

# PUBLIC ASSESSMENT REPORT of the Medicines Evaluation Board in the Netherlands

# Bisoprololfumaraat Aurobindo 5 mg and 10 mg, film-coated tablets Aurobindo Pharma B.V., the Netherlands

# bisoprolol fumarate

This assessment report is published by the MEB pursuant Article 21 (3) and (4) of Directive 2001/83/EC. The report comments on the registration dossier that was submitted to the MEB.

It reflects the scientific conclusion reached by the MEB at the end of the evaluation process and provides a summary of the grounds for approval of a marketing authorisation.

This report is intended for all those involved with the safe and proper use of the medicinal product, i.e. healthcare professionals, patients and their family and carers. Some knowledge of medicines and diseases is expected of the latter category as the language in this report may be difficult for laymen to understand.

This assessment report shall be updated by a following addendum whenever new information becomes available.

General information on the Public Assessment Reports can be found on the website of the MEB.

To the best of the MEB's knowledge, this report does not contain any information that should not have been made available to the public. The MAH has checked this report for the absence of any confidential information.

# Registration number in the Netherlands: RVG 105896-105897

# 28 January 2013

Pharmacotherapeutic group: beta blocking agents, selective

ATC code: C07AB07 Route of administration: oral

Therapeutic indication: hypertension; stable chronic angina

Prescription status: prescription only Date of authorisation in NL: 9 August 2011

Application type/legal basis: Directive 2001/83/EC, Article 10(1)

For product information for healthcare professionals and users, including information on pack sizes and presentations, see Summary of Product Characteristics (SPC), package leaflet and labelling.

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#### I INTRODUCTION

Based on the review of the quality, safety and efficacy data, the Medicines Evaluation Board of the Netherlands (MEB) has granted a marketing authorisation for Bisoprololfumaraat Aurobindo 5 mg and 10 mg, film-coated tablets from Aurobindo Pharma B.V. The date of authorisation was on 9 August 2011 in the Netherlands.

The product is indicated for:

- treatment of hypertension
- · treatment of stable chronic angina.

A comprehensive description of the indications and posology is given in the SPC.

Bisoprolol is a highly beta<sub>1</sub>-selective-adrenoceptor blocking agent, lacking intrinsic stimulating and relevant membrane stabilising activity. It only shows low affinity to the beta<sub>2</sub>-receptor of the smooth muscles of bronchi and vessels as well as to the beta<sub>2</sub>-receptors concerned with metabolic regulation. Therefore, bisoprolol is generally not to be expected to influence the airway resistance and beta<sub>2</sub>-mediated metabolic effects. Its beta<sub>1</sub>-selectivity extends beyond the therapeutic dose range.

This national procedure concerns a generic application claiming essential similarity with the innovator products Emcor 5 mg tablets and Emcor Deco 5 mg & 10 mg film-coated tablets (NL license RVG 12408, 24505 and 24507), which were registered in the Netherlands by Merck B.V. on 6 October 1987 (Emcor) and 1 November 1999 (Emcor Deco, MRP SE/H/0184/004;006/MR). Emcor Deco film-coated tablets has been withdrawn from the Dutch market.

The marketing authorisation is granted based on article 10(1) of Directive 2001/83/EC.

This type of application refers to information that is contained in the pharmacological-toxicological and clinical part of the dossier of the authorisation of the reference product. A reference product is a medicinal product authorised and marketed on the basis of a full dossier, i.e. including chemical, biological, pharmaceutical, pharmacological-toxicological and clinical data. This information is not fully available in the public domain. Authorisations for generic products are therefore linked to the 'original' authorised medicinal product, which is legally allowed once the data protection time of the dossier of the reference product has expired. For this kind of application, it has to be demonstrated that the pharmacokinetic profile of the product is similar to the pharmacokinetic profile of the reference product. To this end the MAH has submitted a bioequivalence study in which the pharmacokinetic profile of the product is compared with the pharmacokinetic profile of the reference product Emcor 10 mg tablets, registered in the United Kingdom. A bioequivalence study is the widely accepted means of demonstrating that difference of use of different excipients and different methods of manufacture have no influence on efficacy and safety. This generic product can be used instead of its reference product.

No new pre-clinical and clinical studies were conducted, which is acceptable for this abridged application.

No scientific advice has been given to the MAH with respect to these products, and no paediatric development programme has been submitted, as this is not required for generic medicinal products.

#### II SCIENTIFIC OVERVIEW AND DISCUSSION

# II.1 Quality aspects

# **Compliance with Good Manufacturing Practice**

The MEB has been assured that acceptable standards of GMP (see Directive 2003/94/EC) are in place for this product type at all sites responsible for the manufacturing of the active substance as well as for the manufacturing and assembly of this product prior to granting its national authorisation.

#### **Active substance**

The active substance is bisoprolol fumarate, an established active substance described in the European Pharmacopoeia (Ph.Eur.\*). It is a white or almost white powder, which is very soluble in water and freely soluble in methanol. Bisoprolol fumarate is present as a racemate. According the Ph.Eur., bisoprolol fumarate is known to exhibit polymorphism. A test for polymorphism in the active substance specifications involving DSC has been included.

The CEP procedure is used for the active substance. Under the official Certification Procedures of the EDQM of the Council of Europe, manufacturers or suppliers of substances for pharmaceutical use can apply for a certificate of suitability concerning the control of the chemical purity and microbiological quality of their substance according to the corresponding specific monograph, or the evaluation of reduction of Transmissible Spongiform Encephalopathy (TSE) risk, according to the general monograph, or both. This procedure is meant to ensure that the quality of substances is guaranteed and that these substances comply with the European Pharmacopoeia.

#### Manufacturing process

A CEP has been submitted; therefore no details on the manufacturing process have been included.

#### Quality control of drug substance

The drug substance specification is in line with the CEP. Additional requirements for particle size, density and microbiological quality are included. The specification is acceptable in view of the route of synthesis and the various European guidelines. Batch analytical data demonstrating compliance with the drug substance specification have been provided for 3 full-scale batches.

#### Stability of drug substance

Stability data on the active substance have been provided for 3 full-scale batches stored at 25°C/60%RH (24 months) and at 40°C/75%RH (6 months). A retest period of 3 years in the proposed packaging materials has been granted.

\* Ph.Eur. is an official handbook (pharmacopoeia) in which methods of analysis with specifications for substances are laid down by the authorities of the EU.

# **Medicinal Product**

# Composition

Bisoprololfumaraat Aurobindo 5 mg is a yellow coloured, circular, biconvex, film-coated tablets debossed with 'I and break line' on one side and '11' on the other side.

Bisoprololfumaraat Aurobindo 10 mg yellow coloured, circular, biconvex, film-coated tablets debossed with 'I and break line' on one side and '13' on the other side.

Both tablets can be divided into equal halves.

The film-coated tablets are packed in Al/Al blisters and HDPE tablet containers.

The excipients are:



*Tablet core* - microcrystalline cellulose, anhydrous calcium hydrogen phosphate, colloidal anhydrous silica, crospovidone (Type A), magnesium stearate.

Film coating - hypromellose 6cP, titanium dioxide, macrogol 400, yellow iron oxide.

The two strengths are dose proportional.

#### Pharmaceutical development

The development of the product has been described, the choice of excipients is justified and their functions explained. The tablets are considered bioequivalent with the innovator product based upon the closely similar composition and the results of dissolution studies. The UK formulation of Emcor tablets is the same as the Dutch reference product. Breakability of the scored tablets is evaluated and in conformity with Ph.Eur. requirements.

#### Manufacturing process

The manufacturing comprises a well-known process of premixing and mixing, sieving, compression of the cores and film-coating. The various steps of the manufacturing process, the process parameters, and the in-process controls have been sufficiently described. The MAH committed to perform prospective validation studies on the first three production-scale batches of each strength. An acceptable validation protocol was presented.

#### Control of excipients

The excipients comply with Ph. Eur. Requirements. For the coating mixture also general specifications have been laid down. The specifications for the excipients are acceptable.

#### Quality control of drug product

The product specification includes tests appearance, uniformity of dosage units, subdivision of tablets, water content, dissolution, identity, assay, degradation and microbiological purity. The analytical methods have been adequately described and validated. Batch analytical data have been provided on 2 pilot-scale batches of each strength, demonstrating compliance with the release specification.

#### Stability of drug product

Two batches of both tablet strengths were stored under controlled conditions (25°C/60% RH for 24 months). Additionally the batches were stored at accelerated conditions (40°C/75% RH for 6 months). A photostability study has been performed.

With respect to the data obtained, it is justified to grant a shelf life of 2 years for the tablets. Inclusion of the storage condition 'Store in the original package in order to protect from light' is justified. In-use stability studies over the course of 45 days was provided for the HDPE 30 pack size and in the case of the HDPE 500 pack size 18 months of data showed that no specific in-use stability claim is necessary.

Specific measures concerning the prevention of the transmission of animal spongiform encephalopathies. There are no substances of ruminant animal origin present in the product nor have any been used in the manufacturing of this product, so a theoretical risk of transmitting TSE can be excluded.

# II.2 Non-clinical aspects

This product is a generic formulation of Emcor, which is available on the European market. A non-clinical overview on the pharmacology, pharmacokinetics and toxicology has been provided, which is based on up-to-date and adequate scientific literature. The overview justifies why there is no need to generate additional non-clinical pharmacology, pharmacokinetics and toxicology data. Therefore, the Board agreed that no further non-clinical studies are required.

#### **Environmental risk assessment**

The product is intended as a substitute for other identical products on the market. The approval of this product will not result in an increase in the total quantity of bisoprolol fumarate released into the environment. It does not contain any component, which results in an additional hazard to the environment during storage, distribution, use and disposal.

# II.3 Clinical aspects

Bisoprolol fumarate is a well-known active substance with established efficacy and tolerability.

A clinical overview has been provided, which is based on scientific literature. The overview justifies why there is no need to generate additional clinical data. Therefore, the Board agreed that no further clinical studies are required.

For this generic application, the MAH has submitted a bioequivalence study in which the pharmacokinetic profile of the test product Bisoprololfumaraat Aurobindo 10 mg (Aurobindo Pharma B.V., the Netherlands) is compared with the pharmacokinetic profile of the reference product Emcor 10 mg tablets (Merck, UK).

#### The choice of the reference product

The choice of the reference product in the bioequivalence study has been justified by comparison of dissolution results and compositions.

The formula and preparation of the bioequivalence batch is identical to the formula proposed for marketing.

# Design

A single-dose, randomised, two-period, two-treatment, two-sequence, crossover bioequivalence study was carried out under fasted conditions in 28 healthy male subjects, aged 18-42 years. Each subject received a single dose (10 mg) of one of the 2 bisoprolol fumarate formulations. The tablet was orally administered with 240 ml water after an overnight fast of 10 hours. There were 2 dosing periods, separated by a washout period of 12 days.

Blood samples were collected at 0.33, 0.67, 1.00, 1.33, 1.67, 2.00, 2.33, 2.67, 3.00, 3.33, 3.67, 4.00, 4.50, 5.00, 6.00, 8.00, 10.00, 12.00, 16.00, 24.00, 36.00 and 48.00 hours after administration of the products.

The study design is considered adequate for estimating the pharmacokinetic variables after administration of the test and reference products. Considering the observed half-life of approximately 10 hours the sampling scheme and washout period is adequate.

# Analytical/statistical methods

The analytical method has been adequately validated and is considered acceptable for analysis of the plasma samples. The methods used in this study for the pharmacokinetic calculations and statistical evaluation are considered acceptable.

#### Results

Twenty-eight subjects were eligible for pharmacokinetic analysis.

Table 1. Pharmacokinetic parameters (non-transformed values; arithmetic mean  $\pm$  SD,  $t_{max}$  (median, range)) of bisoprolol under fasted conditions.

Treatment	AUC <sub>0-t</sub>	AUC <sub>0-∞</sub>	C <sub>max</sub>	t <sub>max</sub>	t <sub>1/2</sub>
N=28	ng.h/ml	ng.h/ml	ng/ml	h	h
Test	576 ± 111	599 ± 118	36.79 ± 5.54	3.50	9.9 ± 1.3
Reference	527 ± 94	548 ± 101	35.35 ± 5.5	3.00	9.8 ± 1.3
*Ratio (90% CI)	1.09 (1.04 – 1.14)	1.09 (1.04 – 1.15)	1.04 (0.99 – 1.09)		
CV (%)	16	16	16		



AUC<sub>0.∞</sub> area under the plasma concentration-time curve from time zero to infinity

AUC<sub>0-t</sub> area under the plasma concentration-time curve from time zero to t hours

 $egin{array}{ll} C_{\text{max}} & \text{maximum plasma concentration} \\ t_{\text{max}} & \text{time for maximum concentration} \end{array}$ 

t<sub>1/2</sub> half-life

\*In-transformed values

The 90% confidence intervals calculated for  $AUC_{0-t}$ ,  $AUC_{0-\infty}$  and  $C_{max}$  are in agreement with those calculated by the MAH and are within the bioequivalence acceptance range of 0.80-1.25. Based on the pharmacokinetic parameters of bisoprolol under fasted conditions, it can be concluded that Bisoprololfumaraat Aurobindo 10 mg and Emcor 10 mg tablets are bioequivalent with respect to rate and extent of absorption, and fulfil the bioequivalence requirements outlined in the relevant CHMP Note for Guidance.

Bisoprolol may be taken without reference to food intake. From the literature it is known that food does not interact with the absorption of bisoprolol. Therefore, a food interaction study is not deemed necessary. The bioequivalence study under fasting conditions is in accordance with CPMP/EWP/QWP/1401/98 Note for Guidance on the investigation of bioavailability and bioequivalence.

According to the CPMP guideline "Note for guidance on the investigation of bioavailability and bioequivalence" (CPMP/EWP/QWP/1401/98), a bioequivalence study investigating only one tablet strength may be acceptable if all of the following conditions are fulfilled:

- the pharmaceutical products are manufactured by the same manufacturer and process
- the pharmacokinetics has been shown to be linear over the therapeutic range
- the qualitative composition of the different strengths is the same
- the ratio between amounts of active substance and excipients is the same
- the dissolution profile should be similar under identical conditions for the additional strengths and the strength of the biobatch.

All these conditions apply for Bisoprololfumaraat Aurobindo 5 mg and 10 mg film-coated tablets. Therefore the results of the bioequivalence study with the 10 mg strength formulation can be extrapolated to the other strength.

The MEB has been assured that the bioequivalence study has been conducted in accordance with acceptable standards of Good Clinical Practice (GCP, see Directive 2005/28/EC) and Good Laboratory Practice (GLP, see Directives 2004/9/EC and 2004/10/EC).

# Risk management plan

Bisoprolol was first approved in 1986, and there is now more than 10 years post-authorisation experience with the active substance. The safety profile of bisoprolol can be considered to be well established and no product specific pharmacovigilance issues were identified pre- or post-authorisation which are not adequately covered by the current SPC. Additional risk minimisation activities have not been identified for the reference medicinal product. The MAH has a pharmacovigilance system at their disposal, which is based on the current European legislation. Routine pharmacovigilance activities are sufficient to identify actual or potential risks and a detailed European Risk Management Plan is not necessary for this product.

#### **Product information**

#### SPC

The content of the SPC approved during this decentralised procedure is in accordance with that accepted for the innovator product Emcor.

#### Readability test

The package leaflet has not been evaluated via a user consultation study. Reference is made to the successfully user tested PIL for another bisoprolol fumarate product. Both products contain the same active substance. The leaflets therefore contain the same key messages for safe use. Both PILs have the

same layout and design. Separate user testing for the leaflet of Bisoprololfumaraat Aurobindo is not required.



# III OVERALL CONCLUSION AND BENEFIT-RISK ASSESSMENT

Bisoprololfumaraat Aurobindo 5 mg and 10 mg, film-coated tablets have a proven chemical-pharmaceutical quality and are generic forms of Emcor 5 and 10 mg tablets. Emcor is a well-known medicinal product with an established favourable efficacy and safety profile.

Bioequivalence has been shown to be in compliance with the requirements of European guidance documents.

The MAH has provided written confirmation that systems and services are in place to ensure compliance with their pharmacovigilance obligations.

The SPC is consistent with that of the reference product. The SPC, package leaflet and labelling are in the agreed templates.

The Board followed the advice of the assessors. The MEB, on the basis of the data submitted, considered that essential similarity has been demonstrated with the reference product, and has therefore granted a marketing authorisation. Bisoprololfumaraat Aurobindo 5 mg and 10 mg, film-coated tablets were authorised in the Netherlands on 9 August 2011.

The following post-approval commitment has been made during the procedure:

#### Quality - medicinal product

- The MAH committed to perform prospective validation studies on the first three production-scale batches of each strength.

# List of abbreviations

ASMF Active Substance Master File

ATC Anatomical Therapeutic Chemical classification

AUC Area Under the Curve BP British Pharmacopoeia

CEP Certificate of Suitability to the monographs of the European Pharmacopoeia

CHMP Committee for Medicinal Products for Human Use

CI Confidence Interval

C<sub>max</sub> Maximum plasma concentration

CMD(h) Coordination group for Mutual recognition and Decentralised procedure for

human medicinal products

CV Coefficient of Variation

DSC Differential Scanning Calorimetry
EDMF European Drug Master File

EDQM European Directorate for the Quality of Medicines

EU European Union
GCP Good Clinical Practice
GLP Good Laboratory Practice
GMP Good Manufacturing Practice

ICH International Conference of Harmonisation

MAH Marketing Authorisation Holder

MEB Medicines Evaluation Board in the Netherlands

OTC Over The Counter (to be supplied without prescription)

PAR Public Assessment Report Ph.Eur. European Pharmacopoeia

PIL Package Leaflet

PSUR Periodic Safety Update Report

SD Standard Deviation

SPC Summary of Product Characteristics

 $t_{1/2}$  Half-life

 $t_{\text{max}} \hspace{1.5cm} \text{Time for maximum concentration} \\$ 

TSE Transmissible Spongiform Encephalopathy USP Pharmacopoeia in the United States

# STEPS TAKEN AFTER THE FINALISATION OF THE INITIAL PROCEDURE - SUMMARY

Scope	Procedure number	Type of modification	Date of start of the procedure	Date of end of the procedure	Approval/ non approval	Assessment report attached
Transfer of the marketing authorisation.		MA transfer	3-10-2011	1-12-2011	Approval	N
Submission of updated Ph.Eur certificate of suitability from an already approved manufacturer.		IA	5-3-2012	13-3-2012	Approval	N