

Package leaflet: Information for the user

Ezetimibe/Atorvastatine Elpen 10 mg/10 mg, filmomhulde tabletten
Ezetimibe/Atorvastatine Elpen 10 mg/20 mg, filmomhulde tabletten
Ezetimibe/Atorvastatine Elpen 10 mg/40 mg, filmomhulde tabletten
Ezetimibe/Atorvastatine Elpen 10 mg/80 mg, filmomhulde tabletten

ezetimibe/atorvastatin

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Ezetimib/Atorvastatin Elpen is and what it is used for
2. What you need to know before you take Ezetimib/Atorvastatin Elpen
3. How to take Ezetimib/Atorvastatin Elpen
4. Possible side effects
5. How to store Ezetimib/Atorvastatin Elpen
6. Contents of the pack and other information

1. What Ezetimib/Atorvastatin Elpen is and what it is used for

Ezetimib/Atorvastatin Elpen is a medicine to lower increased levels of cholesterol. Ezetimib/Atorvastatin Elpen contains ezetimibe and atorvastatin.

Ezetimib/Atorvastatin Elpen is used in adults to lower levels of total cholesterol, “bad” cholesterol (LDL cholesterol), and fatty substances called triglycerides in the blood. In addition, Ezetimib/Atorvastatin Elpen raises levels of “good” cholesterol (HDL cholesterol).

Ezetimib/Atorvastatin Elpen works to reduce your cholesterol in two ways. It reduces the cholesterol absorbed in your digestive tract, as well as the cholesterol your body makes by itself.

Cholesterol is one of several fatty substances found in the bloodstream. Your total cholesterol is made up mainly of LDL and HDL cholesterol.

LDL cholesterol is often called “bad” cholesterol because it can build up in the walls of your arteries forming plaque. Eventually this plaque build-up can lead to a narrowing of the arteries. This narrowing can slow or block blood flow to vital organs such as the heart and brain. This blocking of blood flow can result in a heart attack or stroke.

HDL cholesterol is often called “good” cholesterol because it helps keep the bad cholesterol from building up in the arteries and protects against heart disease.

Triglycerides are another form of fat in your blood that may increase your risk for heart disease.

Ezetimib/Atorvastatin Elpen is used for patients who cannot control their cholesterol levels by cholesterol lowering diet alone. You should stay on your cholesterol lowering diet while taking this medicine.

Your doctor may prescribe Ezetimib/Atorvastatin Elpen if you are already taking both atorvastatin and ezetimibe at the same dose level, as separate products. It should be taken in addition to your

cholesterol lowering diet if you have:

- a raised cholesterol level in your blood (primary hypercholesterolaemia heterozygous and homozygous familial and non-familial) or elevated fat levels in your blood (mixed hyperlipidaemia)

Ezetimib/Atorvastatin Elpen does not help you lose weight.

2. What you need to know before you take Ezetimib/Atorvastatin Elpen

Do not take Ezetimib/Atorvastatin Elpen if

- you are allergic to atorvastatin, ezetimibe or any of the other ingredients of this medicine (listed in section 6)
- you have or have ever had a disease that affects the liver
- you have had any unexplained abnormal blood tests for liver function
- you are a woman able to have children and are not using reliable contraception
- you are pregnant, trying to become pregnant or are breast-feeding
- you use the combination of glecaprevir/pibrentasvir in the treatment of hepatitis C

Warnings and precautions

Talk to your doctor or pharmacist before taking Ezetimib/Atorvastatin Elpen if

- you have severe respiratory failure
- you have had a previous stroke with bleeding into the brain, or have small pockets of fluid in the brain from previous strokes
- you have kidney problems
- you have an under-active thyroid gland (hypothyroidism)
- you have had repeated or unexplained muscle aches or pains, a personal history or family history of muscle problems
- you have had previous muscular problems during treatment with other lipid-lowering medicines (e.g. other “statin” or “fibrate” medicines)
- you are taking or have taken in the last 7 days a medicine called fusidic acid, (a medicine for bacterial infection) orally or by injection. The combination of fusidic acid and atorvastatin/ezetimibe containing medicines can lead to serious muscle problems (rhabdomyolysis)
- you regularly drink a large amount of alcohol
- you have a history of liver disease
- you are older than 70 years
- you have or have had myasthenia (a disease with general muscle weakness including in some cases muscles used when breathing), or ocular myasthenia (a disease causing eye muscle weakness) as statins may sometimes aggravate the condition or lead to the occurrence of myasthenia (see section 4).

Contact your doctor promptly if you experience unexplained muscle pain, tenderness, or weakness while taking Ezetimib/Atorvastatin Elpen. This is because on rare occasions, muscle problems can be serious, including muscle breakdown resulting in kidney damage. Atorvastatin is known to cause muscle problems, and cases of muscle problems have also been reported with ezetimibe.

Also tell your doctor or pharmacist if you have a muscle weakness that is constant. Additional tests and medicines may be needed to diagnose and treat this.

If any of these apply to you (or you are not sure), talk to your doctor or pharmacist before taking Ezetimib/Atorvastatin Elpen because your doctor will need to carry out a blood test before and possibly during your treatment to predict your risk of muscle-related side effects. The risk of muscle-related side effects, e.g. rhabdomyolysis (breakdown of damaged skeletal muscle), is known to increase when certain medicines are taken at the same time (see section 2 “Other medicines and Ezetimib/Atorvastatin Elpen”).

While you are on this medicine your doctor will monitor you closely if you have diabetes or are at risk of developing diabetes. You are likely to be at risk of developing diabetes if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure.

Tell your doctor about all medical conditions including allergies.

Children and adolescents

Ezetimib/Atorvastatin Elpen is not recommended for children and adolescents.

Other medicines and Ezetimib/Atorvastatin Elpen

Tell your doctor or pharmacist if you are taking, have recently taken, or might take any other medicines.

Fibrates (medicines for lowering cholesterol) should be avoided while taking Ezetimib/Atorvastatin Elpen.

There are some medicines that may change the effect of Ezetimib/Atorvastatin Elpen or the effect of other medicines may be changed by Ezetimib/Atorvastatin Elpen. This type of interaction could make one or both of the medicines less effective. Alternatively it could increase the risk or severity of side effects, including the important muscle wasting condition known as “rhabdomyolysis” described in section 4:

- ciclosporin (a medicine often used in organ transplant patients)
- erythromycin, clarithromycin, telithromycin, fusidic acid, rifampicin (medicines for bacterial infections)
- ketoconazole, itraconazole, voriconazole, fluconazole, posaconazole (medicines for fungal infections)
- gemfibrozil, other fibrates, niacin, colestipol, colestyramine (medicines for regulating lipid levels)
- some calcium channel blockers used for angina or high blood pressure, e.g. amlodipine, diltiazem
- digoxin, verapamil, amiodarone (medicines to regulate your heart rhythm)
- letermovir (a medicine that helps stop you from getting ill from cytomegalovirus)
- medicines used in the treatment of HIV, e.g., ritonavir, lopinavir, atazanavir, indinavir, darunavir, the combination of tipranavir/ritonavir, etc. (medicines for AIDS)
- some medicines used in the treatment of hepatitis C, e.g., telaprevir, boceprevir and the combinations of elbasvir/grazoprevir, ledipasvir/sofosbuvir
- if you need to take oral fusidic acid to treat a bacterial infection you will need to temporarily stop using this medicine. Your doctor will tell you when it is safe to restart Ezetimib/Atorvastatin Elpen. Taking Ezetimib/Atorvastatin Elpen with fusidic acid may rarely lead to muscle weakness, tenderness or pain (rhabdomyolysis). See more information regarding rhabdomyolysis in section 4.
- daptomycin (a medicine used to treat complicated skin and skin structure infections and bacteraemia)

- Other medicines known to interact with the combination product
 - oral contraceptives (medicines for preventing pregnancy)
 - stiripentol (an anticonvulsant medicine for epilepsy)
 - cimetidine (a medicine used for heartburn and peptic ulcers)
 - phenazone (a painkiller)
 - antacids (indigestion products containing aluminium or magnesium)
 - warfarin, phenprocoumon, acenocoumarol or fluindione (medicines to prevent blood clots)
 - colchicine (used to treat gout)

- St John's Wort (a medicine to treat depression)

Ezetimib/Atorvastatin Elpen with food and alcohol

See section 3 for instructions on how to take Ezetimib/Atorvastatin Elpen. Please note the following:

Grapefruit juice

Do not take more than one or two small glasses of grapefruit juice per day because large quantities of grapefruit juice can change the effects of the combination product.

Alcohol

Avoid drinking too much alcohol while taking this medicine. See section 2 "Warnings and precautions" for details.

Pregnancy, breast-feeding and fertility

Do not take Ezetimib/Atorvastatin Elpen if you are pregnant, are trying to become pregnant or think you may be pregnant.

Do not take Ezetimib/Atorvastatin Elpen if you are able to become pregnant unless you use reliable contraceptive measures. If you get pregnant while taking Ezetimib/Atorvastatin Elpen, stop taking it immediately and tell your doctor.

Do not take Ezetimib/Atorvastatin Elpen if you are breast-feeding.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Ezetimib/Atorvastatin Elpen is not expected to interfere with your ability to drive or to use machinery. However, it should be taken into account that some people may get dizzy after taking Ezetimib/Atorvastatin Elpen. If you feel dizzy after taking this medicine do not drive or use machines.

Ezetimib/Atorvastatin Elpen contains lactose

The 10 mg/10 mg, 10 mg/20 mg and 10 mg/40 mg film-coated tablets contain lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Ezetimib/Atorvastatin Elpen contains sodium

Ezetimib/Atorvastatin Elpen contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

3. How to take Ezetimib/Atorvastatin Elpen

Always take this medicine exactly as your doctor has told you. Your doctor will determine the appropriate tablet strength for you, depending on your current treatment and your personal risk status. Check with your doctor or pharmacist if you are not sure.

- Before starting Ezetimib/Atorvastatin Elpen, you should be on a diet to lower your cholesterol
- You should stay on this cholesterol-lowering diet while taking Ezetimib/Atorvastatin Elpen

How much to take

The recommended dose is one Ezetimib/Atorvastatin Elpen tablet once a day. The tablet should be swallowed with a sufficient amount of fluid (e.g. one glass of water).

When to take

You can take Ezetimib/Atorvastatin Elpen at any time of the day. However, try to take your tablet at

the same time every day. You can take it with or without food.

If your doctor has prescribed Ezetimib/Atorvastatin Elpen along with colestyramine or any other bile acid sequestrant (medicines for lowering cholesterol), you should take Ezetimib/Atorvastatin Elpen at least 2 hours before or 4 hours after taking the bile acid sequestrant.

If you take more Ezetimib/Atorvastatin Elpen than you should

Please contact your doctor or pharmacist.

If you forget to take Ezetimib/Atorvastatin Elpen

Do not take a double dose to make up for a forgotten tablet. Just take your normal dose at the usual time the next day.

If you stop taking Ezetimib/Atorvastatin Elpen

Talk to your doctor or pharmacist because your cholesterol may rise again.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience any of the following serious side effects or symptoms, stop taking your tablets and tell your doctor immediately or go to the nearest hospital accident and emergency department and take your tablets with you.

- serious allergic reaction which causes swelling of the face, tongue and throat that can cause great difficulty in breathing
- serious illness with severe peeling and swelling of the skin, blistering of the skin, mouth, eyes, genitals and fever; skin rash with pink-red blotches especially on palms of hands or soles of feet, which may blister
- muscle weakness, tenderness, pain, rupture or red-brown discolouration of urine and particularly, if at the same time, you feel unwell or have a high temperature it may be caused by an abnormal muscle breakdown which can be life-threatening and lead to kidney problems
- lupus-like disease syndrome (including rash, joint disorders and effects on blood cells)

You should consult your doctor as soon as possible if you experience problems with unexpected or unusual bleeding or bruising, because this may be suggestive of a liver complaint.

Other possible side effects with Ezetimib/Atorvastatin Elpen:

Common: (may effect up to 1 in 10 people)

- inflammation of the nasal passage, pain in the throat, nose bleed,
- allergic reactions,
- increased blood glucose level (diabetic patients should carefully monitor their blood glucose level),
- headache,
- nausea, constipation, flatulence, diarrhoea, indigestion, abdominal pain,
- pain in the pharynx and/or larynx,
- pain of the joints and/or hands or feet, back pain, muscle pain (myalgia), muscle spasm, joint swelling,
- elevations in some laboratory blood tests of muscle (CK) function,
- abnormal liver function test results, elevations in some laboratory blood tests of liver function (transaminases),
- feeling tired.

Uncommon: (may affect up to 1 in 100 people)

- swellings due to an allergic reaction,
- reduced blood glucose level (diabetic patients should carefully monitor their blood glucose level),
- loss of appetite, weight gain,
- cough,
- muscle tiredness or weakness, neck pain, chest pain,
- hot flashes, high blood pressure,
- vomiting,
- belching,
- inflammation of the pancreas or the liver,
- heartburn,
- inflammation of the stomach membranes,
- dry mouth,
- redness of the skin, hives, skin rash, itching,
- hair loss,
- nightmares, difficulty sleeping,
- dizziness,
- numbness, tingling in the fingers and toes,
- impaired sense of taste,
- amnesia,
- local abnormal sensations,
- blurred vision,
- ringing in your ears,
- feeling of general discomfort, uneasiness or pain,
- weakness,
- swelling especially in the hands, ankles and feet (oedema),
- raised temperature,
- increased liver enzyme gamma-glutamyltransferase,
- positive urine test on white blood cells.

Rare: (may effect up to 1 in 1,000 people)

- reduction of blood platelets,
- swelling of the lower layer of skin tissue of the face, tongue, throat, abdomen, arms or legs (angioneurotic oedema)
- widespread rash forming sharply demarcated red patches or rash with blisters and peeling skin, particularly around the mouth, nose, eyes and genitals due to an allergic reaction
- inflammation of the skeletal muscle, inflammation of the tendon sometimes complicated by rupture, muscle weakness due to a loss of skeletal muscle fibers,
- visual disturbances,
- unexpected bleeding or bruising,
- yellowing of the skin and of the whites of the eyes.

Very rare: (may effect up to 1 in 10,000 people)

- anaphylactic shock by allergic reaction,
- hearing loss,
- liver failure,
- increase of the size of male breasts,
- lupus-like disease syndrome (including rash, joint disorders and effects on blood cells).

Unknown frequency (that cannot be estimated from the available data) are

- allergic reaction including rash and swelling of the lower layers of the skin,
- shortness of breath, inflammation of the gall bladder, gallstones,
- physical weakness and loss of strength, loss of muscle tissue by auto-immune antibodies,

- depression.
- myasthenia gravis (a disease causing general muscle weakness including in some cases muscles used when breathing).
- ocular myasthenia (a disease causing eye muscle weakness).

Talk to your doctor if you experience weakness in your arms or legs that worsens after periods of activity, double vision or drooping of your eyelids, difficulty swallowing, or shortness of breath.

Additionally, the following side effects have been reported during post-marketing for some statins (medicines used to lower cholesterol):

- breathing problems including persistent cough and/or shortness of breath or fever,
- diabetes; this is more likely if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure. Your doctor will monitor you while you are taking this medicine,
- sexual difficulties.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via **the national reporting system** listed in **<to be completed nationally>**. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Ezetimib/Atorvastatin Elpen

Keep this medicine out of the sight and reach of children.

Do not take this medicine after the expiry date which is stated on the blister and carton, after EXP. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other

information What Ezetimib/Atorvastatin Elpen

contains

- The active substances are ezetimibe and atorvastatin.

Ezetimib/Atorvastatin Elpen 10 mg/10 mg: Each tablet contains 10 mg of ezetimibe and 10 mg atorvastatin (as atorvastatin calcium trihydrate).

Ezetimib/Atorvastatin Elpen 10 mg/20 mg: Each tablet contains 10 mg of ezetimibe and 20 mg atorvastatin (as atorvastatin calcium trihydrate).

Ezetimib/Atorvastatin Elpen 10 mg/40 mg: Each tablet contains 10 mg of ezetimibe and 40 mg atorvastatin (as atorvastatin calcium trihydrate).

Ezetimib/Atorvastatin Elpen 10 mg/80 mg: Each tablet contains 10 mg of ezetimibe and 80 mg atorvastatin (as atorvastatin calcium trihydrate).

The other ingredients are:

Tablet core:

Cellulose microcrystalline 101, mannitol, calcium carbonate, croscarmellose sodium, hydroxypropylcellulose, polysorbate 80, iron oxide yellow (E172), magnesium stearate, povidone

K29/32, sodium laurilsulfate (see section 2 “Ezetimib/Atorvastatin Elpen contains sodium”).

Tablet Coating

Ezetimib/Atorvastatin Elpen 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg:

Lactose monohydrate (see section 2 “Ezetimib/Atorvastatin Elpen contains lactose”); hypromellose 2910 (E464); titanium dioxide (E171); macrogol 4000 (E1521)

Ezetimib/Atorvastatin Elpen 10 mg/80 mg:

Hypromellose 2910 (E464); titanium dioxide (E171); talc (E553b); macrogol 400 (E1521); iron oxide yellow (E172)

What Ezetimib/Atorvastatin Elpen looks like and contents of the pack

Ezetimib/Atorvastatin Elpen 10 mg/10 mg tablets: White, round, biconvex film coated tablets, with diameter 8.1 mm approximately.

Ezetimib/Atorvastatin Elpen 10 mg/20 mg tablets: White, ovaloid, biconvex film coated tablets, with dimensions 11.6 x 7.1 mm approximately.

Ezetimib/Atorvastatin Elpen 10 mg/40 mg tablets: White, capsule shape, biconvex film coated tablets, with dimensions 16.1 x 6.1 mm approximately.

Ezetimib/Atorvastatin Elpen 10 mg/80 mg tablets: Yellow, oblong, biconvex film coated tablets, with dimensions 19.1 x 7.6 mm approximately.

OPA/Al/PVC//Al blisters and perforated unit dose blisters packed into carton boxes.

For Ezetimib/Atorvastatin Elpen 10 mg/ 10 mg, 10 mg/ 20 mg, 10 mg/ 40 mg film-coated tablets: Pack sizes of 10, 10 x 1, 14, 14 x 1, 15, 15 x 1, 28, 28 x 1, 30, 30 x 1, 56, 56 x 1, 60, 60 x 1, 84, 84 x 1, 90, 90 x 1, 100 & 100 x 1 film-coated tablets.

For Ezetimib/Atorvastatin Elpen 10 mg/ 80 mg film-coated tablets:

Pack sizes of 10, 10 x 1, 14, 14 x 1, 15, 15 x 1, 28, 28 x 1, 30, 30 x 1, 56, 56 x 1, 60, 60 x 1, 84, 84 x 1, 90, 90 x 1, 100 & 100 x 1 film-coated tablets and multipacks containing 90 (2 packs of 45), 90 x 1 (2 packs of 45 x 1), 100 (2 packs of 50), 100 x 1 (2 packs of 50 x 1) film-coated tablets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

ELPEN Pharmaceutical Co. Inc
Marathonos Ave. 95
19009 Pikermi Attiki,
Griekenland

Manufacturer

ELPEN Pharmaceutical Co. Inc
Marathonos Ave. 95
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eller

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Marketing Authorisation Number

Ezetimibe/Atorvastatine Elpen 10 mg/10 mg, filmomhulde tabletten: RVG 126127

Ezetimibe/Atorvastatine Elpen 10 mg/20 mg, filmomhulde tabletten: RVG 126128

Ezetimibe/Atorvastatine Elpen 10 mg/40 mg, filmomhulde tabletten: RVG 126129

Ezetimibe/Atorvastatine Elpen 10 mg/80 mg, filmomhulde tabletten: RVG 126130

This medicinal product is authorised in the Member States of the EEA under the following names:

Cyprus:	Lipocat 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg film-coated tablets
Duitsland:	Ezetimib/Atorvastatin ELPEN 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg Filmtabletten
Griekenland:	Zonylia 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg επικαλυμμένα με λεπτό υμένιο δισκία
Nederland:	Ezetimibe/Atorvastatine Elpen 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg, filmomhulde tabletten
Oostenrijk:	Ezetimib/Atorvastatin Elpen 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg Filmtabletten
Portugal:	Ezetimiba+Atorvastatina Pharmakern 10 mg/10 mg, 10 mg/20 mg, 10 mg/40 mg, 10 mg/80 mg comprimidos revestidos por película

Deze bijsluiter is voor het laatst goedgekeurd in februari 2025.