people who need a lower than usual dose, or who cannot take tablets.

**If you take more <Invented name> than you should**

If you accidentally take too much <Invented name>, tell your doctor or your pharmacist, or contact your nearest hospital emergency department for further advice.

**If you forget to take <Invented name>**

If you forget to take a dose, take it as soon as you remember. Then continue your treatment as before. Do not take a double dose to make up for a forgotten dose.

It is important to take <Invented name> regularly, because if you take it at irregular intervals, you may be more likely to have a hypersensitivity reaction.

**If you have stopped taking <Invented name>**

If you have stopped taking <Invented name> for any reason - especially because you think you are having side effects, or because you have other illness:

Talk to your doctor before you start taking it again. Your doctor will check whether your symptoms were related to a hypersensitivity reaction. If the doctor thinks they may have been related, you will be told never again to take <Invented name>, or any other medicine containing abacavir (e.g. abacavir/lamivudine, abacavir/lamivudine/zidovudine, abacavir/dolutegravir/lamivudine). It is important that you follow this advice.

If your doctor advises that you can start taking <Invented name> again, you may be asked to take your first doses in a place where you will have ready access to medical care if you need it.

#### **4. Possible side effects**

During HIV therapy there may be an increase in weight and in levels of blood lipids and glucose. This is partly linked to restored health and life style, and in the case of blood lipids sometimes to the HIV medicines themselves. Your doctor will test for these changes.

Like all medicines, this medicine can cause side effects, although not everyone gets them.

When you are being treated for HIV, it can be hard to tell whether a symptom is a side effect of abacavir or other medicines you are taking, or an effect of the HIV disease itself. So it is very important to talk to your doctor about any changes in your health.

Even patients who don't have the HLA-B\*5701 gene may still develop a hypersensitivity reaction (a serious allergic reaction), described in this leaflet in the panel headed 'Hypersensitivity reactions'.

It is very important that you read and understand the information about this serious reaction.

As well as the side effects listed below for abacavir, other conditions can develop during combination therapy for HIV.

It is important to read the information later in this section under 'Other possible side effects of combination therapy for HIV'.

**Contact a doctor immediately if you experience any of the following side effects:**

**Common** (may affect up to 1 in 10 people):

- Hypersensitivity (allergic) reactions. Please see the “Hypersensitivity reactions” box below for important information about these symptoms.

### **Hypersensitivity reactions**

<Invented name> contains abacavir

Abacavir can cause a serious allergic reaction known as a hypersensitivity reaction.

These hypersensitivity reactions have been seen more frequently in people taking medicines that contain abacavir.

### **Who gets these reactions?**

Anyone taking <Invented name> could develop a hypersensitivity reaction to abacavir, which could be life-threatening if they continue to take <Invented name>.

You are more likely to develop such a reaction if you have the HLA-B\*5701 gene (but you can get a reaction even if you do not have this gene). You should have been tested for this gene before <Invented name> was prescribed for you. If you know you have this gene, tell your doctor before you take <Invented name>. About 3 to 4 in every 100 patients treated with abacavir in a clinical trial who did not have the HLAB\* 5701 gene developed a hypersensitivity reaction.

### **What are the symptoms?**

The most common symptoms are:

- fever (high temperature) and skin rash

Other common symptoms are:

- nausea (feeling sick), vomiting (being sick), diarrhoea, abdominal (stomach) pain, severe tiredness

Other symptoms include:

Pains in the joints or muscles, swelling of the face, mouth, tongue or throat causing difficulty breathing or swallowing, swelling of the glands in the arm or neck, general swelling, shortness of breath, signs of respiratory problems such as rapid, shallow breathing, tiredness or confusion, sore throat, cough, occasional headaches, inflammation of the eye (conjunctivitis), mouth ulcers, low blood pressure, tingling or numbness of the hands or feet, signs of liver problems such as elevated liver function tests, yellowing of the skin or whites of the eyes, dark coloured urine or light stools, signs of kidney problems such as producing little or no urine or lower back pain and elevated creatinine or elevated creatine phosphokinase, which can be seen in a blood test.

### **When do these reactions happen?**

Hypersensitivity reactions can start at any time during treatment with <Invented name>, but are more likely during the first 6 weeks of treatment.

If you are caring for a child who is being treated with <Invented name>, it is important that you understand the information about this hypersensitivity reaction. If your child gets the symptoms described below it is essential that you follow the instructions given.

### **Contact your doctor immediately:**

- 1 if you get a skin rash, OR
- 2 if you get symptoms from at least 2 of the following groups:
  - fever
  - shortness of breath, sore throat or cough
  - nausea or vomiting, diarrhoea or abdominal pain
  - severe tiredness or achiness, or generally feeling ill

Your doctor may advise you to stop taking <Invented name>.

**If you have stopped taking <Invented name>**

If you have stopped taking <Invented name> because of a hypersensitivity reaction, you must NEVER AGAIN take <Invented name>, or any other medicine containing abacavir (e.g. abacavir/lamivudine, abacavir/lamivudine/zidovudine and abacavir/dolutegravir/lamivudine). If you do, within hours, your blood pressure could fall dangerously low, which could result in death.

If you have stopped taking <Invented name> for any reason - especially because you think you are having side effects, or because you have other illness:

Talk to your doctor before you start again. Your doctor will check whether your symptoms were related to a hypersensitivity reaction. If the doctor thinks they may have been, you will then be told never again to take <Invented name>, or any other medicine containing abacavir (e.g. abacavir/lamivudine, abacavir/lamivudine/zidovudine and abacavir/dolutegravir/lamivudine). It is important that you follow this advice.

Occasionally, hypersensitivity reactions have developed in people who start taking abacavir containing products again, but who had only one symptom on the Alert Card before they stopped taking it.

Very rarely, patients who have taken medicines containing abacavir in the past without any symptoms of hypersensitivity have developed a hypersensitivity reaction when they start taking these medicines again.

If your doctor advises that you can start taking abacavir again, you may be asked to take your first doses in a place where you will have ready access to medical care if you need it.

If you are hypersensitive to abacavir, return all your unused <Invented name> tablets for safe disposal. Ask your doctor or pharmacist for advice.

The <Invented name> pack includes an Alert Card, to remind you and medical staff about hypersensitivity reactions. Detach this card and keep it with you at all times.

**Rare** (may affect up to 1 in 1000 people):

- inflammation of the pancreas (pancreatitis). You may experience severe pain in the stomach that radiates into the back, have a swollen and tender stomach, and feel sick and generally unwell.

**Very rare** (may affect up to 1 in 10,000 people):

- skin rash, which may form blisters and looks like small targets (central dark spots surrounded by a paler area, with a dark ring around the edge) (*erythema multiforme*)
- a widespread rash with blisters and peeling skin, particularly around the mouth, nose, eyes and genitals (*Stevens–Johnson syndrome*), and a more severe form causing skin peeling in more than 30% of the body surface (*toxic epidermal necrolysis*)
- lactic acidosis (excess lactic acid in the blood)

**Other possible side effects:**

**Common** (may affect up to 1 in 10 people):

- feeling sick (*nausea*)
- headache
- being sick (*vomiting*)

- diarrhoea
- loss of appetite
- tiredness, lack of energy
- fever (high temperature)
- skin rash

### **If you get side effects**

Tell your doctor or pharmacist if any of the side effects gets severe or troublesome, or if you notice any side effects not listed in this leaflet.

### **Other possible side effects of combination therapy for HIV**

Combination therapy including abacavir may cause other conditions to develop during HIV treatment.

### **Symptoms of infection and inflammation**

#### **Old infections may flare up**

People with advanced HIV infection (AIDS) have weak immune systems, and are more likely to develop serious infections (*opportunistic infections*). When these people start treatment, they may find that old, hidden infections flare up, causing signs and symptoms of inflammation. These symptoms are probably caused by the body's immune system becoming stronger, so that the body starts to fight these infections. Symptoms usually include fever, plus some of the following:

- headache
- stomach ache
- difficulty breathing

In rare cases, as the immune system becomes stronger, it can also attack healthy body tissue (*autoimmune disorders*). The symptoms of autoimmune disorders may develop many months after you start taking medicine to treat your HIV infection. Symptoms may include:

- palpitations (rapid or irregular heartbeat) or tremor
- hyperactivity (excessive restlessness and movement)
- weakness beginning in the hands and feet and moving up towards the trunk of the body

If you get any symptoms of infection while you are taking **<Invented name>**:

Tell your doctor immediately. Do not take other medicines for the infection without your doctor's advice.

### **You may have problems with your bones**

Some people taking combination therapy for HIV develop a condition called *osteonecrosis*. With this condition, parts of the bone tissue die because of reduced blood supply to the bone. People may be more likely to get this condition:

- if they have been taking combination therapy for a long time
- if they are also taking anti-inflammatory medicines called corticosteroids
- if they drink alcohol
- if their immune systems are very weak
- if they are overweight

### **Signs of osteonecrosis include:**

- stiffness in the joints
- aches and pains (especially in the hip, knee or shoulder)
- difficulty moving

If you notice any of these symptoms:

Tell your doctor.



### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [To be completed nationally]. By reporting side effects you can help provide more information on the safety of this medicine.

### **5. How to store <Invented name>**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after 'EXP'. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

### **6. Contents of the pack and other information**

#### **What <Invented name> contains**

Each film-coated tablet contains 300 mg of abacavir.

The other ingredients are microcrystalline cellulose (E460), sodium starch glycolate, magnesium stearate (E 470b) and colloidal anhydrous silica (E551) in the core of the tablet. The tablet coating contains poly vinyl alcohol, partially hydrolyzed (E1203), titanium dioxide (E171), talc (E553b), iron oxide yellow (E172) and macrogol 3350 (E1521).

#### **What <Invented name> looks like and contents of the pack**

<Invented name> is a yellow, capsule shaped, film-coated tablet, with two sides that curve out, marked with 'H' on one side with a score line and 'A' and '26' separated by a score line on the other side.

<Invented name> is available in blister packs containing 60 and 60 x 1 film-coated tablets.

### **Marketing Authorisation Holder**

Mylan Ireland Limited  
35/36 Grange Parade,  
Baldoyle Industrial Estate, Dublin 13  
Ireland

### **Manufacturer**

Pharmadox Healthcare Limited,  
KW20A Kordin Industrial Park,  
Paola,  
PLA 3000,  
Malta.

Generics [UK] Limited  
Station Close

Potters Bar  
Hertfordshire, EN6 1TL  
United Kingdom.

This medicinal product is authorised in the Member States of the EEA under the following names:

France	Abacavir Mylan 300 mg, comprimés pelliculés
Italy	Abacavir Mylan
The Netherlands	Abacavir Mylan 300 mg filmomhulde tabletten
Portugal	Abacavir Mylan
United Kingdom	Abacavir Mylan 300 mg Film-coated Tablets

**Deze bijsluiter is voor het laatst goedgekeurd in augustus 2020.**