

## **Bijsluiter: informatie voor de patiënt**

**Lazela 375 mg, tabletten met verlengde afgifte**

**Lazela 500 mg, tabletten met verlengde afgifte**

**Lazela 750 mg, tabletten met verlengde afgifte**

Ranolazine

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor. This includes any possible side effects not listed in this leaflet. See section 4.

### **What is in this leaflet**

1. What Lazela is and what it is used for
2. What you need to know before you take Lazela
3. How to take Lazela
4. Possible side effects
5. How to store Lazela
6. Contents of the pack and other information

### **1. What Lazela is and what is used for**

Lazela is a medicine used in combination with other medicines to treat angina pectoris, which is a chest pain or discomfort that you feel anywhere along the upper part of your body between your neck and upper abdomen, often brought on by exercise or too much activity.

You must talk to a doctor if you do not feel better or if you feel worse.

### **2. What you need to know before you take Lazela**

#### **Do not take Lazela**

- if you are allergic to ranolazine or any of the other ingredients of this medicine listed in section 6 of this leaflet.
- if you have severe kidney problems.
- if you have moderate or severe liver problems.
- if you are using certain medicines to treat bacterial infections (clarithromycin, telithromycin), fungal infections (itraconazole, ketoconazole, voriconazol, posaconazol), HIV infection (protease inhibitors), depression (nefazodone) or heart rhythm disorders (e.g. quinidine, dofetilide, or sotalol).

#### **Warning and precautions**

Talk to your doctor before taking Lazela:

- if you have mild or moderate kidney problems.
- if you have mild liver problems.
- if you have ever had an abnormal electrocardiogram (ECG).
- if you are elderly.
- if you have low weight (60 kg or less).

- if you have heart failure.

Your doctor may decide to give you a lower dose or take other precautions if any of these apply to you.

### **Other medicines and Lazela**

Tell your doctor or pharmacist if you are using or have recently used or might use any other medicines.

Do not use the following medicines if you take Lazela:

- certain medicines to treat bacterial infections (clarithromycin, telithromycin), fungal infections (itraconazole, ketoconazole, voriconazole, posaconazole), HIV infection (protease inhibitors), depression (nefazodone), or heart rhythm disorders (e.g. quinidine, dofetilide, or sotalol).

Tell your doctor or pharmacist before you take Lazela if you use:

- certain medicines to treat a bacterial infection (erythromycin), or a fungal infection (fluconazole), a medicine used to prevent rejection of a transplanted organ (ciclosporin), or if you are taking some heart tablets such as diltiazem or verapamil. These medicines may cause an increase in the number of side effects, such as dizziness, nausea, or vomiting, which are possible side effects of Lazela (see section 4). Your doctor may decide to give you a lower dose.
- medicines to treat epilepsy or another neurologic disorder (e.g. phenytoin, carbamazepine, or phenobarbital); are taking rifampicin for an infection (e.g. tuberculosis); or are taking the herbal remedy St. John's Wort, as these medicines may cause Lazela to be less effective.
- heart medicines containing digoxin or metoprolol, as your doctor may want to change the dose of this medicine whilst you are taking Lazela.
- certain medicines to treat allergies (e.g. terfenadine, astemizole, mizolastine), heart rhythm disorders (e.g. disopyramide, procainamide), and depression (e.g. imipramine, doxepin, amitriptyline), as these medicines may affect your ECG.
- certain medicines to treat depression (bupropion), psychosis, HIV infection (efavirenz), or cancer (cyclophosphamide).
- certain medicines to treat high levels of cholesterol in the blood (e.g. simvastatin, lovastatin, atorvastatin). These medicines may cause muscle pain and muscle injury. Your doctor may decide to change the dose of this medicine while you are taking Lazela.
- certain medicines used to prevent transplanted organ rejection (e.g. tacrolimus, ciclosporin, sirolimus, everolimus) as your doctor may decide to change the dose of this medicine while you are taking Lazela.

### **Lazela with food and drink**

Lazela can be taken with or without food. While being treated with Lazela, you should not drink grapefruit juice.

### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

### Pregnancy

You should not take Lazela if you are pregnant unless your doctor has advised you to do so.

### Breast-feeding

You should not take Lazela if you are breast-feeding. Ask your doctor for advice if you are breastfeeding.

### **Driving and using machines**

No studies on the effects of Lazela on the ability to drive and use machines have been performed. Ask your doctor for advice about driving or using machines.

Lazela may cause side effects such as dizziness (common), blurred vision (uncommon), confusional state (uncommon), hallucination (uncommon), double vision (uncommon), coordination problems (rare), that may affect your ability to drive or use machines. If you experience these symptoms, do not drive or operate machinery until they have resolved completely.

Lazela contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

### **3. How to take Lazela**

Always take this medicine exactly as your doctor has told you to. Check with your doctor or pharmacist if you are not sure.

Always swallow the tablets whole with water. Do not crush, suck, or chew the tablets or break them in half, as this might affect the way the medicine is released from the tablets into your body.

The starting dose for adults is one 375 mg tablet twice a day. After 2–4 weeks, your doctor may increase the dose to get the right effect. The maximum dose of Lazela is 750 mg twice a day.

It is important that you tell your doctor if you get side effects such as dizziness or feeling or being sick. Your doctor may lower your dose or, if this is not sufficient, stop treatment with Lazela.

#### **Use in children and adolescents**

Children and adolescents under 18 years old should not take Lazela.

#### **If you take more Lazela than you should**

If you accidentally take too many Lazela tablets or take a higher dose than recommended by your doctor, it is important that you tell your doctor at once. If you cannot contact your doctor, go to the nearest accident and emergency department. Take along any tablets that are left, including the container and the carton, so that the hospital staff can easily tell what you have taken.

#### **If you forget to take Lazela**

If you forget to take a dose, take it as soon as you remember unless it is nearly time (less than 6 hours) to take your next dose. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

You should stop taking Lazela and see your doctor immediately if you experience the following symptoms of angioedema, which is a rare condition but can be severe:

- swollen face, tongue, or throat
- difficulty swallowing
- hives or difficulty breathing

Tell your doctor if you experience common side effects such as dizziness or feeling sick or vomiting. Your doctor may lower your dose or stop treatment with Lazela.

Other side effects you may experience include the following:

**Common side effects** (may affect up to 1 in 10 people) are:

- Constipation
- Dizziness
- Headache

Feeling sick, vomiting  
Feeling weak

**Uncommon side effects** (may affect up to 1 in 100 people) are:

Altered sensation  
Anxiety, difficulty sleeping, confusional state, hallucination  
Blurred vision, visual disturbance  
Changes in sensation (touch or taste), tremor, feeling tired or sluggish, sleepiness or drowsiness, faint or fainting, dizziness upon standing  
Dark urine, blood in urine, difficulty urinating  
Dehydration  
Difficulty breathing, cough, nose bleed  
Double vision  
Excessive sweating, itching  
Feeling swollen or bloated  
Hot flushes, low blood pressure  
Increases in a substance called creatinine or increases in urea in your blood, increase in blood platelets or white blood cells, changes in ECG heart tracing  
Joint swelling, pain in extremity  
Loss of appetite and/or weight loss  
Muscle cramp, muscle weakness  
Ringing in the ears and/or feeling a spinning sensation  
Stomach pain or discomfort, indigestion, dry mouth, or wind

**Rare side effects** (may affect up to 1 in 1 000) are:

A lack of ability to urinate  
Abnormal laboratory values for liver  
Acute kidney failure  
Change in sense of smell, numbness in mouth or lips, impaired hearing  
Cold sweat, rash  
Coordination problems  
Decrease in blood pressure upon standing  
Decreased or loss of consciousness  
Disorientation  
Feeling of coldness in hands and legs  
Hives, allergic skin reaction  
Impotence  
Inability to walk due to imbalance  
Inflammation of pancreas or intestine  
Loss of memory  
Throat tightness  
Low level of sodium in the blood (hyponatremia) which can cause tiredness and confusion, muscle twitching, cramps, and coma.

**Not known side effects** (frequency cannot be estimated from the available data) are:

Myoclonus

**Reporting of side effects**

If you get side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Nederlands Bijwerkingen Centrum Lareb, Website: [www.lareb.nl](http://www.lareb.nl).

By reporting side effects you can help provide more information on the safety of this medicine.

## 5. How to store Lazela

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the package after “EXP”. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

### What Lazela contains

The active substance in Lazela is ranolazine. Each tablet contains 375 mg, 500 mg, or 750 mg ranolazine.

The other ingredients are:

*Tablet core:* microcrystalline cellulose (E460), methacrylic acid-ethyl acrylate copolymer (1:1), sodium hydroxide (E524), hypromellose (E464), magnesium stearate (E470b).

*Film-coating system AquaPolish P white:* hypromellose (E464), hydroxypropylcellulose (E463), macrogol 8000 (E1521), titanium dioxide (E171).

### What Lazela looks like and contents of the pack

The 375 mg tablets are white, oblong, convex, film-coated tablet of dimensions 15 mm x 7.2 mm, with “375” embossed on one side.

The 500 mg tablets are white, oblong, convex, film-coated tablet of dimensions 16.5 mm x 8.0 mm, with “500” embossed on one side.

The 750 mg tablets are white, oblong, convex, film-coated tablet of dimensions 19 mm x 9.2 mm, with “750” embossed on one side.

Lazela is supplied in cardboard boxes containing 60 tablets in PVC/PVDC/Aluminium blisters.

Not all pack-sizes may be marketed.

### Houder van de vergunning voor het in de handel brengen en fabrikant

Vergunninghouder:

DEMO S.A. Pharmaceutical Industry  
21st Km National Road Athens–Lamia, Krioneri,  
Attiki 145 68, Griekenland

Fabrikant:

Adamed Pharma S.A.  
ul. Marszałka Józefa Piłsudskiego 5  
Pabianice, 95-200, Polen

### In het register ingeschreven onder:

Lazela 375 mg, tabletten met verlengde afgifte RVG 127793

Lazela 500 mg, tabletten met verlengde afgifte RVG 127794

Lazela 750 mg, tabletten met verlengde afgifte RVG 127795

**Dit medicijn is geregistreerd in lidstaten van de Europese Economische Ruimte onder de**

**volgende namen:**

Nederland: Lazela 375 mg, tabletten met verlengde afgifte  
Lazela 500 mg, tabletten met verlengde afgifte  
Lazela 750 mg, tabletten met verlengde afgifte

Griekenland: LAZELA 375 mg, δισκία παρατεταμένης αποδέσμευσης  
LAZELA 500 mg, δισκία παρατεταμένης αποδέσμευσης  
LAZELA 750 mg, δισκία παρατεταμένης αποδέσμευσης

**Deze bijsluiter is voor het laatst goedgekeurd in juli 2022.**