

## Package leaflet: Information for the user

### Lapatinib PharOS 250 mg, filmomhulde tabletten lapatinib

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Don't pass it on to others. It may harm them, even if their signs of illness seem the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet

1. What Lapatinib PharOS is and what it is used for
2. What you need to know before you take Lapatinib PharOS
3. How to take Lapatinib PharOS
4. Possible side effects
5. How to store Lapatinib PharOS
6. Contents of the pack and other information

#### 1. What Lapatinib PharOS is and what it is used for

Lapatinib PharOS is used to treat certain types of breast cancer (*HER2-overexpressing*) which have spread beyond the original tumour or to other organs (*advanced* or *metastatic* breast cancer). It may slow or stop cancer cells from growing, or may kill them.

Lapatinib PharOS is prescribed to be taken in combination with another anti-cancer medicine.

Lapatinib PharOS is prescribed in **combination with capecitabine**, for patients who have had treatment for advanced or metastatic breast cancer before. This previous treatment for metastatic breast cancer must have included trastuzumab.

Lapatinib PharOS is prescribed in **combination with trastuzumab**, for patients who have hormone receptor- negative metastatic breast cancer and have had other treatment for advanced or metastatic breast cancer before.

Lapatinib PharOS is prescribed in **combination with an aromatase inhibitor**, for patients with hormone sensitive metastatic breast cancer (breast cancer that is more likely to grow in the presence of hormones), who are not currently intended for chemotherapy.

Information about these medicines is described in separate patient information leaflets. **Ask your doctor** to give you information about these other medicines.

#### 2. What you need to know before you take Lapatinib PharOS

##### Do not take Lapatinib PharOS

- if you are allergic to lapatinib or any of the other ingredients of this medicine (listed in Section 6).

## Take special care with Lapatinib PharOS

**Your doctor will run tests to check that your heart is working properly** before and during your treatment with Lapatinib PharOS.

**Tell your doctor if you have any heart problems** before you take Lapatinib PharOS.

Your doctor also needs to know before you take Lapatinib PharOS:

- if you have lung disease
- if you have inflammation of the lung
- if you have any **liver problems**
- if you have any **kidney problems**
- if you have diarrhoea (see section 4).

**Your doctor will run tests to check that your liver is working properly** before and during your treatment with Lapatinib PharOS.

**Tell your doctor** if any of these apply to you.

### Serious skin reactions

Serious skin reactions have been seen with Lapatinib PharOS. Symptoms may include skin rash, blisters and skin peeling.

Tell your doctor as soon as possible if you get any of these symptoms.

### Other medicines and Lapatinib PharOS

**Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.** This includes herbal medicines and other medicines you bought without a prescription.

**It is especially important to tell your doctor** if you are taking, or have recently taken any of the following medicines. Some medicines may affect the way Lapatinib PharOS works or Lapatinib PharOS may affect how other medicines work. These medicines include some medicines in the following groups:

- St John's Wort – a herb extract used to treat **depression**
- erythromycin, ketoconazole, itraconazole, posaconazole, voriconazole, rifabutin, rifampicin, telithromycin – medicines used to treat **infections**
- cyclosporine – a medicine used to **suppress the immune system** for example after organ transplantations
- ritonavir, saquinavir – medicines used to treat **HIV**
- phenytoin, carbamazepine – medicines used to treat **seizures**
- cisapride – a medicine used to treat certain **digestive system** problems
- pimozide – a medicine used to treat certain **mental health problems**
- quinidine, digoxin – medicines used to treat certain **heart problems**
- repaglinide – a medicine used to treat **diabetes**
- verapamil – a medicine used to treat **high blood pressure** or **heart problems** (*angina*)
- nefazodone – a medicine used to treat **depression**
- topotecan, paclitaxel, irinotecan, docetaxel – medicines used to treat certain types of **cancer**
- rosuvastatin – a medicine used to treat **high cholesterol**
- medicines that decrease stomach acidity - used to treat **stomach ulcers** or **indigestion**

**Tell your doctor** if you are taking, or have recently taken, any of these.

Your doctor will review the medicines you are currently taking to make sure you are not taking something that can't be taken with the Lapatinib PharOS. Your doctor will advise you whether an alternative is available.

## Lapatinib PharOS with food and drink

**Don't drink grapefruit juice while you are being treated with Lapatinib PharOS. It can affect the way the medicine works.**

## Pregnancy and breast-feeding

**The effect of Lapatinib PharOS during pregnancy is not known. You should not use Lapatinib PharOS if you are pregnant unless your doctor specifically recommends it.**

- **If you are pregnant** or planning to become pregnant, **tell your doctor.**
- **Use a reliable method of contraception** to avoid becoming pregnant while you're taking Lapatinib PharOS and for at least 5 days after the last dose.
- **If you become pregnant** during treatment with Lapatinib PharOS, **tell your doctor.**

It is not known whether Lapatinib PharOS passes into breast-milk. Do not breast-feed while taking Lapatinib PharOS and for at least 5 days after the last dose.

- **If you are breast-feeding** or planning to breast-feed, **tell your doctor.**

**Ask your doctor or pharmacist for advice** before taking Lapatinib PharOS if you are unsure.

## Driving and using machines

You are responsible to decide if you are able to drive a motor vehicle or perform other tasks that require increased concentration. Because of the possible side effects of Lapatinib PharOS, your ability to drive or operate machines could be affected. These effects are described in section 4, 'Possible side effects'.

## Lapatinib PharOS contains sodium

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

## 3. How to take Lapatinib PharOS

**Always take this medicine exactly as your doctor has told you.** Check with your doctor or pharmacist if you're not sure.

Your doctor will decide on the correct dose of Lapatinib PharOS depending on the type of breast cancer being treated.

If you are prescribed Lapatinib PharOS in **combination with capecitabine**, the usual dose is **5 Lapatinib PharOS tablets a day**, as a single dose.

If you are prescribed Lapatinib PharOS in **combination with trastuzumab**, the usual dose is **4 Lapatinib PharOS tablets a day**, as a single dose.

If you are prescribed Lapatinib PharOS in **combination with an aromatase inhibitor**, the usual dose is **6 Lapatinib PharOS tablets a day**, as a single dose.

Take the prescribed dose every day for as long as your doctor tells you to.

Your doctor will advise you about the dose of your other anti-cancer medicine, and how to take it.

## Taking your tablets

- **Swallow the tablets whole with water**, one after the other, at the same time each day.
- **Take Lapatinib PharOS either at least one hour before or at least one hour after food.** Take Lapatinib PharOS at the same time in relation to food each day – for example, you could always take your tablet one hour before breakfast.

## While you are taking Lapatinib PharOS

- Depending on the side effects you experience, your doctor may recommend lowering your dose or temporarily stopping your treatment.
- Your doctor will also carry out tests to check your heart and liver function before and during treatment with Lapatinib PharOS.

## If you take too much Lapatinib PharOS

Contact a doctor or pharmacist immediately. If possible, show them the pack.

## If you forget to take Lapatinib PharOS

**Don't take a double dose** to make up for a forgotten dose. Just take the next dose at the scheduled time.

## 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**A severe allergic reaction** is a rare side effect (may affect up to 1 in 1,000 people) and may develop rapidly.

Symptoms may include:

- skin rash (including itchy, bumpy rash)
- unusual wheezing, or difficulty in breathing
- swollen eyelids, lips or tongue
- pains in muscles or joints
- collapse or blackout.

**Tell your doctor immediately** if you get any of these symptoms. Don't take any more tablets.

**Very common side effects** (may affect more than 1 in 10 people):

- diarrhoea (which may make you dehydrated and lead to more severe complications)  
**Tell your doctor immediately at the first sign of diarrhoea (loose stool), as it is important that this is treated right away. Also tell your doctor immediately if your diarrhoea worsens.** *There is more advice on reducing the risk of diarrhoea at the end of section 4.*
- rash, dry skin, itching  
**Tell your doctor if you get a skin rash.** *There is more advice on reducing the risk of skin rash at the end of section 4.*

### **Other very common side effects**

- loss of appetite
- feeling sick (nausea)
- being sick (vomiting)
- tiredness, feeling weak
- indigestion
- constipation
- sore mouth/mouth ulcers
- stomach pain
- trouble sleeping
- back pain
- pain in hands and feet
- joint or back pain
- a skin reaction on the palms of the hands or soles of the feet (including tingling, numbness, pain, swelling or reddening)
- cough, shortness of breath
- headache
- nose bleed
- hot flush
- unusual hair loss or thinning

**Tell your doctor** if any of these side effects get severe or troublesome.

**Common side effects** (may affect up to 1 in 10 people):

- an effect on how your heart works

In most cases, the effect on your heart will not have any symptoms. If you do experience symptoms associated with this side effect, these are likely to include an irregular heartbeat and shortness of breath.

- liver problems, which may cause itching, yellow eyes or skin (*jaundice*), or dark urine or pain or discomfort in the right upper area of the stomach.
- nail disorders – such as a tender infection and swelling of the cuticles
- skin fissures (deep cracks on the skin or chapped skin)

**Tell your doctor if you get any of these symptoms.**

**Uncommon side effects** (may affect up to 1 in 100 people):

- treatment-induced lung inflammation, which may cause shortness of breath or cough  
**Tell your doctor immediately if you get either of these symptoms.**

Other uncommon side effects include:

- blood tests results that show changes in liver function (usually mild and temporary)

**Rare side effects** (may affect up to 1 in 1,000 people):

- severe allergic reactions (*see the beginning of section 4*)

**The frequency of some side effects is not known (it cannot be estimated from the available data):**

- irregular heart-beat (change in the electrical activity of the heart)
- severe skin reaction that might include: rash, red skin, blistering of the lips, eyes or mouth, skin peeling, fever or any combination of these
- pulmonary arterial hypertension (increased blood pressure in the arteries (blood vessels) of the lungs)

**If you get other side effects**

**Tell your doctor or pharmacist** if you notice any side effects not listed in this leaflet.

**Reducing the risk of diarrhoea and skin rash**

**Lapatinib PharOS can cause severe diarrhoea**

If you suffer from diarrhoea while taking Lapatinib PharOS:

- drink plenty of fluids (8 to 10 glasses a day), such as water, sports drinks or other clear liquids
- eat low-fat, high protein foods instead of fatty or spicy foods
- eat cooked vegetables instead of raw vegetables and remove the skin from fruits before eating
- avoid milk and milk products (including ice cream)
- avoid herbal supplements (some may cause diarrhoea).

**Tell your doctor** if your diarrhoea continues.

**Lapatinib PharOS can cause skin rash**

Your doctor will check your skin before and during treatment.

To care for sensitive skin:

- wash with a soap-free cleanser
- use fragrance free, hypoallergenic beauty products
- use sunscreen (Sun Protection Factor [SPF] 30 or higher).

**Tell your doctor** if you get a skin rash.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed below.

Nederlands Bijwerkingen Centrum Lareb

Website: [www.lareb.nl](http://www.lareb.nl).

By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Lapatinib PharOS**

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton and blister after EXP. The expiry date refers to the last day of that month.
- This medicine does not require any special storage conditions.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

## **6. Contents of the pack and other information What Lapatinib PharOS contains**

- The active substance in Lapatinib PharOS is lapatinib. Each film-coated tablet contains lapatinib ditosylate monohydrate, equivalent to 250 mg lapatinib.
- The other ingredients are: cellulose, microcrystalline (type 101) (E460), povidone K30 (E1201), sodium starch glycolate (Type A), magnesium stearate (E470b), hypromellose (3 mPa·s and 6 mPa·s) 2910 (E464), titanium dioxide (E171), macrogol 400 (E1521), polysorbate 80 (E433), iron oxide yellow (E172).

### **What Lapatinib PharOS looks like and contents of the pack**

Lapatinib PharOS film-coated tablets are oval, biconvex, off-white film-coated, debossed with '250' marked on one side and plain on the other.

Lapatinib PharOS is available in plastic bottles containing 84 or 140 tablets.

Not all pack sizes may be marketed.

### **Houder van de vergunning voor het in de handel brengen**

PharOS-Pharmaceutical Oriented Services Ltd.

Lesvou str. (end), Thesi Loggos, Industrial Zone, 14452 Metamorfossi Attikis, Griekenland

### **Fabrikant**

Remedica Ltd  
Aharnon Street, Limassol Industrial Estate  
3056 Limassol  
Cyprus

PharOS MT Ltd.  
HF62X, Hal Far Industrial Estate  
Birzebbugia BBG3000  
Malta

### **In het register ingeschreven onder:**

RVG 128547 Lapatinib PharOS 250 mg, filmomhulde tabletten

### **Dit medicijn is geregistreerd in lidstaten van de EEA onder de volgende namen:**

Nederland	Lapatinib PharOS 250 mg, filmomhulde tabletten
Frankrijk	LAPATINIB PHAROS 250 mg, comprimé pelliculé

**Deze bijsluiter is voor het laatst goedgekeurd in april 2023.**