

## PACKAGE LEAFLET: INFORMATION FOR THE USER

**Candesartan cilexetil Torrent 2 mg tabletten**  
**Candesartan cilexetil Torrent 4 mg tabletten**  
**Candesartan cilexetil Torrent 8 mg tabletten**  
**Candesartan cilexetil Torrent 16 mg tabletten**  
**Candesartan cilexetil Torrent 32 mg tabletten**

Candesartan cilexetil

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### **What is in this leaflet**

1. What Candesartan cilexetil Torrent is and what it is used for
2. What you need to know before you take Candesartan cilexetil Torrent
3. How to take Candesartan cilexetil Torrent
4. Possible side effects
5. How to store Candesartan cilexetil Torrent
6. Contents of the pack and other information

## **1. WHAT CANDESARTAN CILEXETIL TORRENT IS AND WHAT IT IS USED FOR**

The name of your medicine is Candesartan cilexetil Torrent. The active ingredient is candesartan cilexetil. This belongs to a group of medicines called angiotensin II receptor antagonists. It works by making your blood vessels relax and widen. This helps to lower your blood pressure. It also makes it easier for your heart to pump blood to all parts of your body.

Candesartan cilexetil Torrent can be used to:

- treat high blood pressure (hypertension) in adult patients and in children and adolescents aged 6 to < 18 years.
- treat adult heart failure patients with reduced heart muscle function when Angiotensin Converting Enzyme (ACE) inhibitors cannot be used or in addition to ACE-inhibitors when symptoms persist despite treatment and mineralocorticoid receptor antagonists (MRA) cannot be used. (ACE-inhibitors and MRAs are medicines used to treat heart failure).

## **2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE CANDESARTAN CILEXETIL TORRENT**

### **Do not take Candesartan cilexetil Torrent**

- if you are allergic to candesartan cilexetil or any of the other ingredients of this medicine (listed in section 6).
- if you are more than 3 months pregnant (it is also better to avoid Candesartan cilexetil Torrent in early pregnancy – see pregnancy section).
- if you have severe liver disease or biliary obstruction (a problem with the drainage of the bile from the gall bladder).

- if the patient is a child under 1 year of age.
- if you have diabetes or impaired kidney function and you are treated with a blood pressure lowering medicine containing aliskiren.

If you are not sure if any of these apply to you, talk to your doctor or pharmacist before taking Candesartan cilexetil Torrent.

### **Warnings and Precautions**

Talk to your doctor before taking Candesartan cilexetil Torrent:

- if you have heart, liver or kidney problems, or are on dialysis.
- if you have recently had a kidney transplant.
- if you are vomiting, have recently had severe vomiting, or have diarrhoea.
- if you have a disease of the adrenal gland called Conn's syndrome (also called primary hyperaldosteronism).
- if you have low blood pressure.
- if you have ever had a stroke.
- if you are taking any of the following medicines used to treat high blood pressure:
  - o an ACE-inhibitor (for example enalapril, lisinopril, Ramipril), in particular if you have diabetes related kidney problems
  - o aliskiren
- if you are taking an ACE-inhibitor together with a medicine which belongs to the class of medicines known as mineralocorticoid receptor antagonists (MRA). These medicines are for the treatment of heart failure (see "Other medicines and Candesartan cilexetil Torrent).
- You must tell your doctor if you think you are (or might become) pregnant. Candesartan cilexetil Torrent is not recommended in early pregnancy, and must not be taken if you are more than 3 months pregnant, as it may cause serious harm to your baby if used at that stage (see pregnancy section).

Your doctor may check your kidney function, blood pressure, and the amount of electrolytes (e.g. potassium) in your blood at regular intervals.

See also information under the heading "Do not take Candesartan cilexetil Torrent".

Your doctor may want to see you more often and do some tests if you have any of these conditions.

If you are going to have an **operation**, tell your doctor or dentist that you are taking Candesartan cilexetil Torrent. This is because Candesartan cilexetil Torrent, when combined with some anaesthetics, may cause an excessive drop in blood pressure.

### **Children and adolescents**

Candesartan has been studied in children. For more information, talk to your doctor. Candesartan must not be given to children under 1 year of age due to the potential risk to the developing kidneys.

### **Other medicines and Candesartan cilexetil Torrent**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Candesartan cilexetil Torrent can affect the way some other medicines work and some medicines can have an effect on Candesartan cilexetil Torrent. If you are using certain medicines, your doctor may need to do blood tests from time to time.

In particular, tell your doctor if you are using any of the following medicines as your doctor may need to change your dose and/or take other precautions:

- Other medicines to help lower your blood pressure, including beta-blockers, diazoxide and ACE inhibitors such as enalapril, captopril, lisinopril or ramipril.
- Non-steroidal anti-inflammatory drugs (NSAIDs) such as ibuprofen, naproxen, diclofenac, celecoxib or etoricoxib (medicines to relieve pain and inflammation).
- Acetylsalicylic acid (if you are taking more than 3 g each day) (medicine to relieve pain and inflammation).
- Potassium supplements or salt substitutes containing potassium (medicines that increase the amount of potassium in your blood).
- Heparin (a medicine for thinning the blood).
- Co-trimoxazole (an antibiotic medicine) also known as trimethoprim/sulfamethoxazole
- Water tablets (diuretics).
- Lithium (a medicine for mental health problems).
- If you are taking an ACE-inhibitor or aliskiren (see also information under the headings “Do not take Candesartan cilexetil Torrent” and “Warnings and precautions”)
- If you are being treated with an ACE-inhibitor together with certain other medicines to treat your heart failure, which are known as mineralocorticoid receptors antagonists (MRA) (for example spironolactone, eplerenone).

### **Taking Candesartan cilexetil Torrent with food and alcohol**

You can take Candesartan cilexetil Torrent with or without food.

When you are prescribed Candesartan cilexetil Torrent, discuss with your doctor before drinking alcohol. Alcohol may make you feel faint or dizzy.

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

#### **Pregnancy**

You must tell your doctor if you think you are (or might become) pregnant. Your doctor will normally advise you to stop taking Candesartan cilexetil Torrent before you become pregnant or as soon as you know you are pregnant and will advise you to take another medicine instead of Candesartan cilexetil Torrent. Candesartan cilexetil Torrent is not recommended in early pregnancy, and must not be taken when more than 3 months pregnant, as it may cause serious harm to your baby if used after the third month of pregnancy.

#### **Breast-feeding**

Tell your doctor if you are breast-feeding or about to start breast-feeding. Candesartan cilexetil Torrent is not recommended for mothers who are breast-feeding, and your doctor may choose another treatment for you if you wish to breast-feed, especially if your baby is newborn, or was born prematurely.

### **Driving and using machines**

Some people may feel tired or dizzy when taking Candesartan cilexetil Torrent. If this happens to you, do not drive or use any tools or machines.

### **Candesartan cilexetil Torrent contains lactose.**

Lactose is a type of sugar. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

## **3. HOW TO TAKE CANDESARTAN CILEXETIL TORRENT**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

It is important to keep taking Candesartan cilexetil Torrent every day.

You can take Candesartan cilexetil Torrent with or without food.

Take the tablet with a glass of water.

Try to take the tablet at the same time each day. This will help you to remember to take it.

Candesartan cilexetil Torrent 4, 8, 16, 32 mg tablets: The tablet can be divided into equal doses.

### **High blood pressure**

- The recommended dose of Candesartan cilexetil Torrent is 8 mg once a day. Your doctor may increase this dose to 16 mg once a day and further up to 32 mg once a day depending on blood pressure response.
- In some patients, such as those with liver problems, kidney problems or those who recently have lost body fluids, e.g., through vomiting or diarrhoea or by using water tablets, the doctor may prescribe a lower starting dose.
- Some black patients may have a reduced response to this type of medicine, when given as the only treatment, and these patients may need a higher dose.

### **Use in children and adolescents with high blood pressure:**

*Children 6 to < 18 years of age:*

The recommended starting dose is 4 mg once daily.

For patients weighing < 50 kg: In some patients whose blood pressure is not adequately controlled, your doctor may decide the dose needs to be increased to a maximum of 8 mg once daily.

For patients weighing  $\geq$  50 kg: In some patients whose blood pressure is not adequately controlled, your doctor may decide the dose needs to be increased to 8 mg once daily and then to 16 mg once daily if needed.

### **Heart failure in adults**

The recommended starting dose of Candesartan cilexetil Torrent is 4 mg once a day. Your doctor may increase your dose by doubling the dose at intervals of at least 2 weeks up to 32 mg once a day. Candesartan cilexetil Torrent can be taken together with other medicines for heart failure, and your doctor will decide which treatment is suitable for you.

### **If you take more Candesartan cilexetil Torrent than you should**

If you take more Candesartan cilexetil Torrent than prescribed by your doctor, contact a doctor or pharmacist immediately for advice.

### **If you forget to take Candesartan cilexetil Torrent**

Do not take a double dose to make up for a forgotten tablet. Just take the next dose as normal.

### **If you stop taking Candesartan cilexetil Torrent**

If you stop taking Candesartan cilexetil Torrent, your blood pressure may increase again. Therefore do not stop taking Candesartan cilexetil Torrent without first talking to your doctor.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines, this medicine can cause side effects, although not everybody gets them. It is important that you are aware of what these side effects may be.

### **Stop taking Candesartan cilexetil Torrent and seek medical help immediately if you have any of the following allergic reactions**

- difficulties in breathing, with or without swelling of the face, lips, tongue and/or throat
- swelling of the face, lips, tongue and/or throat, which may cause difficulties in swallowing
- severe itching of the skin (with raised lumps)

Candesartan cilexetil Torrent may cause a reduction in the number of white blood cells. Your resistance to infection may be decreased and you may notice tiredness, an infection or a fever. If this happens contact your doctor. Your doctor may occasionally do blood tests to check whether Candesartan cilexetil Torrent has had any effect on your blood (agranulocytosis).

**Other possible side effects include:**

**Common (may affect up to 1 in 10 people)**

- Feeling dizzy/spinning sensation.
- Headache.
- Respiratory infection.
- Low blood pressure. This may make you feel faint or dizzy.
- Changes in blood test results:
  - An increased amount of potassium in your blood, especially if you already have kidney problems or heart failure. If this is severe you may notice tiredness, weakness, irregular heart beat or pins and needles.
- Effects on how your kidneys work, especially if you already have kidney problems or heart failure. In very rare cases, kidney failure may occur.

**Very rare (may affect up to 1 in 10,000 people)**

- Swelling of the face, lips, tongue and/or throat.
- A reduction in your red or white blood cells. You may notice tiredness, an infection or a fever.
- Skin rash, lumpy rash (hives).
- Itching.
- Back pain, pain in joints and muscles.
- Changes in how your liver is working, including inflammation of the liver (hepatitis). You may notice tiredness, yellowing of your skin and the whites of your eyes and flu like symptoms.
- Nausea.
- Changes in blood test results:
  - A reduced amount of sodium in your blood. If this is severe then you may notice weakness, lack of energy, or muscle cramps.
- Cough.

**Not known (frequency cannot be estimated from the available data)**

- Diarrhoea

**Additional side effects in children**

In children treated for high blood pressure, side effects appear to be similar to those seen in adults, but they happen more often. Sore throat is a very common side effect in children but not reported in adults and runny nose, fever and increased heart rate are common in children but not reported in adults.

**Reporting of side effects**

If you get any side effects, talk to your doctor. This includes any side effects not listed in this leaflet. You can also report side effects directly via < to be completed nationally >.

By reporting side effects you can help provide more information on the safety of this medicine.

**5. HOW TO STORE CANDESARTAN CILEXETIL TORRENT**

Keep this medicine out of the sight and reach of children.

Do not store above 25°C.

Do not use Candesartan cilexetil Torrent after the expiry date which is stated on the carton and blister pack after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

### **What Candesartan cilexetil Torrent contains**

The active substance is: candesartan cilexetil.

Candesartan cilexetil Torrent 2 mg tablets: Each tablet contains 2 mg candesartan cilexetil.

Candesartan cilexetil Torrent 4 mg tablets: Each tablet contains 4 mg candesartan cilexetil.

Candesartan cilexetil Torrent 8 mg tablets: Each tablet contains 8 mg candesartan cilexetil.

Candesartan cilexetil Torrent 16 mg tablets: Each tablet contains 16 mg candesartan cilexetil.

Candesartan cilexetil Torrent 32 mg tablets: Each tablet contains 32 mg candesartan cilexetil.

The other ingredients are: lactose monohydrate, maize starch, hypromellose 2910 (E464), calciumstearate, hydroxypropyl cellulose (E463), disodium edetate, microcrystalline cellulose (E460).

For 8 mg, 16 mg and 32 mg additionally: ferric oxide red (E172).

### **What Candesartan cilexetil Torrent looks like and contents of the pack**

Candesartan cilexetil Torrent 2 mg tablets

White to off-white, round, biconvex, uncoated tablets plain on both sides.

Candesartan cilexetil Torrent 4 mg tablets

White to off-white, round, biconvex, uncoated tablets with breakline on one side and plain on the other side.

Candesartan cilexetil Torrent 8 mg tablets

Pink to reddish brown colored with whitish mosaic appearance, round, biconvex, uncoated tablets with breakline on one side and plain on other side.

Candesartan cilexetil Torrent 16 mg tablets

Light Pink to pale red colored, round, biconvex, uncoated tablets with breakline on one side and plain on other side.

Candesartan cilexetil Torrent 32 mg tablets

Light Pink to pale red colored, round, biconvex, uncoated tablets with breakline on both sides.

Candesartan cilexetil Torrent 2 mg tablets

Pack sizes: 7, 10, 14, 28, 30, 50, 56, 60, 98, 100 tablets

Candesartan cilexetil Torrent 4 mg, 8 mg, 16 mg, 32 mg tablets

Pack sizes: 10, 14, 28, 30, 50, 56, 60, 98, 100 tablets

Not all pack sizes may be marketed.

### **Marketing authorisation holder and Manufacturer**

#### **Marketing authorisation holder**

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HHF 028 Hal Far Industrial Estate  
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**In het register ingeschreven onder:**

Candesartan cilexetil Torrent 2 mg tabletten: RVG 107854  
Candesartan cilexetil Torrent 4 mg tabletten: RVG 107855  
Candesartan cilexetil Torrent 8 mg tabletten: RVG 107856  
Candesartan cilexetil Torrent 16 mg tabletten: RVG 107857  
Candesartan cilexetil Torrent 32 mg tabletten: RVG 107870

**This medicinal product is authorised in the Member States of the EEA under the following names:**

NL: Candesartan cilexetil Torrent 2, 4, 8, 16, 32 mg tabletten  
DE: Candesartan Heumann 2, 4, 8, 16, 32 mg Tabletten  
UK: Candesartan 2, 4, 8, 16, 32 mg Tablets

**Deze bijsluiter is voor het laatst goedgekeurd in april 2025.**