

## Package leaflet: Information for the patient

Rosuvastatine/Ezetimibe Denk 5 mg/10 mg filmomhulde tabletten

Rosuvastatine/Ezetimibe Denk 10 mg/10 mg filmomhulde tabletten

Rosuvastatine/Ezetimibe Denk 20 mg/10 mg filmomhulde tabletten

Rosuvastatine/Ezetimibe Denk 40 mg/10 mg filmomhulde tabletten

rosuvastatin/ezetimibe

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### What is in this leaflet

1. What [Invented name] is and what it is used for
2. What you need to know before you take [Invented name]
3. How to take [Invented name]
4. Possible side effects
5. How to store [Invented name]
6. Contents of the pack and other information

#### 1. What [Invented name] is and what it is used for

[Invented name] contains 2 different active substances in 1 tablet. One of the active substances is rosuvastatin, belonging to the group of so called statins, the other active substance is ezetimibe.

[Invented name] is a medicine used to lower levels of total cholesterol, “bad” cholesterol (LDL cholesterol), and fatty substances called triglycerides in the blood. In addition, [Invented name] raises levels of “good” cholesterol (HDL cholesterol).

[Invented name] works to reduce your cholesterol in 2 ways. It reduces the cholesterol absorbed in your digestive tract, as well as the cholesterol your body makes by itself.

For most people, high cholesterol does not affect the way they feel because it does not produce any symptoms. However, if it is left untreated, fatty deposits can build up in the walls of your blood vessels causing them to narrow.

Sometimes, these narrowed blood vessels can get blocked which can cut off the blood supply to the heart or brain leading to a heart attack or a stroke. If you correct your cholesterol levels, you can reduce your risk of having a heart attack, a stroke or related health problems.

This medicine is used for patients who cannot control their cholesterol levels by diet alone. You should always stay on a cholesterol-lowering diet while taking this medicine. Your doctor may prescribe [Invented name] if you are already taking both rosuvastatin and ezetimibe at the same dose level.

[Invented name] is used in addition to your cholesterol lowering diet if you have:

- A raised cholesterol level in your blood (primary hypercholesterolaemia)

[Invented name] does not help you lose weight.

## **2. What you need to know before you take [Invented name]**

### **Do not take [Invented name] if you**

- are allergic to ezetimibe, rosuvastatin or any of the other ingredients of this medicine (listed in section 6).
- are pregnant or breast-feeding. If you become pregnant while taking [Invented name] stop taking it immediately and tell your doctor. Women should avoid becoming pregnant while taking [Invented name] by using suitable contraceptive measures.
- currently have liver problems.
- have severe kidney problems.
- have repeated or unexplained muscle aches or pains (myopathy).
- take a drug combination of sofosbuvir/velpatasvir/voxilaprevir (used for viral infection of the liver called hepatitis C).
- take a drug called ciclosporin (used, for example, after organ transplants).
- have ever developed a severe skin rash or skin peeling, blistering and/or mouth sores after taking [Invented name] or other related medicines.

If any of the above applies to you (or you are in doubt), please go back and see your doctor.

### **In addition, do not take [Invented name] 40 mg / 10 mg (the highest dose) if**

- you have moderate kidney problems (if in doubt, please ask your doctor).
- your thyroid gland is not working properly (hypothyroidism).
- you have had any repeated or unexplained muscle aches or pains, a personal or family history of muscle problems, or a previous history of muscle problems when taking other cholesterol-lowering medicines.
- you regularly drink large amounts of alcohol.
- you are of Asian origin (Japanese, Chinese, Filipino, Vietnamese, Korean and Indian).
- you take other medicines called fibrates to lower your cholesterol (see section “Other medicines and [Invented name]”).

If any of the above applies to you (or you are in doubt), please go back and see your doctor.

## Warnings and precautions

Talk to your doctor or pharmacist before taking [Invented name] if

- you have problems with your kidneys.
- you drink large amounts of alcohol or have ever had liver disease. [Invented name] may not be right for you.
- you have had repeated or unexplained muscle aches or pains, a personal or family history of muscle problems, or a previous history of muscle problems when taking other cholesterol-lowering medicines. Tell your doctor immediately if you have unexplained muscle aches or pains especially if you feel unwell or have a fever. Also tell your doctor or pharmacist if you have a muscle weakness that is constant.
- you have or have had myasthenia (a disease with general muscle weakness including in some cases muscles used when breathing), or ocular myasthenia (a disease causing eye muscle weakness) as statins may sometimes aggravate the condition or lead to the occurrence of myasthenia (see section 4).
- your thyroid gland is not working properly.
- you have severe respiratory failure.
- you take medicines used to fight the HIV infection e.g. ritonavir with lopinavir and/or atazanavir (please see “Other medicines and [Invented name]”).
- you are over 70 (as your doctor needs to choose the right start dose of [Invented name] to suit you).
- you take other medicines called fibrates to lower your cholesterol (please see “Other medicines and [Invented name]”).
- you are of Asian origin – that is Japanese, Chinese, Filipino, Vietnamese, Korean and Indian. Your doctor needs to choose the right start dose of [Invented name] to suit you.
- you are taking or have taken in the last 7 days a medicine called fusidic acid, (a medicine for bacterial infection) orally or by injection. The combination of fusidic acid and [Invented name] can lead to serious muscle problems (rhabdomyolysis).

Serious skin reactions including Stevens-Johnson syndrome and drug reaction with eosinophilia and systemic symptoms (DRESS) have been reported in association with [Invented name] treatment. Stop using [Invented name] and seek medical attention immediately if you notice any of the symptoms described in section 4.

While you are on this medicine your doctor will monitor you closely if you have diabetes or are at risk of developing diabetes. You are likely to be at risk of developing diabetes if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure.

In a small number of people, statins can affect the liver. This is identified by a simple test which looks for increased levels of liver enzymes in the blood. For this reason, your doctor will regularly carry out this blood test (liver function test) during treatment with [Invented name]. It is important to go to the doctor for the prescribed laboratory checks.

## Children and adolescents

The use of [Invented name] is not recommended in children and adolescents under the age of 18 years.

### **Other medicines and [Invented name]**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. In particular, tell your doctor if you are taking medicine(s) with any of the following active ingredients:

- Ciclosporin (often used in organ transplant patients). **Do not take [Invented name] while taking ciclosporin.**
- Darolutamide (used to treat cancer),
- Blood thinners e.g. warfarin, acenocoumarol or fluindione (their blood thinning effect and the risk of bleeding may be increased while taken together with this medicine), ticagrelor or clopidogrel.
- Colestyramine (also used to lower cholesterol), because it affects the way [Invented name] works.
- Fibrates such as gemfibrozil, fenofibrate (also used to lower cholesterol) or any other medicine used to lower cholesterol. **Do not take the [Invented name] 40 mg / 10 mg tablets with concomitant use of a fibrate.**
- Indigestion remedies containing aluminium and magnesium (used to neutralise acid in your stomach). This effect may be mitigated by taking this type of medicine 2 hours after [invented name].
- Erythromycin (an antibiotic).
- An oral contraceptive (the pill).
- Hormone replacement therapy.
- Regorafenib (used to treat cancer).
- Any of the following drugs used to treat viral infections, including HIV or hepatitis C infection, alone or in combination (please see “Warnings and precautions”): Ritonavir, lopinavir, atazanavir, simeprevir, sofosbuvir, voxilaprevir, ombitasvir, paritaprevir, dasabuvir, velpatasvir, grazoprevir, elbasvir, glecaprevir, pibrentasvir.
- Fusidic acid – if you need to take oral fusidic acid to treat a bacterial infection you will need to temporarily stop using this medicine. Your doctor will tell you when it is safe to restart [Invented name]. Taking [Invented name] with fusidic acid may rarely lead to muscle weakness, tenderness or pain (rhabdomyolysis). See more information regarding rhabdomyolysis in section 4.

You should also tell any doctor who is prescribing a new medicine for you that you are taking [Invented name].

### **[Invented name] with alcohol**

Do not take [Invented name] 40 mg / 10 mg tablets (the highest dose), if you regularly drink large amounts of alcohol.

### **Pregnancy and breast-feeding**

Do not take [Invented name] if you are pregnant, are trying to get pregnant or think you may be pregnant. If you get pregnant while taking [Invented name], stop taking it immediately and tell your doctor. Women should use contraceptive measures during the treatment with [Invented name].

Do not take [Invented name] if you are breast-feeding, because it is not known if the medicine is passed into breast milk.

### **Driving and using machines**

[Invented name] is not expected to interfere with your ability to drive or to use machinery. However, it should be taken into account that some people may get dizzy after taking [Invented name]. If you get dizzy, talk to your doctor before driving or using machines.

### **[Invented name] contains lactose monohydrate (a type of sugar) and sodium**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially “sodium-free”.

## **3. How to take [Invented name]**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

- Before starting [Invented name], you should be on a diet to lower your cholesterol.
- You should keep on this cholesterol lowering diet whilst taking [Invented name].

Your doctor will determine the appropriate tablet strength for you, depending on your current treatment and your personal risk status.

The recommended dose is 1 tablet once a day.

[Invented name] is not suitable to start a treatment. Treatment initiation or dose adjustment if necessary should only be done by giving the active substances separately as monocomponents and after setting the appropriate doses the switch to [Invented name] of the appropriate strength is possible.

The maximum daily dose of rosuvastatin is 40 mg. It is only for patients with high cholesterol levels and a high risk of heart attacks or stroke whose cholesterol levels are not lowered enough with 20 mg.

Try to take your tablet at the same time every day to help you to remember it. You can take it with or without food. Swallow each tablet whole with a drink of water.

If your doctor has prescribed [Invented name] along with another medicine for lowering cholesterol containing the active ingredient colestyramine or any other medicine containing bile acid sequestrant, you should take [Invented name] at least 2 hours before or 4 hours after taking the bile acid sequestrant.

### **Regular cholesterol checks**

It is important to go back to your doctor for regular cholesterol checks to make sure your cholesterol has reached and is staying at the correct level.

**If you take more [Invented name] than you should**

Contact your doctor or the emergency department of the nearest hospital because you might need medical help.

**If you forget to take [Invented name]**

Do not worry, skip the missed dose and take your next scheduled dose at the correct time. Do not take a double dose to make up for a forgotten tablet.

**If you stop taking [Invented name]**

Talk to your doctor or pharmacist because your cholesterol may rise again.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**Stop taking [Invented name] and seek medical help immediately if you have any of the following adverse reactions:**

- Difficulty in breathing, with or without swelling of the face, lips, tongue and/or throat; which may cause difficulty in swallowing; severe itching of the skin (with raised lumps). These might be signs of **severe allergic reaction**.
- Any unexplained muscle pain, tenderness, or weakness. This is because on rare occasions, muscle problems, including muscle breakdown resulting in kidney damage, can be serious and may become a potentially life-threatening condition (known as rhabdomyolysis).
- Lupus-like disease syndrome (including rash, joint disorders and effects on blood cells).
- Muscle rupture.
- Reddish non-elevated, target-like or circular patches on the trunk, often with central blisters, skin peeling, ulcers of mouth, throat, nose, genitals and eyes. These serious skin rashes can be preceded by fever and flu-like symptoms (Stevens-Johnson syndrome).
- Widespread rash, high body temperature and enlarged lymph nodes (DRESS syndrome or drug hypersensitivity syndrome).

**Common** (may affect up to 1 in 10 people):

Diarrhoea; flatulence; feeling tired; elevations in some laboratory blood tests of liver function (transaminases); headache; stomach pain; constipation; feeling sick; muscle pain; feeling weak; dizziness; an increase in the amount of protein in the urine – this usually returns to normal on its own without having to stop taking [Invented name] (only [Invented name] 40 mg/10 mg ); diabetes – this is more likely if you have high levels of sugars and fats in your blood, are overweight and have high blood pressure. Your doctor will monitor you while you are taking this medicine.

**Uncommon** (may affect up to 1 in 100 people):

Elevations in some laboratory blood tests of muscle (CK) function; cough; indigestion; heartburn; joint pain; muscle spasms; neck pain; decreased appetite; pain; chest pain; hot flush; high blood pressure; tingling sensation; dry mouth; inflammation of the stomach; itching; rash; hives or other skin reactions; back pain; muscle weakness; pain in arms and legs; swelling, especially in the hands and feet; an increase in the amount of protein in the urine – this usually returns to normal on its own without having to stop taking [Invented name] (only [Invented name] 10 mg/10 mg and 20 mg/10 mg).

**Rare** (may affect up to 1 in 1,000 people):

Reduction in blood cell counts, which may cause bruising/bleeding (thrombocytopenia); a severe stomach pain (inflamed pancreas).

**Very rare** (may affect up to 1 in 10,000 people):

Jaundice (yellowing of the skin and eyes); hepatitis (an inflamed liver); traces of blood in your urine; damage to the nerves of your legs and arms (such as numbness); memory loss; gynecomastia (breast enlargement in men).

**Not known** (frequency cannot be estimated from the available data):

Shortness of breath; swelling (oedema); sleep disturbances including sleeplessness and nightmares; sexual difficulties; depression; breathing problems including persistent cough and/or shortness of breath or fever; tendon injury; muscle weakness that is constant; raised red rash, sometimes with target shaped lesions (erythema multiforme); muscle tenderness; gallstones or inflammation of the gallbladder (which may cause abdominal pain, nausea, vomiting).

Myasthenia gravis (a disease causing general muscle weakness including in some cases muscles used when breathing).

Ocular myasthenia (a disease causing eye muscle weakness).

Talk to your doctor if you experience weakness in your arms or legs that worsens after periods of activity, double vision or drooping of your eyelids, difficulty swallowing, or shortness of breath.

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system listed in Appendix V](#). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store [Invented name]**

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after EXP. The expiry date refers to the last day of that month.

Store in the original package in order to protect from moisture and light. This medicinal product does not require any special temperature storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. Contents of the pack and other information

### What [Invented name] contains

- The active substances are rosuvastatin and ezetimibe. Each tablet contains 5 mg, 10 mg, 20 mg or 40 mg rosuvastatin (as rosuvastatin calcium) and 10 mg ezetimibe.
- The other ingredients are:

Cellulose microcrystalline, Silica, colloidal anhydrous, Magnesium stearate, Povidone K 30, Croscarmellose sodium, Sodium laurilsulfate, Lactose monohydrate, Hypromellose,

#### *Coating:*

5 mg / 10 mg:

Opadry yellow: Hypromellose, Titanium Dioxide (E171), Macrogol 4000, Talc, Iron Oxide Yellow (E172), Iron Oxide Red (E172).

10 mg / 10 mg:

Opadry beige: Hypromellose, Titanium Dioxide (E171), Macrogol 4000, Talc, Iron Oxide Yellow (E172).

20 mg / 10 mg:

Vivacoat Yellow: Hypromellose, Titanium Dioxide (E171), Macrogol 4000, Talc, Iron Oxide yellow (E172).

(40 mg / 10 mg:

Opadry white: Lactose monohydrate, Hypromellose, Titanium Dioxide (E171), Macrogol 4000.

### What [Invented name] looks like and contents of the pack

[Invented name] 5 mg/10 mg: Light yellow, round, biconvex film-coated tablets with a diameter of 10 mm approximately and “EL5” embossed on one side.

[Invented name] 10 mg/10 mg: Beige, round, biconvex film-coated tablets with a diameter of 10 mm approximately and “EL4” embossed on one side.

[Invented name] 20 mg/10 mg: Yellow, round, biconvex film-coated tablets with a diameter of 10 mm approximately and “EL3” embossed on one side.

[Invented name] 40 mg/10 mg: White, round, biconvex film-coated tablets with a diameter of 10 mm approximately and “EL2” embossed on one side.

Pack sizes: 30 and 100 film-coated tablets.

Not all pack sizes may be marketed.



## **Marketing Authorisation Holder**

Denk Pharma GmbH & Co. KG  
Prinzregentenstrasse 79,  
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## **Manufacturer**

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of

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## **In het register ingeschreven onder:**

Rosuvastatine/Ezetimibe Denk 5 mg/10 mg filmomhulde tabletten: RVG 128122  
Rosuvastatine/Ezetimibe Denk 10 mg/10 mg filmomhulde tabletten: RVG 128123  
Rosuvastatine/Ezetimibe Denk 20 mg/10 mg filmomhulde tabletten: RVG 128124  
Rosuvastatine/Ezetimibe Denk 40 mg/10 mg filmomhulde tabletten: RVG 128125

## **This medicinal product is authorised in the Member States of the EEA under the following names:**

Nederland: Rosuvastatine/Ezetimibe Denk 5 mg/10 mg filmomhulde tabletten  
Rosuvastatine/Ezetimibe Denk 10 mg/10 mg filmomhulde tabletten  
Rosuvastatine/Ezetimibe Denk 20 mg/10 mg filmomhulde tabletten  
Rosuvastatine/Ezetimibe Denk 40 mg/10 mg filmomhulde tabletten

Duitsland: Rosuvastatin/Ezetimib Denk 5 mg/10 mg Filmtabletten  
Rosuvastatin/Ezetimib Denk 10 mg/10 mg Filmtabletten  
Rosuvastatin/Ezetimib Denk 20 mg/10 mg Filmtabletten  
Rosuvastatin/Ezetimib Denk 40 mg/10 mg Filmtabletten

**Deze bijsluiter is voor het laatst goedgekeurd in februari 2024.**