Package leaflet: Information for the user

Quetiapine Fair-Med 25 mg, filmomhulde tabletten Quetiapine Fair-Med 100 mg, filmomhulde tabletten Quetiapine Fair-Med 150 mg, filmomhulde tabletten Quetiapine Fair-Med 200 mg, filmomhulde tabletten Quetiapine Fair-Med 300 mg, filmomhulde tabletten Quetiapine Fair-Med 4-Daagse Startverpakking, filmomhulde tabletten 6x25 mg, 3x100 mg en 1x200 mg

Quetiapine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

- 1. What <Product name> is and what it is used for
- 2. What you need to know before you take <Product name>
- 3. How to take <Product name>
- 4. Possible side effects
- 5. How to store <Product name>
- 6. Contents of the pack and other information

1. What <Product name> is and what it is used for

<Product name> contains a substance called quetiapine. This belongs to a group of medicines called anti-psychotics. <Product name> can be used to treat several illnesses, such as:

- Bipolar depression: where you feel sad. You may find that you feel depressed, feel guilty, lack energy, lose your appetite or can't sleep.
- Mania: where you may feel very excited, elated, agitated, enthusiastic or hyperactive or have poor judgment including being aggressive or disruptive.
- Schizophrenia: where you may hear or feel things that are not there, believe things that are not true or feel unusually suspicious, anxious, confused, guilty, tense or depressed.

Your doctor may continue to prescribe <Product name> even when you are feeling better.

2. What you need to know before you take <Product name>

Do not take <**Product** name>:

- If you are allergic to quetiapine or any of the other ingredients of this medicine (listed in section 6).
- If you are taking any of the following medicines:
 - some medicines for HIV
 - azole medicines (for fungal infections)
 - erythromycin or clarithromycin (for infections)
 - nefazodone (for depression).

If you are not sure, talk to your doctor or pharmacist before taking <Product name>.

Warnings and precautions

Talk to your doctor or pharmacist before taking <Product name> :

- if you, or someone in your family have or have had any heart problems, for example heart rhythm problems, weakening of the heart muscle or inflammation of the heart or if you are taking any medicines that may have an impact on the way your heart beats.
 - if you have low blood pressure.
 - if you have had a stroke, especially if you are elderly.
 - if you have problems with your liver.
 - if you have ever had a fit (seizure).
 - if you have diabetes or have a risk of getting diabetes. If you do, your doctor may

check your blood sugar levels while you are taking <Product name>.

if-you know that you have had low levels of white blood cells in the past (which may or

may not have been caused by other medicines).

- if you are an elderly person with dementia (loss of brain function). If you are, <Product name> should not be taken because the group of medicines that <Product name> belongs to may increase the risk of stroke, or in some cases the risk of death, in elderly people with dementia.
 - if you or someone else in your family has a history of blood clots, as medicines like

these have been associated with formation of blood clots.

- if you have or have had a condition where you stop breathing for short periods during your normal nightly sleep (called "sleep apnoea") and are taking medicines that slow down the normal activity of the brain ("depressants").
- if you have or have had a condition where you can't completely empty your bladder (urinary retention), have an enlarged prostate, a blockage in your intestines, or increased pressure inside your eye. These conditions are sometimes caused by medicines (called "anti-cholinergics") that affect the way nerve cells function in order to treat certain medical conditions.
- if you have a history of alcohol or drug abuse.
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"anti-cholinergics") that affect the way nerve cells function in order to treat certain medical conditions.

• if you have a history of alcohol or drug abuse.

Tell your doctor immediately if you experience any of the following after taking <Product name>:

- A combination of fever, severe muscle stiffness, sweating or a lowered level of consciousness (a disorder called "neuroleptic malignant syndrome"). Immediate medical treatment may be needed.
- Uncontrollable movements, mainly of your face or tongue.
- Dizziness or a severe sense of feeling sleepy. This could increase the risk of accidental injury (fall) in elderly patients.
- Fits (seizures).
- A long-lasting and painful erection (Priapism).
- have a fast and irregular heartbeat, even when you are at rest, palpitations, breathing problems, chest pain or unexplained tiredness. Your doctor will need to check your heart and if necessary, refer you to a cardiologist immediately.

These conditions can be caused by this type of medicine.

Tell your doctor as soon as possible if you have:

- A fever, flu-like symptoms, sore throat, or any other infection, as this could be a result of a very low white blood cell count, which may require <Product name> to be stopped and/or treatment to be given.
- Constipation along with persistent abdominal pain, or constipation which has not responded to treatment, as this may lead to a more serious blockage of the bowel.

Thoughts of suicide and worsening of your depression

If you are depressed you may sometimes have thoughts of harming or killing yourself. These may be increased when first starting treatment, since these medicines all take time to work, usually about two weeks but sometimes longer. These thoughts may also be increased if you suddenly stop taking your medication. You may be more likely to think like this if you are a young adult. Information from clinical trials has shown an increased risk of suicidal thoughts and/or suicidal behaviour in young adults aged less than 25 years with depression.

Drug Rash with Eosinophilia and Systemic Symptoms (DRESS).

Widespread rash, high body temperature, liver enzyme elevations, blood abnormalities (eosinophilia), enlarged lymph nodes and other body organs involvement (Drug Rash with Eosinophilia and Systemic Symptoms which is also known as DRESS or drug hypersensitivity syndrome). Stop using <Product name> if you develop these symptoms and contact your doctor or seek medical attention immediately.

If you have thoughts of harming or killing yourself at any time, contact your doctor or go to a hospital straight away. You may find it helpful to tell a relative or close friend that you are depressed, and ask them to read this leaflet. You might ask them to tell you if they think your depression is getting worse, or if they are worried about changes in your behaviour.

Weight gain

Weight gain has been seen in patients taking <Product name>. You and your doctor should check your weight regularly.

Children and adolescents

<Product name> is not for use in children and adolescents below 18 years of age.

Other medicines and <Product name>

Tell your doctor if you are taking, have recently taken or might take any other medicines.

Do not take <Product name> if you are taking any of the following medicines:

- Some medicines for HIV.
- Azole medicines (for fungal infections).
- Erythromycin or clarithromycin (for infections).
- Nefazodone (for depression).

Tell your doctor if you are taking any of the following medicines:

- Epilepsy medicines (like phenytoin or carbamazepine).
- High blood pressure medicines.
- Barbiturates (for difficulty sleeping).
- Thioridazine or Lithium (other anti-psychotic medicines).
- Medicines that have an impact on the way your heart beats, for example, drugs that can cause an imbalance in electrolytes (low levels of potassium or magnesium) such as diuretics (water pills) or certain antibiotics (drugs to treat infections).
- Medicines that can cause constipation
- Medicines (called "anti-cholinergics") that affect the way nerve cells function in order to treat certain medical conditions.

Before you stop taking any of your medicines, please talk to your doctor first.

<Product name> with food, drink and alcohol

- <Product name> can be taken with or without food.
- Be careful how much alcohol you drink. This is because the combined effect of <Product name> and alcohol can make you sleepy.
- Do not drink grapefruit juice while you are taking <Product name>. It can affect the way the medicine works.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

You should not take <Product name>during pregnancy unless this has been discussed with your doctor. <Product name>should not be taken if you are breast-feeding.

The following symptoms which can represent withdrawal may occur in newborn babies of mothers that have used quetiapine in the last trimester (last three months of their pregnancy): shaking, muscle stiffness and/or weakness, sleepiness, agitation, breathing problems, and difficulty in feeding. If your baby develops any of these symptoms you may need to contact your doctor.

Driving and using machines

Your tablets may make you feel sleepy. Do not drive or use any tools or machines until you know how the tablets affect you.

<Product name> contains lactose.

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

<Product name> 25 mg contains Sunset Yellow (E110) which may cause allergic reactions.

Effect on Urine Drug Screens

If you are having a urine drug screen, taking <Product name> may cause positive results for methadone or certain drugs for depression called tricyclic antidepressants (TCAs) when some test methods are used, even though you may not be taking methadone or TCAs. If this happens, a more specific test can be performed.

3. How to take <Product name>

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure. Your doctor will decide on your starting dose. The maintenance dose (daily dose) will depend on your illness and needs but will usually be between 150 mg and 800 mg.

- You will take your tablets once a day, at bedtime or twice a day, depending on your illness.
- Swallow your tablets whole with a drink of water.
- You can take your tablets with or without food.
- Do not drink grapefruit juice while you are taking <Product name>. It can affect the way the medicine works.
- Do not stop taking your tablets even if you feel better, unless your doctor tells you.

Liver problems

If you have liver problems your doctor may change your dose.

Elderly people

If you are elderly your doctor may change your dose.

Use in children and adolescents

<Product name> should not be used by children and adolescents aged under 18 years.

If you take more <Product name> than you should

If you take more <Product name> than prescribed by your doctor, you may feel sleepy, feel dizzy and experience abnormal heart beats. Contact your doctor or nearest hospital straight away. Keep the <Product name> tablets with you.

If you forget to take <Product name>

If you forget to take a dose, take it as soon as you remember. If it is almost time to take the next dose, wait until then. Do not take a double dose to make up for a forgotten tablet.

If you stop taking <Product name>

If you suddenly stop taking <Product name>, you may be unable to sleep (insomnia), or you may feel sick (nausea), or you may experience headache, diarrhoea, being sick (vomiting), dizziness or irritability. Your doctor may suggest you reduce the dose gradually before stopping treatment.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Very common side effects (may affect more than 1 in 10 people):

- Dizziness (may lead to falls), headache, dry mouth.
- Feeling sleepy (this may go away with time, as you keep taking <Product name>) (may lead to falls).
- Discontinuation symptoms (symptoms which occur when you stop taking <Product name>) include not being able to sleep (insomnia), feeling sick (nausea), headache, diarrhoea, being sick (vomiting), dizziness and irritability. Gradual withdrawal over a period of at least 1 to 2 weeks is advisable.
- Putting on weight.
- Abnormal muscle movements. These include difficulty starting muscle movements, shaking, feeling restless or muscle stiffness without pain.
- Changes in the amount of certain fats (triglycerides and total cholesterol).

Common side effects (may affect up to 1 in 10 people):

- Rapid heartbeat.
- Feeling like your heart is pounding, racing or has skipped beats.
- Constipation, upset stomach (indigestion).
- Feeling weak.
- Swelling of arms or legs.
- Low blood pressure when standing up. This may make you feel dizzy or faint (may lead to falls).
- Increased levels of sugar in the blood.
- Blurred vision.
- Abnormal dreams and nightmares.
- Feeling more hungry.
- Feeling irritated.
- Disturbance in speech and language.
- Thoughts of suicide and worsening of your depression.
- Shortness of breath.
- Vomiting (mainly in the elderly).
- Fever.
- Changes in the amount of thyroid hormones in your blood
- Decreases in the number of certain types of blood cells
- Increases in the amount of liver enzymes measured in the blood
- Increases in the amount of the hormone prolactin in the blood. Increases in the hormone prolactin could in rare cases lead to the following:
 - Men and women to have swelling of breasts and unexpectedly produce breast milk.

• Women to have no monthly period or irregular periods.

Uncommon side effects (may affect up to 1 in 100 people):

- Fits or seizures.
- Allergic reactions that may include raised lumps (weals), swelling of the skin and swelling around the mouth.
- Unpleasant sensations in the legs (also called restless legs syndrome).
- Difficulty swallowing.
- Uncontrollable movements, mainly of your face and tongue.
- Sexual dysfunction.
- Diabetes.
- Change in electrical activity of the heart seen on ECG (QT prolongation).
- A slower than normal heart rate which may occur when starting treatment and which may be associated with low blood pressure and fainting.
- Difficulty in passing urine.
- Fainting (may lead to falls).
- Stuffy nose.
- Decrease in the amount of red blood cells.
- Decrease in the amount of sodium in the blood.
- Worsening of pre-existing diabetes.

Rare side effects (may affect up to 1 in 1,000 people):

- A combination of high temperature (fever), sweating, stiff muscles, feeling very drowsy or faint (a_disorder called "neuroleptic malignant syndrome").
- Yellowing of the skin and eyes (jaundice).
- Inflammation of the liver (hepatitis).
- A long-lasting and painful erection (priapism).
- Swelling of breasts and unexpected production of breast milk (galactorrhoea).
- Menstrual disorder.
- Blood clots in the veins especially in the legs (symptoms include swelling, pain and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty in breathing. If you notice any of these symptoms seek medical advice immediately.
- Walking, talking, eating or other activities while you are asleep.
- Body temperature decreased (hypothermia).
- Inflammation of the pancreas.
- A condition (called "metabolic syndrome") where you have a combination of 3 or more of the following: an increase in fat around your abdomen, a decrease in "good cholesterol" (HDL-C), an increase in a type of fat in your blood called triglycerides, high blood pressure and an increase in your blood sugar.
- Combination of fever, flu-like symptoms, sore throat, or any other infection with very low white blood cell count, a condition called agranulocytosis.
- Bowel obstruction.
- Increased blood creatine phosphokinase (a substance from the muscles).

Very rare side effects (may affect up to 1 in 10,000 people):

- Severe rash, blisters, or red patches on the skin.
- A severe allergic reaction (called anaphylaxis) which may cause difficulty in breathing or shock.

- Rapid swelling of the skin, usually around the eyes, lips and throat (angioedema).
- A serious blistering condition of the skin, mouth, eyes and genitals (Stevens-Johnson syndrome).
- Inappropriate secretion of a hormone that controls urine volume.
- Breakdown of muscle fibers and pain in muscles (rhabdomyolysis).

Not known (frequency cannot be estimated from the available data):

- Skin rash with irregular red spots (erythema multiforme).
- Serious, sudden allergic reaction with symptoms such as fever and blisters on the skin and peeling of the skin (toxic epidermal necrolysis).
- Symptoms of withdrawal may occur in newborn babies of mothers that have used <Product name> during their pregnancy.
- Stroke
- Disorder of the heart muscle (cardiomyopathy)
- Inflammation of the heart muscle (myocarditis)
- Inflammation of blood vessels (Vasculitis), often with skin rash with small red or purple bumps

The class of medicines to which <Product name> belongs can cause heart rhythm problems, which can be serious and in severe cases may be fatal.

Some side effects are only seen when a blood test is taken. These include changes in the amount of certain fats (triglycerides and total cholesterol) or sugar in the blood, changes in the amount of thyroid hormones in your blood, increased liver enzymes, decreases in the number of certain types of blood cells, decrease in the amount of red blood cells, increased blood creatine phosphokinase (a substance in the muscles), decrease in the amount of sodium in the blood and increases in the amount of the hormone prolactin in the blood. Increases in the hormone prolactin could in rare cases lead to the following:

- Men and women to have swelling of breasts and unexpectedly produce breast milk.
- Women to have no monthly period or irregular periods.

Your doctor may ask you to have blood tests from time to time.

Additional side effects in children and adolescents

The same side effects that may occur in adults may also occur in children and adolescents. The following side effects have been seen more often in children and adolescents or have not been seen in adults:

Very Common side effects (may affect more than 1 in 10 people):

- Increase in the amount of a hormone called prolactin, in the blood. Increases in the hormone prolactin could in rare cases lead to the following:
 - Boys and girls to have swelling of breasts and unexpectedly produce breast milk
 - Girls to have no monthly period or irregular periods.
- Increased appetite.
- Vomiting.
- Abnormal muscle movements. These include difficulty starting muscle movements, shaking, feeling restless or muscle stiffness without pain.
- Increase in blood pressure.

Common side effects (may affect up to 1 in 10 people):

- Feeling weak, fainting (may lead to falls).
- Stuffy nose.
- Feeling irritated.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system <To be completed nationally>. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store <Product name>

This medicine does not require any special storage conditions.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What <Product name> contains

The active substance is quetiapine.
Each 25 mg tablet contains 25 mg quetiapine (as quetiapine fumarate)
Each 100 mg tablet contains 100 mg quetiapine (as quetiapine fumarate)
Each 150 mg tablet contains 150 mg quetiapine (as quetiapine fumarate)
Each 200 mg tablet contains 200 mg quetiapine (as quetiapine fumarate)
Each 300 mg tablet contains 300 mg quetiapine (as quetiapine fumarate)
Starterpack contains 6 tablets quetiapine (as quetiapine fumarate) 25 mg, 3 tablets quetiapine 100 mg and 1 tablet quetiapine 200 mg

The other ingredients are:

Tablet core: Hypromellose (E464) Calcium hydrogen phosphate dihydrate Lactose monohydrate Maize starch Sodium starch glycolate Type A Magnesium stearate (E572) Microcrystalline Cellulose pH 102 (E460) Talc (E553b) Silica colloidal anhydrous

Film coating:

25mg: Iron oxide red and yellow (E 172) Hypromellose 2910 (E464) Titanium dioxide (E171) Macrogol 400 Sunset yellow FCF Aluminium lake (E110)

100 mg: Iron oxide yellow (E 172) Hypromellose 2910 (E464) Titanium dioxide (E171) Macrogol 400

150 mg: Iron oxide yellow (E 172) Hypromellose 2910 (E464) Titanium dioxide (E171) Macrogol 400 Hydroxypropyl cellulose (E463) Talc (E553b)

200 & 300 mg: Hydroxypropyl cellulose (E463) Hypromellose 2910 (E464) Talc (E553b) Titanium dioxide (E171)

What <Product name> looks like and contents of the pack

<u>25 mg:</u>

Peach, round, biconvex film coated tablets with a diameter of approximately 5.7 mm.
<u>100 mg:</u>
Yellow, round, biconvex film coated tablets with a score line on one side and a diameter of approximately 9.1 mm.
<u>150 mg:</u>
Pale yellow, round, biconvex film coated tablets with a diameter of approximately 10.45 mm.
<u>200 mg:</u>
White, round, biconvex film coated tablets with a score line on one side and a diameter of approximately 12.1 mm.
<u>300 mg:</u>
White, oblong, biconvex film coated tablets with a score line on one side. The tablet is approximately 7 mm thick, 19 mm long & 9 mm wide.

The 100, 200 and 300 mg tablets can be divided into equal halves.

Starterpack contains 6 tablets <Product Name> 25 mg, 3 tablets <Product Name> 100 mg and 1 tablet <Product Name> 200 mg.

Pack sizes:

25mg: 3, 6, 10, 20, 28, 30, 50, 60, 90, 98, 100, 120, 180, 240, 250 100mg: 3, 6, 10, 20, 28, 30, 50, 60, 90, 98, 100, 120, 180, 240, 250 150mg: 6, 10, 20, 30, 50, 60, 90, 100, 120, 180, 240 200mg: 3, 6, 10, 20, 28, 30, 50, 60, 90, 98, 100, 120, 180, 240, 250 300mg: 3, 6, 10, 20, 28, 30, 50, 60, 90, 98, 100, 120, 180, 240, 250 Starter-pack

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder

Fairmed Healthcare GmbH Dorotheenstraße 48 22301 Hamburg Duitsland pv@fair-med.com

Manufacturer

Genepharm S.A. 18 km Marathon Avenue 153 51 Pallini Griekenland

Fair-Med Healthcare GmbH Industriestr. 32-36 23843 Bad Oldesloe Duitsland

In het register ingeschreven onder:

Quetiapine Fair-Med 4-Daagse Startverpakking,	
filmomhulde tabletten 6x25 mg, 3x100 mg en 1x200 mg	RVG 109345
Quetiapine Fair-Med 25 mg, filmomhulde tabletten	RVG 109270
Quetiapine Fair-Med 100 mg, filmomhulde tabletten	RVG 109272
Quetiapine Fair-Med 150 mg, filmomhulde tabletten	RVG 109273
Quetiapine Fair-Med 200 mg, filmomhulde tabletten	RVG 109274
Quetiapine Fair-Med 300 mg, filmomhulde tabletten	RVG 109275

This medicinal product is authorised in the Member States of the EEA under the following names:

AT	Quetiapin Fair-Med 25, 100, 150, 200, 300 Filmtabletten
	Quetiapin Fair-Med Startpackung, Filmtabletten
BE	Quetiapine Fair-Med 25, 100, 150, 200, 300 Filmomhulde Tabletten

	Quetiapine Fair-Med Starterpack
CY	Quetiapine Fair-Med 25, 100, 200, 300 Film-coated Tablets
	Quetiapine Fair-Med Starterpack
CZ	Quetiapin Fair-Med 25, 100, 200, 300
	Quetiapin Fair-Med Starterpack
DE	Quetiapin Fair-Med Healthcare 25 mg, 100 mg, 150 mg, 200 mg, 300 mg Filmtabletten
	Quetiapin Fair-Med Healthcare Starterpack 25 mg / 100 mg / 200 mg Filmtabletten
DK	Quetiapin Fair-Med
ES	Quetiapina Fair-Med 25, 100, 150, 200, 300 comprimidos recubiertos con película EFG
IE	Quetiapine Fair-Med 25, 100, 150, 200, 300 Film-coated Tablets
	Quetiapine Fair-Med Starterpack
LT	Quetiapine Fair-Med 25, 100, 200, 300, Plèvele dengtos tabletės
	Quetiapine Fair-Med 25 mg plèvele dengtos tablets
	Quetiapine Fair-Med 100 mg plèvele dengtos tablets
	Quetiapine Fair-Med 200 mg plèvele dengtos tabletės
MT	Quetiapine Fair-Med 25, 100, 150, 200, 300 Film-coated Tablets
	Quetiapine Fair-Med Starterpack
NL	Quetiapine Fair-Med 25, 100, 150, 200, 300 mg, filmomhulde tabletten
	Quetiapine Fair-Med 4-Daagse Startverpakking, filmomhulde tabletten 6x25 mg, 3x100 mg
	en 1x200 mg
PL	Quetiapine Fair-Med
PT	Quetiapina Fair-Med 25, 100, 150, 200, 300 Comprimidos revestidos por película
	Quetiapina Fair-Med Starterpack
SE	Quetiapin Fair-Med 25, 100, 150, 200, 300 Filmdragerade tabletter
	Quetiapin Fair-Med 25 mg + 100mg + 200 mg filmdragerade tabletter
SI	Kvetiapin Fair-Med 25, 100, 200, 300 filmsko obložene tablete
	Kvetiapin Fair Med 25 mg + 100 mg + 200 mg filmsko obložene tablete (začetno pakiranje)

Deze bijsluiter is voor het laatst goedgekeurd in juli 2021.