

Public Assessment Report

Scientific discussion

GlucoPET 250 MBq/ml, solution for injection (fludeoxyglucose (18F))

NL/H/4774/001/DC

23 January 2023

This module reflects the scientific discussion for the approval of GlucoPET 250 MBq/ml. The procedure was finalised at 30 September 2021. For information on changes after this date please refer to the 'steps taken after finalisation' at the end of this PAR.

List of abbreviations

AE	Alveolar echinococcosis
ASMF	Active Substance Master File
CEP	Certificate of Suitability to the monographs of the European Pharmacopoeia
CHMP	Committee for Medicinal Products for Human Use
CMD(h)	Coordination group for Mutual recognition and Decentralised procedure for human medicinal products
CMS	Concerned Member State
CNS	Central nervous system
CT	Computed tomography
EDMF	European Drug Master File
EDQM	European Directorate for the Quality of Medicines
EEA	European Economic Area
EF	Ejection fraction
ERA	Environmental Risk Assessment
FUO	Fever of unknown origin
GLUT1	Facilitative glucose transporter
ICH	International Conference of Harmonisation
ID	Injected dose
LN	Lymph node
LV	Left ventricle
LVEF	Left ventricular ejection fraction
MAH	Marketing Authorisation Holder
MRI	Magnetic resonance imaging
MTLE	Mesial temporal lobe epilepsy
PET	Positron emission tomography
Ph.Eur.	European Pharmacopoeia
PL	Package Leaflet
RH	Relative Humidity
RMP	Risk Management Plan
SPECT	Single photon emission computed tomography
SmPC	Summary of Product Characteristics
TSE	Transmissible Spongiform Encephalopathy
UPT	Unknown primary tumours
U/S	Ultrasound scans

I. INTRODUCTION

Based on the review of the quality, safety and efficacy data, the Member States have granted a marketing authorisation for GlucoPET 250 MBq/ml, solution for injection, from GE Healthcare B.V.

This medicinal product is for diagnostic use only.

The active substance (fludeoxyglucose (^{18}F)) is indicated for use with positron emission tomography (PET) in adults and pediatric patients. The active substance is abbreviated as ^{18}F -FDG throughout this report.

Oncology

In patients undergoing oncologic diagnostic procedures describing function or diseases where enhanced glucose influx of specific organs or tissues is the diagnostic target. The following indications are sufficiently documented (see also section 4.4 of the SmPC):

Diagnosis:

- Characterisation of solitary pulmonary nodule;
- Detection of cancer of unknown origin, revealed for example by cervical adenopathy, liver or bones metastases;
- Characterisation of a pancreatic mass.

Staging:

- Head and neck cancers including assistance in guiding biopsy;
- Primary lung cancer;
- Locally advanced breast cancer;
- Oesophageal cancer;
- Carcinoma of the pancreas;
- Colorectal cancer particularly in restaging recurrences;
- Malignant lymphoma;
- Malignant melanoma, Breslow >1.5 mm or lymph node metastasis at first diagnosis.

Monitoring of therapeutic response:

- Malignant lymphoma;
- Head and neck cancers.

Detection in case of reasonable suspicion of recurrences:

- Glioma with high grade of malignancy (III or IV);
- Head and neck cancers;
- Thyroid cancer (non-medullary): patients with increased thyroglobulin serum levels and negative radioactive iodine whole body scintigraphy;
- Primary lung cancer;

- Breast cancer;
- Carcinoma of the pancreas;
- Colorectal cancer;
- Ovarian cancer;
- Malignant lymphoma;
- Malignant melanoma.

Cardiology

In the cardiologic indication, the diagnostic target is viable myocardial tissue that takes-up glucose but is hypo-perfused, as it must be assessed beforehand using appropriate blood-flow imaging techniques.

- Evaluation of myocardial viability in patients with severe impaired left ventricular function who are candidates for revascularisation when conventional imaging modalities are not contributive.

Neurology

In the neurologic indication the interictal glucose hypometabolism is the diagnostic target.

- Localisation of epileptogenic foci in the presurgical evaluation of partial temporal epilepsy.

Infectious or inflammatory diseases

In infectious or inflammatory diseases, the diagnostic target is tissue or structures with an abnormal content of activated white blood cells.

In infectious or inflammatory diseases, the following indications are sufficiently documented:

Localisation of abnormal foci guiding the aetiologic diagnosis in case of fever of unknown origin.

Diagnosis of infection in case of:

- Suspected chronic infection of bone and/or adjacent structures: osteomyelitis, spondylitis, diskitis or osteitis including when metallic implants are present;
- Diabetic patient with a foot suspicious of Charcot's neuroarthropathy, osteomyelitis and/or soft tissue infection;
- Painful hip prosthesis;
- Vascular prosthesis;
- Fever in an AIDS patient;
- Detection of septic metastatic sites in case of bacteraemia or endocarditis (see also section 4.4 of the SmPC).

Detection of the extension of inflammation in case of:

- Sarcoidosis;
- Inflammatory bowel disease;
- Vasculitis involving the great vessels.

Therapy follow-up:

Unresectable alveolar echinococcosis, in search for active localisations of the parasite during medical treatment and after treatment discontinuation.

A comprehensive description of the indications and posology is given in the SmPC.

Rationale

Currently, anatomical imaging modalities such as computed tomography (CT), magnetic resonance imaging (MRI) and ultrasound scans (U/S), play a key role in the diagnosis and treatment of cancer patients. They yield high quality morphological information that clinicians can use in patient management. However, they also present with several important shortcomings. For example, some early malignant changes may not be accompanied by anatomical changes and may therefore not be apparent with these techniques. It is generally recognised that the earlier the stage a cancer is detected at, the better the prognosis. In addition, post treatment changes are usually indistinguishable from recurrence or residual disease. Functional imaging with ¹⁸F-FDG tries to overcome these issues. ¹⁸F-FDG uptake is not based on size or structural changes but on two key characteristics: the presence of living cells and their metabolic status.

Legal base

The marketing authorisation has been granted pursuant to Article 10a of Directive 2001/83/EC. For this type of application, MAHs need to demonstrate that the active substance of the medicinal product has been in well-established medicinal use within the Community for at least ten years in the specific therapeutic use. The results of non-clinical and clinical trials are replaced by detailed references to published scientific literature. The MAH also submitted data showing that the bioavailability of GlucoPET is similar to the bioavailability of the product most commonly studied in the scientific literature.

The concerned member state (CMS) involved in this procedure was Norway.

II. QUALITY ASPECTS

II.1 Introduction

GlucoPET 250 MBq/ml is a clear, colourless or slightly yellow solution.

The product contains as active substance 250 MBq of ¹⁸F-FDG at the date and time of calibration per ml.

The solution is packed in in clear glass Ph.Eur. type I vials, sealed with a chlorobutyl rubber type I closure suitable for multiple piercing and an aluminum cap. One single vial contains 1 to 10 ml solution, corresponding to 250 MBq to 2,5 GBq at calibration.

The excipients are disodium citrate sesquihydrate (E-331), sodium citrate dihydrate (E-331), sodium chloride, hydrochloric acid, ethanol 100% and water for injection.

II.2 Drug Substance

The active substance is ^{18}F -FDG, an established active substance described in the European Pharmacopoeia (Ph.Eur.). ^{18}F -FDG is a white powder, freely soluble in water and practically insoluble in acetonitrile, ethanol and diethyl ether.

Manufacturing process

The active substance is formed during the synthetic process carried out by an automated synthesiser and is formulated into the finished product ^{18}F -FDG solution for injection. The active substance is synthesised in three chemical steps and is further purified and pH adjusted during the continuous manufacturing process. The synthetic route and the use of automated computer-assisted synthesizers are common for this type of drug substance and are therefore considered adequately described.

Quality control of drug substance

No specification has been defined for the drug substance as the manufacture of the drug substance and drug product is a continuous process. Critical steps in the manufacturing process are drying, labelling and hydrolysis.

Stability of drug substance

No stability data have been generated for the drug substance as the manufacture of the drug substance and drug product is a continuous process.

II.3 Medicinal Product

Pharmaceutical development

The product is an established pharmaceutical form and its development is adequately described in accordance with the relevant European guidelines.

The development of the product has been described, the choice of excipients is justified and their functions explained. The main goal was to develop a product that complies with the Ph.Eur. monograph on ^{18}F -FDG injection. A common synthetic route has been chosen. Formulation development was supported by a design of experiments exploring the best combination of the amount of radioactivity, type of buffer, and amount of ethanol, resulting in the currently proposed composition. The manufacturing process includes sterile filtration of the bulk solution followed by aseptic filling of the vials. The choice of the sterilisation method is reasonable in view of the type of product, set up of the automated process, and short half-life.

Manufacturing process

The manufacturing process has been validated according to relevant European/ICH guidelines. The manufacturing process of the drug product includes dilution of the drug substance solution to the nominal radioactive concentration, mixing, sterile filtration, and filling into vials. The description of the manufacturing process is considered acceptable. Process validation data on the product has been presented for three manufacturing runs and four double manufacturing runs covering the boundaries of the process.

Control of excipients

Except for disodium citrate sesquihydrate, all excipients comply with the Ph.Eur. These specifications are acceptable.

Quality control of drug product

The finished product specifications are adequate to control the relevant parameters for the dosage form. The specification largely in accordance with the monograph for ¹⁸F-FDG injection in the Ph.Eur. and includes tests for appearance, radionuclidic identity, radiochemical identity, radionuclidic purity, radiochemical purity, chemical purity, residual solvents, ethanol, pH, bacterial endotoxins, radioactivity concentration, radioactive content, and sterility. Limits in the specification have been justified and are considered appropriate for adequate quality control of the product. The release and shelf life specifications are identical except for the test for endotoxins which is only carried out at release. The proposed drug product specification is acceptable. The absence of a test for the Ph.Eur. impurities A, C, and D has been justified. Radiopharmaceuticals are in the scope of the Art. 5(3) Referral on Nitrosamines. A risk evaluation addressing all currently known sources for nitrosamines listed in the EMA Q&A identified no risk.

Satisfactory validation data for the analytical methods have been provided.

The batch analysis results of the process validation batches (three manufacturing runs and four double manufacturing runs) demonstrate compliance with the release specification.

Stability of drug product

Stability data on the product have been provided for three manufacturing and four double manufacturing process validation batches in accordance with applicable European guidelines demonstrating the stability of the product for 12 hours. As the vials are multidose vials, an in-use study was carried out with two drug product batches simulating multiple piercing of the stoppers. This in-use study supports the claimed shelf life of 12 hours. On basis of the data submitted, a shelf life was granted of 12 hours if stored below 25°C.

Specific measures concerning the prevention of the transmission of animal spongiform encephalopathies

There are no substances of ruminant animal origin present in the product nor have any been used in the manufacturing of this product, so a theoretical risk of transmitting TSE can be excluded.

II.4 Discussion on chemical, pharmaceutical and biological aspects

Based on the submitted dossier, the member states consider that GlucoPET 250 MBq/ml has a proven chemical-pharmaceutical quality. Sufficient controls have been laid down for the active substance and finished product.

No post-approval commitments were made.

III. NON-CLINICAL ASPECTS

III.1 Pharmacology

III.1.1 Primary pharmacodynamics

The key to the use of ^{18}F -FDG is having similar kinetics and biochemical properties as glucose. ^{18}F -FDG is transported across the cell membrane into the cytosol by the same carrier mechanism as glucose. The MAH states that increased facilitative glucose transporter (GLUT1) expression is described in many cancers, including breast, lung, kidney, urinary bladder, stomach, colorectum, endometrium, thyroid, head and neck, liver, ovary, salivary gland, and prostate cancer due to a high metabolic rate and fast growth environment. GLUT1 is a high-affinity glucose transporter, which is restricted to erythrocytes and blood-tissue barriers in most normal tissues. Choi et al (2019) showed that human erythrocytes can be sufficiently labelled with ^{18}F -FDG to acquire whole body images of the vasculature of splenectomised immunodeficient mice using a small animal positron emission tomography (PET)/CT scanner.

According to Wuest et al. (2017), sensitivity and specificity of ^{18}F -FDG imaging is limited in some cancers including breast cancer, mainly due to insufficient expression levels of GLUT1 in up to 50% of all patients. Therefore, the uptake characteristics of several hexose-based PET radiotracers were investigated in murine breast cancer model EMT6. The uptake of ^{18}F -FDG was however the highest, which is for a large part ascribed to metabolic trapping through phosphorylation by hexokinase II. The authors of the publication point to the importance of the GLUT expression levels.

Mochizuki et al. (2001) studied GLUT subtypes in mice with inflammatory lesions and compared the results with those in malignant tumours in relation to ^{14}C -FDG accumulation. The ^{14}C -FDG uptake was significantly higher in the tumour lesion (2.04 ± 0.38 % injected dose (ID)/g) than in the inflammatory lesion (0.72 ± 0.15 %ID/g). The tumour and inflammatory tissues highly expressed GLUT1 and GLUT3. The GLUT1 expression level was significantly higher in the tumour tissue than in the inflammatory tissue. This may partially explain the higher FDG accumulation in the tumour compared to the inflammatory tissue.

Within a given tissue or pathophysiological process, the retention and clearance of ^{18}F -FDG primarily reflects a tripartite dynamic balance involving glucose transporter, hexokinase and glucose-6-phosphatase activities [Smith, 2001]. This study concluded that the rate-limiting step for FDG incorporation is highly complex, is dependent on a variety of factors and that no single step (i.e. glucose transport, phosphorylation or dephosphorylation) is likely to control FDG incorporation in tumours.

Concluding on this: metabolism can be imaged and quantified using ^{18}F -FDG, because it can act as a substrate for glucose in cells. Inside the cell, it is phosphorylated by hexokinase and as such trapped inside the cell. Metabolism can then be quantified by measuring the retained [^{18}F]FDG-6-phosphate by PET. ^{18}F -FDG is thought to accumulate more in tumour tissue than in healthy tissue because of the higher glucose utilisation in tumours and higher expression of glucose transporter GLUT1. Sufficient information was provided to support the primary pharmacodynamics of ^{18}F -FDG.

No studies were provided regarding secondary pharmacodynamics and safety pharmacology and regarding pharmacodynamic drug interactions. Considering the specific action of ^{18}F -FDG and the existing clinical experience this is acceptable. Agents that modify blood glucose levels may affect the sensitivity of the examination. A warning is included in section 4.5 of the SmPC. Other pharmacodynamic interactions are not expected.

III.2 Toxicology

III.2.1 Single dose toxicity

The information in the non-clinical overview was based on a public assessment report from the MHRA. According to the Notice to MAHs (chapter 1, section 5.4 of volume 2A), documents such as EPARs cannot be used to fulfil the requirements for a Well Established Use application, because they do not contain sufficient detail. Nevertheless, the Guideline on the Non-Clinical Documentation for Mixed Marketing Authorisation Applications (CPMP/SWP/799/95) states that single and repeated dose toxicity investigations are normally not necessary. Considering that toxicity is not expected for this glucose derivative at the recommended use and considering the clinical experience with ^{18}F -FDG, additional single dose studies are not necessary.

III.2.2 Repeat-dose toxicity

Toxicology studies in mice and dogs were described in the publication by Reivich et al (1979). The results were only described very briefly. However, considering that toxicity is not expected for this glucose derivative at the recommended use and considering the clinical experience with ^{18}F -FDG, additional repeated dose studies are not necessary.

III.3 Ecotoxicity/environmental risk assessment (ERA)

Since GlucoPET 250 MBq/ml is intended for generic substitution by well-established use, this will not lead to an increased exposure to the environment. An environmental risk assessment is therefore not deemed necessary.

III.4 Discussion on the non-clinical aspects

The submission is intended for well-established use. As such, the MAH has not provided additional non-clinical studies and further studies are not required. An overview based on literature review is, thus, appropriate. The effects of ^{18}F -FDG are well known, and the literature on pharmacology, pharmacokinetics and toxicology has been adequately reviewed in the MAH's non-clinical overview.

IV. CLINICAL ASPECTS

IV.1 Pharmacokinetics

GlucopET 250MB/ml is a solution for injection and, therefore, bioequivalence studies may be waived. Bridging the current test product with the available literature based on quality, as currently provided in the response, is thus considered appropriate. The formulation of GlucopET is based upon a citrate buffering system, whereas formulations based on phosphate buffer are also available, i.e. Steripet. Long et al. (2013) compared the use of the citrate buffer FASTlab cassettes against the phosphate buffer cassettes using the FASTlab synthesizer and concluded that there were no differences in radiochemical yield and minor differences in other parameters such as radiochemical purity, pH, and residual solvents which would not affect the clinical performance of the products as all values fell within the limits set by the United States Pharmacopeia and Food and Drug Administration. Additionally, the MAH argued that from an intravenous injection perspective, the pH of both tracers are typical for iv administration. Furthermore, the qualities of components of the formulation are insignificant when considering the volume of product injected directly (typically 1-10mL), which is instantly diluted into the volume of plasma. The RMS considered the presumptions plausible. Nevertheless, in order to confirm the assumption that the formulation buffer would not impact the clinical performance, the MAH performed a literature search. However, although extensive number of published articles which discuss the performance and value of FDG as a PET trace are available, these articles only cite the administered radioactivity as the primary component of the injected product and not the formulation used.

Moreover, the MAH has provided two articles (Carlson et al. 2020 and Cui et al. 2016) in which according the MAH FDG citrate has been used. However, in these articles references to the FDG citrate or DDG citrate FASTlab cassette could not be found.

To conclude, references to the use of the specific formulation for FDG based on citrate in published articles could not be made, due to the fact that specific information on the formulation of the FDG in is not presented. Consequently, bridging of the literature results to the product at issue is not feasible. Nevertheless, considering that GlucopET is a solution for injection, justification based on quality is considered sufficient. In this respect, considering that Glucopet is generated conform the monograph of the European Pharmacopoeia, it can be concluded that the literature results can be transferred to the products at issue.

IV.2 Pharmacodynamics

GlucopET is used for diagnostic purpose only and does not exhibit any pharmacologic activity. The mechanism of action of ^{18}F -FDG is described and can be considered sufficient. ^{18}F -FDG has a long standing and well known use in various therapeutic areas.

IV.2.1 Pharmacodynamic interactions with other medicinal products or substances

The MAH has performed a literature review to evaluate the interaction of medicinal products with the FDG scan. In agreement with the information in section 4.5 of the proposed SmPC, it was concluded that the central issue of drug interaction is based upon the medicinal products

modifying the glucose status of the patient. In this respect, the MAH adequately referred to articles which described drugs known to interact with blood glucose levels.

The aim of the fasting procedure is to maintain the blood glucose levels at approximately 80-100mg/dL for the duration of the period post FDG administration as well as during the acquisition period (Dudoignon et al., 2020). Higher and variable blood glucose levels caused by medicinal interactions interfere with the cellular influx of glucose and when scanning with FDG cause the radioactive signal to increase in background tissue such as bone and muscle therefore obscuring the tumour or lesion uptake of interest (Surasi et al., 2014). Ultimately the aim is to produce diagnostic scans where the lesion can be accurately and consistently quantified using methods such as the SUVr measure (Ziai, 2016). Additionally, patient preparation protocols for FDG scanning can be elaborated and consequently many societies are providing guidance for the most optimal dietary and fasting procedures for specific protocols. Once such example is the recent recommendation for the scanning of cardiac sarcoidosis (Christopoulos et al., 2019) as well as consensus for rescheduling the FDG scan if the patient is hyperglycaemic over a certain threshold (Dudoignon et al., 2020).

From the drug interaction perspective any medicinal product that is known to interact with blood glucose levels could affect the quality and interpretability of the FDG examination. Corticosteroids such as dexamethasone increase blood glucose (Bowyer et al., 2017). Other drugs such valproate which is used for the treatment of epilepsy and bipolar disease can increase blood glucose levels by interfering with the cellular glut transporters (Wong et al., 2005) whilst carbamazepine has been shown in case histories to cause hyperglycemia which reverts to normal when the medication is withdrawn (Harika et al., 2019). Hyperglycemia due to phenytoin toxicity was reported as long ago in 1971 (Treasure et al., 1971) whereas a more recent review discusses the issue in paediatric patients (Tosur et al., 2020). The barbiturate phenobarbital is known to increase liver metabolising/enzyme activities (Zaccara et al., 2014) and can modulate insulin and blood glucose levels (Sotaniemi et al., 1989) whilst the catecholamines have a marked metabolic effects particularly on utilisation of glucose (Barth et al, 2007). The impact of metformin leading to diffuse bowel signal after an FDG scan is well known(26) and may impact the accuracy of scan interpretation (Steenkamp et al., 2014). There is some suggestion to withhold metformin for several days prior to the FDG scan (Schreuder et al, 2020) however many institutions prefer to keep the patient on the metformin rather than risk the rise in blood glucose which inevitably leads to a variable quality FDG scan (Okamoto et al., 2019).

IV.3 Clinical efficacy

IV.3.1 Introduction

This section provides a literature-based clinical overview addressing the indications and safety profile of ¹⁸F-FDG as described in the Guideline and core SmPC and package leaflet EMA/CHMP/448228/2012 published on 19 July 2012. The literature included is extracted from a first clinical expert review conducted in 2005, which contains evidence reviewed by the German Nuclear Medicine Society (Reske & Kotzerke, 2001), the FDA [Federal Register, Vol. 65, No. 48, 12999-13010] and “A Tabulated Summary of the ¹⁸F-FDG PET Literature” published by the American Society of Nuclear Medicine (Gambhir et al. 2001). In order to supplement

this section further evidence is extracted from clinical expert review updates from 2013-2016 and UpToDate literature reviews current up to January 2019.

IV.3.2 Dose-response studies

Is it acknowledged that the proposed doses to be used in both adults and children are following the well-established recommendations provided by many scientific societies such as EANM and SNMMI. A weight-based approach is recommended to allow for an adequate image quality and no restrictions are reported for children use based on this approach.

IV.3.3 Main studies

IV.3.3.1 Clinical applications of ^{18}F -FDG in oncology

Currently, anatomical imaging modalities such as CT, MRI and U/S, play a key role in the diagnosis and treatment of cancer patients. They yield high quality morphological information that clinicians can use in patient management. However, they also present with several important shortcomings. Some early malignant changes may not be accompanied by anatomical changes and may therefore not be apparent with these techniques. It is generally recognised that the earlier the stage a cancer is detected at, the better the prognosis. In addition, post treatment changes are usually indistinguishable from recurrence or residual disease. Functional imaging with ^{18}F -FDG tries to overcome these issues. ^{18}F -FDG uptake is not based on size or structural changes but on two key characteristics: the presence of living cells and their metabolic status.

Warburg demonstrated in 1956 that malignant cells had poorer metabolic capabilities as opposed to non-malignant cells (Warburg et al., 1956). Additional research also showed that the activity of the hexokinase (an enzyme that adds phosphorous to sugars such as glucose) was higher in tumour cells than in normal cells, explaining the increased uptake of ^{18}F -FDG (Monakhov et al., 1978). Increased carbohydrate metabolism inside the malignant cell can further be explained by the greater activity of the glycolytic enzymes compared with gluconeogenic enzymes (Weber et al., 1977). According to this relatively increased avidity of neoplastic cells for glucose, ^{18}F -FDG, being an analogue of glucose will accumulate at higher rates in tumour cells as compared with non-neoplastic cells.

^{18}F -FDG PET is more accurate than computed tomography in differentiating benign from malignant lesions as small as 0.7 to 1 cm in diameter (Vansteenkiste et al., 2006). It is estimated that 96 percent of patients with lung cancer will have an abnormal ^{18}F -FDG PET (i.e. sensitivity) and 79 percent of patients without lung cancer will have a normal ^{18}F -FDG PET (i.e. specificity), a diagnostic accuracy of 91 percent (Fischer et al., 2001, Vansteenkiste et al., 2001, Vansteenkiste et al., 2006).

^{18}F -FDG PET correctly excludes cancer in most cases (i.e. good negative predictive value) (Fischer et al. 2001, Vansteenkiste et al. 2001, Vansteenkiste et al. 2004, Vansteenkiste et al. 2006). However, it is not uncommon for an ^{18}F -FDG PET positive nodule to be infectious, inflammatory, or granulomatous in origin (i.e. moderate positive predictive value) (Vansteenkiste et al. 2006).

False-negative results can occur with tumors that have low metabolic activity (eg, adenocarcinoma in situ, carcinoids, and some well-differentiated adenocarcinomas), small

lesions (a critical mass of metabolically active malignant cells is required for detection by PET), and uncontrolled hyperglycemia, which leads to glucose saturation and subsequent delayed uptake of ^{18}F -FDG since glucose competes with deoxy-2-fluoro-D glucose for the transmembrane transport into the cell (Lowe et al. 1998, Vansteenkiste et al. 2006). False positive results can occur in inflammatory conditions and granulomatous diseases (Vansteenkiste et al. 2006).

The average ^{18}F -FDG PET sensitivity and specificity across all oncology applications are estimated at 84% (based on 18,402 patient studies) and 88% (based on 14,264 patient studies), respectively. The average management change across all applications is estimated to be 30% (based on 5,062 patients). These data were obtained combining 419 total articles and abstracts on studies in which ^{18}F -FDG PET was used (Gambhir et al. 2001).

German Interdisciplinary Consensus on the Clinical use of ^{18}F -FDG PET

A questionnaire comprising 24 items was developed for standardised quality assessment according to evidence-based medicine criteria. Out of a total of 533 papers selected, 122 references with 7,092 documented patients fulfilled the criteria for detailed review. Clinical indications (Grade 1a or 1b) were established for differentiating benign from malignant lesions in pulmonary nodules, pancreatic masses and residual masses after chemotherapy in malignant lymphoma (Reske & Kotzerke, 2001).

Staging was improved by ^{18}F -FDG PET in oesophageal cancer, breast cancer, head and neck cancer, lung cancer, malignant lymphoma and malignant melanoma. Effectiveness of radioand/ or chemotherapy could be better controlled in Hodgkin's disease and high-grade non-Hodgkin's lymphoma. Restaging was improved in relapsing thyroid cancer, colorectal cancer, head and neck cancer, lung cancer and malignant melanoma (Reske & Kotzerke, 2001).

FDA Review on the Safety and Effectiveness for Evaluating Glucose Metabolism in Oncology

The FDA's search of the published literature revealed about 150 articles involving clinical trials with ^{18}F -FDG injection in oncology. Of these, the agency identified 16 articles that met the review criteria and had both a study population of greater than 50 and histopathologic confirmation of the type of malignancy. Two of the articles involved adequate and well-controlled trials [Federal Register, Vol. 65, No. 48, 12999-13010].

The review concludes that ^{18}F -FDG can be found to be safe and effective in PET imaging for assessing abnormal glucose metabolism to assist in evaluating malignancy in patients with known or suspected abnormalities found by other testing modalities or in patients with an existing diagnosis of cancer.

Summary of the ^{18}F -FDG Literature published by the Society of Nuclear Medicine

A total of 775 references were retrieved from the literature for our review, out of which 473 were included and 302 were excluded for not meeting the standard of evidence required criteria. (Gambhir et al. 2001).

Central nervous system

^{18}F -FDG has been evaluated in scenarios where structural imaging techniques (CT/MRI) have shortcomings.

Experience in patients shows that ^{18}F -FDG can differentiate between malignant and benign tissues in cases where recurrence or residual brain tumour is suspected on structural images (Bader et al. 1999, Sasaki et al. 1998). ^{201}Tl and labelled aminoacids (IMT or MET) could possibly do the same. However, ^{18}F -FDG may have several advantages in selected patients. This tracer showed positive correlation with histology grade as opposed to ^{123}I IMT and ^{11}C MET (Bader et al. 1999, Sasaki et al. 1998). When dealing with low grade tumours, ^{18}F -FDG showed no false positive results while ^{201}Tl had a significant number of them (Sasaki et al. 1998); this would lead to unnecessary treatments. The half-life of ^{11}C is about 20 minutes and consequently this makes the imaging acquisition protocol very demanding. ^{201}Tl has been widely used in nuclear oncology, but also has disadvantages compared with ^{18}F -FDG, namely lower spatial resolution and higher radiation dose to the patient due to a much longer half-life (see Section 2.5.5 “Overview of safety”). Additionally, patients with intracranial neoplasms can have an entire body survey without extra radiation dose by whole body PET scans, in search of a primary source of brain metastases (Kim et al. 1998, Gupta et al. 1999). Finally, ^{18}F -FDG can also provide prognostic information since those patients with residual abnormal uptake after therapy interventions seem to have significantly worse survival rates than those where it is absent (De Witte et al. 2001, Roelcke et al. 1999, Ericson et al. 1996).

Head and neck cancer

^{18}F -FDG avidly accumulates in primary head and neck tumours (Wong et al. 1997). PET scanning of the head and neck area represents a reasonable alternative to panendoscopy but has a significant rate of false positives when the chest is included in the field of view (Keyes et al. 2000). However, ^{18}F -FDG has higher sensitivity and specificity than CT/MRI in detecting LN metastases in primary and recurrent cancer (Table 1).

Table 1. ^{18}F -FDG PET versus CT/ MRI, U/S and neck palpation in lymph node staging in patients with head and neck cancer (N=434).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	82 [67-91]	93 [80-100]	79 [48-94]	93 [82-99]	90 [79-96]
CT/MRI	74 [33-95]	72 [25-97]	60 [20-86]	95 [78-98]	89 [57-93]
U/S	72	70	19	96	70
Palpation	61	97	72	95	93

References: Adams *et al.* 1998, Kau *et al.* 1999, McGuirt *et al.* 1998, Safa *et al.* 1999, Braams *et al.* 1995, Benchaou *et al.* 1996, Wong *et al.* 1997.

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy. Values are average; ranges are in “[]”.

Characterising structural abnormalities after therapy has important implications in clinical management and ^{18}F -FDG has been shown to be able to detect early recurrence and residual disease, reducing the need for multiple random biopsies, a clearly uncomfortable test for the patients (Table 2).

Table 2. ¹⁸F-FDG PET versus other modalities in the investigation of recurrent head and neck cancer (N=268).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	91 [80-100]	89 [81-96]	70	94	90 [85.7-97]
CT/MRI	61 [22-72]	89 [79-100]	N/R	N/R	65 [64.3-66]
U/S	63	65	42	81	64

References: Goerres *et al.* 2000, Greven *et al.* 1997, Kao *et al.* 1998, Lapela *et al.* 1995a, Lapela *et al.* 2000, Li *et al.* 2001, Lowe *et al.* 1999, Lowe *et al.* 2000.

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy. Values are average. Ranges are in “[]”. N/R: Not reported.

Surveying the entire body with ¹⁸F-FDG PET in search of a primary malignancy that debuts as metastatic LN in the head and neck area is also a valid alternative when the primary source has not been found (Braams *et al.* 1997, Safa *et al.* 1999). ¹⁸F-FDG can also detect early recurrence following failure of therapy in patients with head and neck cancer, allowing for an early change in patient therapy and avoiding the co-morbidities of an anti-cancer regimen with no obvious benefit to patients (Kitagawa *et al.* 1999, Lowe *et al.* 1997).

Finally, it is important to mention that the degree of uptake can yield prognostic information since this is the result of the aggressiveness of the tumour (Minn *et al.* 1997), a clear advantage over structural imaging modalities. Lastly, ¹⁸F-FDG can be used not only with hybrid cameras but also as an acceptable alternative to dedicated systems (Pai *et al.* 1999).

Thyroid Cancer

There is enough evidence that ¹⁸F-FDG has several added advantages in the management of patients with differentiated thyroid carcinoma:

- ¹⁸F-FDG can differentiate between benign and malignant nodules within the thyroid gland with an accuracy of 73% (Sasaki 1997).
- ¹⁸F-FDG PET can yield additional information in the staging and can depict sites of tumour when ¹³¹I whole body scintigraphy [WBS] images are negative in those patients with rising tumour markers and no evidence of disease, in 50-95% of the cases depending upon the series (Dietlein *et al.* 1998, Feine *et al.* 1996, Grunwald *et al.* 1996, 1997)
- A mismatching lesion with poor or no ¹³¹I concentration but pathological uptake of ¹⁸F-FDG correlates with cellular de-differentiation which has poor prognosis (Wang *et al.* 2000, Feine *et al.* 1996)
- Finally, there is no indication that thyroid replacement therapy could affect the reliability of ¹⁸F-FDG PET scans results and therefore patients do not need to stop hormonal therapy; avoiding the co-morbidities of a hypothyroid state. Therapy withdrawal is necessary for an accurate ¹³¹I WBS (administration of recombinant Thyroid Stimulating Hormone [TSH] injections is an expensive alternative) (Wang *et al.* 1999).

Lung Cancer, including Single Pulmonary Nodule

Differential uptake of ¹⁸F-FDG by indeterminate pulmonary lesions (as shown by either simple visual or quantitative analysis) can help in the differentiation of benign from malignant disease (Gupta *et al.* 1998, Duhaylongsod *et al.* 1995). The accuracy of this radiopharmaceutical as shown by these series is higher than 90% (n=148). However, sensitivity may decrease if small lesions (<1cm) are evaluated with conventional Single photon emission computed

tomography (SPECT) cameras equipped with high energy collimators instead of dedicated PET scanners (Mastin et al. 1999) and with hybrid cameras (Tatsumi et al. 1999). In the assessment of possible mediastinal involvement from lung cancer, ¹⁸F-FDG exhibits higher accuracy than CT (Sasaki et al. 1996, Sazon et al. 1996). Table 3 shows the differences in sensitivity and specificity between ¹⁸F-FDG PET and CT in the evaluation of lymph node metastases in patients with lung cancer.

Table 3. ¹⁸F-FDG PET and CT in the evaluation of lymph node metastases in patients with lung cancer (N=208).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	84 [67-100]	87 [75-98]	74 [64-91]	93 [89-100]	75 [78-99]
CT	63 [52-72]	84 [79-89]	63 [60-67]	83 [82-83]	51 [67-78]

References: Higashi *et al.* 1998c, Tatsumi *et al.* 1999, Bury *et al.* 1996a, Chin *et al.* 1995, Scott *et al.* 1996, Nettelbladt *et al.* 1998, Magnani *et al.* 1999, Patz *et al.* 1995.

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy. Values are averages. Ranges are in “[]”.

¹⁸F-FDG can complement information derived from structural imaging, mainly CT in the evaluation of lung malignancy (Albes et al. 1999, Magnani et al. 1999, Vansteenskiste et al. 1998a) (n=123), and possible metastases to the adrenal glands (Erasmus et al. 1997) (n=27). Patients undergoing therapy (surgery, chemo or radiation therapy) for lung cancer can benefit from the functional information obtained from an ¹⁸F-FDG scan, since early detection of recurrent/residual disease is not dependent on the therapy induced structural changes (n=199) (Inoue et al. 1995, Frank et al. 1995, Bury et al. 1999, Vansteenskiste et al. 1998b) as well as predicting response to therapy (n=30) (Ichiya et al. 1996).

Some studies have also correlated the degree of ¹⁸F-FDG uptake with biological markers of the tumour. There is a significant inverse correlation between the degree of uptake and the degree of cell differentiation (Higashi K et al. 1998b), meaning that the higher the accumulation the less differentiation at the cellular level, which is also correlated with aggressiveness of the tumour (Higashi K et al. 2000) and this can be used to assess patients' survival rates (n=64).

In a large series with 105 patients, ¹⁸F-FDG was able to change patient treatment options in 62 cases by accurately either upstaging or downstaging patients and directing delivery of radiation therapy (Kalff et al. 2001), which led to better patient management.

Gupta et al. (1996) found that abnormal ¹⁸F-FDG uptake in radiographically indeterminate pulmonary nodules had 83% probability of being malignant, but those lesions without uptake only carried a 4.3% probability (n=63) (Gupta et al. 1996). The experience in 189 patients (Bury et al. 1996b, Lowe et al. 1998, Prauer et al. 1998) shows that ¹⁸F-FDG can accurately predict malignancy in cases with indeterminate SPN by structural images, as shown in Table 4.

Table 4. ¹⁸F-FDG PET and CT in the evaluation of SPN (N=189).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	95 [90-100]	82 [69-90]	94	100	87
CT	100*	52	74	100	N/R

References: [Bury et al. 1996b](#), [Lowe et al. 1998](#), [Prauer et al. 1998](#).

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy. Values are averages. Ranges are in “[]”. N/R: Not reported.

* Sensitivity of CT for detecting SPN is considered to be 100 since this is a screening test and all patients were sent to ¹⁸F-FDG PET imaging after being found to have SPN by CT.

It should be noted that, when using ¹⁸F-FDG in conjunction with conventional SPECT cameras equipped with high energy collimators (specially designed to detect 511 KeV photons), smaller nodules (i.e.: <2 cm) can remain undetected ([Worsley et al. 1997](#)) due to the lower spatial resolution and system sensitivity.

Breast Cancer

¹⁸F-FDG has been evaluated in the differential diagnosis of breast lesions. The published series indicate that this radiopharmaceutical can differentiate benign from malignant tissue within the breast (n=124) with a sensitivity of 68-94% and a specificity of 84-97% ([Avril et al. 1996a](#), [Avril et al. 1997](#)). It can also aid in evaluating the extent of the primary cancer if the entire body is surveyed, having a higher accuracy than physical examination (n=57) ([Scheidhauer et al. 1996](#), [Noh et al. 1998](#)), and detecting metastatic LN and other unsuspected sites of disease (n=51) ([Avril et al. 1996b](#)). Imaging with ¹⁸F-FDG also provides the additional advantage of not being affected by structural changes, i.e. those related with therapeutic or plastic surgery ([Noh et al. 1998](#)). In the evaluation of the LN status in the axillae, ¹⁸F-FDG has higher accuracy than physical exam (see Table 5), although is not considered a replacement for axillary lymph node dissection (n=167) ([Greco et al. 2001](#)).

Table 5. ¹⁸F-FDG PET versus physical examination (PE) in the evaluation of axillary LN metastases from breast cancer (N=620).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	89 [79-100]	85 [66-97]	95	96 [95-96]	87 [77-94]
PE	57	90	80	74	76

References: [Crippa et al. 1998](#), [Utech et al. 1996](#), [Adler et al. 1997](#), [Crippa et al. 1997](#), [Smith et al. 1998](#).

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy. PE: Physical examination.

Values are averages. Ranges are in “[]”.

Staging primary and recurrent breast cancer benefits from combining structural information from conventional imaging modalities with functional information from ¹⁸F-FDG whole-body PET scans. Lesions missed by the former can be depicted by the latter ([Bender, 1997](#); [Moon, 1998](#)). This seems not to be the case with bone metastases, while ¹⁸F-FDG can detect more osteolytic lesions than conventional bone scans, osteoblastic lesions have lower metabolic rates ([Cook, 1998](#)).

Cancer of the digestive system

Gastro-oesophageal cancer

Experience in 8 published trials that fulfilled the selection criteria (total number of 16) shows that oesophageal tumours are capable of concentrating ^{18}F -FDG at a higher rate than surrounding, normal tissues, allowing the differentiation between benign and malignant lesions (n=64) (Fukunaga et al. 1998, McAteer et al. 1999). However, due to the spatial resolution of the PET technique (compared with CT) isolation of disease-free wall and identification of surrounding LN is difficult (n=25) (Rankin et al. 1998). This limitation may be overcome by interpreting anatomical images (i.e.: CT) in combination with functional images (^{18}F -FDG). However, detection of distant LN and metastases by ^{18}F -FDG improves staging in these patients (n=142) (Lerut et al. 2000, Kole et al. 1998, Flamen et al. 2000), and ^{18}F -FDG PET images can provide prognostic information and depict early response to therapy before any structural changes occur (n=81) (Couper et al. 1998, Weber et al. 2001, Brucher et al. 2001). The role of ^{18}F -FDG PET in the preoperative staging of gastric adenocarcinoma is evolving. From the standpoint of locoregional staging, integrated PET/CT imaging can be useful to confirm malignant involvement of CT-detected lymphadenopathy (Yun et al. 2005). However, this usually does not impact the decision to proceed to surgery. Furthermore, a negative PET is not helpful since even large tumors with a diameter of several centimeters can be falsely negative if the tumor cells have a fairly low metabolic activity. Furthermore, most diffuse type gastric cancers (signet ring carcinomas) are not FDG avid (De Potter et al 2002, Kim et al. 2006, Mukai et al. 2006, Chen et al. 2005).

Pancreatic Cancer

The data from 9 out of 26 papers show evidence that: a) that pancreatic cancer can effectively concentrate ^{18}F -FDG at a much higher rate than other benign conditions in the pancreas allowing for non-invasive detection of tumour (Friess et al. 1995, Kato et al. 1995, Keogan et al. 1998) (n=141), and b) this degree of uptake may be mediated by the expression of glucose transporters (GLUT-1) (n=35) (Higashi T et al. 1998). ^{18}F -FDG has a higher diagnostic accuracy than ^{201}Tl SPECT (n=25) (Inokuma et al. 1995a). Diagnostic accuracy is higher than conventional imaging modalities (CIM) as well (see table Table 6 below).

Table 6. ^{18}F -FDG PET versus (CT, U/S) in the differentiation of pancreatic carcinoma from chronic pancreatitis (N=167).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	95 [94-96]	91 [82-100]	96 [94-100]	89 [82-94]	91
U/S	93 [89-97]	55 [45-64]	86 [84-88]	72 [56-88]	83 [78-88]
CT	83 [80-89]	79 [73-89]	87 [80-91]	72 [67-76]	85

References: Inokuma *et al.* 1995b, Stollfuss *et al.* 1995, Imdahl *et al.* 1999.

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy.

CIM: conventional imaging modalities.

Values are averages. Ranges are in “[]”.

Some work (n=19) in monitoring response to therapy also indicates that there is a role for ^{18}F -FDG scanning in this field (Franke et al. 1999).

Colorectal Cancer

¹⁸F-FDG PET has high sensitivity for depicting primary Colorectal cancer but remains suboptimal in detecting LN spread (which is also a drawback with CT imaging). However ¹⁸F-FDG PET also shows advantages over conventional imaging modalities, i.e. detection of liver metastases, early detection of local recurrence and assessing resectability prior to surgery with curative intent (see Table 7 and Table 8).

Table 7. ¹⁸F-FDG PET versus CT in the detection of primary CRC and LN metastases (n=48).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)
Primary				
FDG-PET	100	43	90	100
CT	37	83	92	21
LN				
FDG-PET	29	96	80	72
CT	29	85	33	81

Reference.: [Abdel-Nabi et al. 1998](#).

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value.

Table 8. ¹⁸F-FDG PET versus CIM in the detection of liver metastases and local recurrence of CRC (n=349)

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
Liver					
FDG-PET	92 [88-95]	99 [97-100]	99.7 [99-100]	83 [71-97]	94 [92-98]
CT	72 [38-86]	78 [58-97]	82 [75-92]	66 [41-86]	82 [76-93]
CT port	97	7 [5-9]	79 [77-81]	42 [33-50]	78 [76-80]
Recurrence					
FDG-PET	89 [79-97]	92 [80-100]	N/R	N/R	95
CT	57 [46-68]	94 [90-98]	N/R	N/R	65

References: [Abdel-Nabi et al. 1998](#), [Lai et al. 1996](#), [Delbeke et al. 1997](#), [Vitola et al. 1996](#), [Schiepers et al. 1995](#), [Valk et al. 1999](#).

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy.

CT port: CT portography. N/R: Not reported.

Values are averages. Ranges are in “[]”.

¹⁸F-FDG can also detect local recurrence when CT/MRI show indeterminate anatomical changes secondary to therapy (n=200) (Keogan, et al. 1997, Ruhlman et al. 1997, Takeuchi et al. 1999, Staib et al. 2000). The addition of ¹⁸F-FDG to the diagnostic algorithm in the presurgical evaluation of patients with suspected recurrence has a positive impact in patient management (n=191) (Staib et al. 2000, Topal et al. 2001) and survival (n=43) (Strasberg et al. 2001). Additionally, the use of hand-held gamma probes for detection of ¹⁸F-FDG during the surgical procedure seems to be a valuable procedure for intra-operative staging (n=15) (Desai et al. 2000).

Cancer of the genitourinary tract

Ovarian Cancer

The evidence in 3 selected articles (total of 14) indicates that the addition of ^{18}F -FDG to U/S and MRI in the evaluation of asymptomatic adnexal masses improves the refinement of the differential diagnosis (n=101) (Grab et al. 2000). Furthermore, this holds true also for the staging of known ovarian cancer (n=64) (Schröder et al. 1999, Nakamoto et al. 2001).

Cervical Cancer

Experience drawn from 4 published reports that met the selection criteria (total of 8) shows that ^{18}F -FDG can accumulate in primary cervical cancer and metastatic lymph nodes (n=88) (Sugawara et al. 1999, Rose et al. 1999, Reinhardt et al. 2001), as well as recurrent uterine cancer (n=13) (Umesaki et al. 2000). Interestingly tumour detection rates were slightly higher than those of MRI (n=48) (Reinhardt et al. 2001, Umesaki et al. 2000).

Lymphoma

Evidence from 19 selected articles (total of 55) shows that lymphomas accumulate ^{18}F -FDG at higher rates than non-lymphomatous lesions (n=22) (Lapela et al. 1995b), enabling improved staging (Hoh et al. 1997, Moog et al. 1997, Bangerter et al. 1998, Jerusalem et al. 1999a, Buchman et al. 2000), for which ^{18}F -FDG exhibits higher diagnostic accuracy than CT (n=330). ^{18}F -FDG can also detect additional sites of disease not shown by conventional procedures and identify absence / presence of disease in sites suspected to be involved by structural imaging modalities (n=28) (Jerusalem et al. 2000).

Two studies have compared ^{18}F -FDG with $[^{11}\text{C}]$ -Methionine in patients (n=42) with Hodgkin's disease and non-Hodgkin's lymphoma, finding no significant differences in detecting lymphomatous lesions by visual inspection (Rodriguez et al. 1995, Sutinen et al. 2000). Although both tracers appear then to be equally effective, it is worthy to mention that in clinical practice ^{11}C -labelled compounds are more cumbersome to manage than ^{18}F -labelled compounds due to the much shorter half-life of the former compared with the latter.

Areas of abnormal ^{18}F -FDG uptake in the bone marrow have been correlated with suspected and unsuspected foci of lymphoma (n= 184) (Moog et al. 1998, Moog et al. 1999, Carr et al. 1998). Evaluating residual masses with CT or MRI after therapy represents a diagnostic challenge since these anatomical modalities cannot differentiate scar from residual tissue. However viable tumour accumulates ^{18}F -FDG (n=158) (Jerusalem et al. 1999b, de Wit et al. 1997, Maisey et al. 2000, Dimitrakopoulou-Strauss et al. 1995) and this has therapeutic and prognostic implications (n=105) (Jerusalem et al. 2000, Cremerius et al. 2001, Bangerter et al. 1999).

Tumour of Unknown Origin

Surveying the whole-body in search of the source of unknown primary tumours (UPT) with ^{18}F -FDG has the advantage of no additional radiation dose to the patient (as opposed plain radiographs or CT examinations). Four articles (from a total of 13) that fulfilled the selection criteria report equivocal results in an inhomogeneous population of patients with a wide variety of manifestations of UPT. Experience in 39 patients shows a high sensitivity (> 80%) but poorer specificity (<40%) (Lassen et al. 1999, Mukherji et al. 1996) when imaged with ^{18}F -

FDG. The use of ¹⁸F-FDG has been shown in selected cases to have utility (n=28) (Bohuslavizki et al. 1999), however the literature is not in full agreement on this issue (Greven et al. 1999).

Musculoskeletal tumours

Evidence was collected from 8 articles that fulfilled the selection criteria from a total of 17. PET scanning with ¹⁸F-FDG has high accuracy in depicting primary soft tissue sarcomas, with a mean sensitivity of 95.75% (range, 91-100%), mean specificity of 74.5% (range, 66-82%) and accuracy of 86% (n=204 patients) (Kole et al. 1997, Lucas et al. 1999, Schulte et al. 1999, Schwarzbach et al. 2000). In addition ¹⁸F-FDG PET is also sensitive in detecting posttreatment recurrence, with a sensitivity ranging from 93-100% (n=38) (Kole et al. 1997, Schwarzbach et al. 1999). The degree of ¹⁸F-FDG uptake is related with the tumour grade (n=70) (Eary et al. 1998) and has implications in patient management during monitoring of therapy (n=20) (Van Ginkel et al. 1996).

Malignant melanoma

In melanomas thicker than 1 mm imaging tests such as chest radiographs, CT or MRI are indicated if clinical and laboratory findings suggest specific organ involvement. The 10-year survival rate is 90% in stage I, 52% in stage II, 33% in stage III and 10% in stage IV (Wagner et al. 2000). Melanoma cells are very avid for ¹⁸F-FDG. Experience in 226 patients (from 6 out of 21 articles that fulfilled the selection criteria) shows that PET with ¹⁸F-FDG has higher diagnostic accuracy in staging than CT, as shown in Table 9.

Table 9. ¹⁸F-FDG PET versus CT in the staging of malignant melanoma (N=226).

Method	Sens (%)	Spec (%)	PPV (%)	NPV (%)	Acc (%)
FDG-PET	94.5 [92-100]	80.5 [67-95]	94	57	92.5 [87-98]
CT	70 [55-85]	71 [58-84]	N/R	N/R	77

References: Boni *et al.* 1995, Steinert, *et al.* 1995, Holder *et al.* 1998, Rinne *et al.* 1998.

Sens: sensitivity. Spec: specificity. PPV: positive predicted value. NPV: negative predictive value. Acc: accuracy.

N/R: Not reported.

Values are averages. Ranges are in “[]”.

Oncology, miscellaneous

The use of ¹⁸F-FDG can help in characterising mediastinal tumours as compared with CT (sensitivity, specificity and accuracy of 90%, 92% and 91% for ¹⁸F-FDG PET, and 70%, 83%, and 77% for CT, respectively; n=22) (Kubota et al. 1996). ¹⁸F-FDG has also been shown to accurately distinguish benign from malignant tumours in patients with indeterminate masses in kidneys (n=21) (Goldberg et al. 1997) and adrenal glands (n=20) (Boland et al. 1995).

Conclusion on Oncology

All claimed indications are in accordance with the core SmPC. The studies presented showed that ¹⁸F-FDG PET is successfully used in diagnosing, staging and monitoring of cancer. ¹⁸F-FDG accumulates at higher rates in tumour cells as compared with non-neoplastic cells. The sensitivity and specificity is estimated to be on average 84 % and 88% respectively, across all oncology applications. The technique can differentiate the malignant lesions from benign, can stage the cancer, detect recurrence and residual disease. Tumours with higher glucose uptake are usually more aggressive and patients with such tumours have poorer prognosis for survival. Therefore, ¹⁸F-FDG PET scanning can also be used to assess patient’s survival rates.

^{18}F -FDG PET can offer advantages over conventional imaging to detect distant metastasis, treatment-induced changes, differentiate between residual and recurrent disease.

IV.3.3.2 Clinical applications of ^{18}F -FDG in Neurology

Measurement of interictal cerebral glucose metabolism using ^{18}F -FDG PET is a sensitive functional neuroimaging technique in patients with temporal lobe epilepsy. Unilateral temporal lobe hypometabolism on ^{18}F -FDG PET correlates strongly with the temporal lobe of seizure origin and is predictive of seizure freedom following epilepsy surgery, independent of structural MRI findings [LoPinto-Khoury C et al. 2012]. FDG PET can also be clinically useful in patients with extratemporal regions of seizure onset. This includes individuals with focal cortical dysplasia who may have an unremarkable MRI study.

^{18}F -FDG PET images the topographic distribution of glucose uptake in the brain and provides a picture of cerebral metabolism. Ictal scans can be useful but are difficult to obtain except in rare cases such as epilepsia partialis continua. Thus, ^{18}F -FDG PET scans are typically performed in the interictal state, with the goal of detecting focal areas of decreased metabolism (i.e. relative hypometabolism) that are presumed to reflect focal functional disturbances of cerebral activity associated with epileptogenic tissue. ^{18}F -FDG PET is generally performed as part of a presurgical evaluation.

Sensitivity for detecting relative temporal lobe hypometabolism with FDG PET in mesial temporal lobe epilepsy (MTLE) ranges between 80 and 90 percent (Duncan 1997, Valk P et al. 1993, Ryvlin P et al. 1992, Ryvlin P et al. 1998, Gaillard et al. 1995, Swartz B et al. 1992).

Much of the variability in sensitivity reflects the heterogeneity of the epilepsy more than it does the differences in quality or specifications of the PET camera (La Fougère C et al 2009). Some reports suggest that the sensitivity of PET is increased when seizures are more frequent or when performed soon after a seizure has occurred (Henry T et al. 1993).

Only a few patients in the above series included patients with MTLE without hippocampal sclerosis on MRI. However, these and other series have shown that FDG PET can be helpful in lateralising the epileptogenic temporal lobe in "MRI-negative" cases, with a yield that ranges from 45 to almost 90 percent (Gaillard et al. 1995, <https://www.uptodate.com/contents/neuroimaging-in-the-evaluation-of-seizures-and-epilepsy/abstract/103>, Willmann O et al. 2007, Carne et al. 2004).

The studies identified in the literature has shown that ^{18}F -FDG PET is sensitive for presurgical localisation of epileptogenic foci in patients with medically refractory partial epilepsy. The technique was particularly useful in those cases in which MRI findings were abnormal but no epileptogenic lesion was identified. Overall, the literature data supports the indications in neurology.

IV.3.3.3 Clinical applications of ^{18}F -FDG in cardiology

Ischemia shifts myocyte metabolism preferentially to glucose from fatty acids. Thus, uptake of ^{18}F -FDG by myocytes in an area of dysfunctional myocardium indicates metabolic activity and thus, viability. Regional perfusion can also be assessed with an agent that remains in the vascular space and demonstrates the distribution of blood flow (such as ^{13}N -amonia or ^{82}Rb).

The presence of enhanced 12F-FDG uptake in regions of decreased blood flow, known as a PET mismatch, defines hibernating myocardium by PET imaging, while a concordant reduction in both metabolism and flow, known as PET match, is thought to represent predominantly necrotic myocardium. Regional dysfunction in presence of normal perfusion is indicative of stunning. Myocardial segments with significant reductions in both blood flow and FDG uptake have only a 20 percent chance of functional improvement following revascularisation. In comparison, dysfunctional territories deemed to be hibernating by PET have approximately an 80 to 85 percent chance of functional improvement following revascularisation (Tillisch 1986, Tamaki 1991, Lucignani et al. 1992, Tamaki et al. 1989, Marwick et al 1992, Carrel et al. 1992, Gropler et al. 1992, Tamaki et al. 1995).

The positive and negative predictive values of PET imaging for improvement in asynergy and wall motion score after revascularisation were 76 and 96 percent, respectively. Other studies have shown that the extent of myocardium that demonstrates enhanced FDG uptake in patients with ischemic cardiomyopathy may predict the magnitude of improvement in ejection fraction, exercise tolerance, and heart failure symptoms after surgical revascularisation (Di Carli M et al. 1995, Gerber et al. 2001).

Another analysis reported that scar size on FDG PET was an independent predictor of improvement in ejection fraction after revascularisation. In 70 patients with a mean resting left ventricular ejection fraction (LVEF) of 26 percent, scars were divided into tertiles graded as small, moderate, or large (0 to 16, 16 to 27.5, and 27.5 to 47 percent of total myocardium, respectively) (Beanlands et al. 2002). The change in ejection fraction (EF) after revascularisation was significantly greater for patients with smaller scars (change of 9.0, 3.7, and 1.3 percent, for small, moderate, or large scars respectively). Outcome after coronary artery bypass grafting may be improved by incorporating PET derived viability information, in addition to clinical and angiographic data, into the process of selecting patients with impaired left ventricle (LV) function for revascularisation (Haas F et al. 1997, Lee KS et al. 1994). As an example, one study evaluated the prognostic significance of the presence of viable myocardium, and its interaction with myocardial revascularisation, in patients with LV dysfunction after myocardial infarction (Lee KS et al. 1994). Nonfatal ischemic events occurred in 48 percent of medically-treated FDG (+) patients compared with only 8 percent of FDG (+) revascularised patients and 5 percent of patients with FDG (-) myocardium; however, mortality was similar among FDG (+) and FDG (-) patients. The assessment of viability with metabolic imaging using FDG PET is generally thought to be more sensitive than rest perfusion imaging with SPECT. Clinical experience shows that some myocardial segments that appear severely hypoperfused on SPECT show F-18 FDG uptake, and are thus viable. However, direct comparisons of PET and SPECT in broad groups of patients with a range of LV systolic function are lacking, and therefore, the effect of test choice on patient outcome is unknown. One randomised trial, in which the treating clinicians were blinded to test identity (SPECT or PET), found that the ability to detect myocardial viability with PET or SPECT imaging was the same and that there was no difference in patient outcome when management decisions were based upon the results of either technique (Siebelink H et al. 2001). However, patients in this study had only moderate LV dysfunction (LVEF approximately 30 percent), and there are no comparative data in patients with severe LV systolic dysfunction (Marin-Neto et al. 1998).

IV.3.3.4 Infectious diseases and inflammation

Localisation of Abnormal Foci Guiding the Aetiologic Diagnosis in Case of Fever of Unknown Origin

In a recent review of the literature (Ergul & Cermic, 2011) prospective and retrospective studies in patients with fever of unknown origin (FUO) were reviewed to determine whether the use of FDG – PET was helpful. These studies demonstrated that the contributions to the final diagnosis range from 16% to 69% in patients with FUO by FDG PET or 42% to 89% by PET/CT . (Table 10)

Table 10. Review of Literature on FDG PET or PET/CT in Patients with Fever of Unknown Origin

Author (Year)	Study Design	Patient Number	FDG-PET Technique	PET Helpful (%)	PPV (%)	NPV (%)
Meller <i>et al.</i> (2000)	Prospective	18	Coincidence cam	55	92	75
Blockmans <i>et al.</i> (2001)	Prospective	58	Full-ring PET	41	-	-
Lorenzen <i>et al.</i> (2001)	Retrospective	16	Full-ring PET	69	92	100
Bleeker-Rovers <i>et al.</i> (2004)	Retrospective	35	Full-ring PET	37	87	95
Kjaer <i>et al.</i> (2004)	Prospective	19	Full-ring PET	16	30	67
Buyschaert <i>et al.</i> (2004)	Prospective	74	Full-ring PET	26	—	—
Bleeker-Rowers <i>et al.</i> (2007)	Prospective	70	Full-ring PET	33	70	92
Keidar <i>et al.</i> (2008)	Prospective	48	PET/CT scan	46	81	100
Balink <i>et al.</i> (2009)	Retrospective	68	PET/CT scan	55	93	78
Federici <i>et al.</i> (2010)	Retrospective	10	PET/CT scan	50	—	—
Jasper <i>et al.</i> (2010)	Retrospective	44	Full-ring PET or PET/CT scan	43	—	—
Ferda <i>et al.</i> (2010)	Retrospective	48	PET/CT scan (contrast-enhanced CT)	89	97	75
Keia <i>et al.</i> (2010)	Retrospective	12	PET/CT scan	42	71	100
Ergul <i>et al.</i> *	Retrospective	28	PET/CT scan	50	63	100
Total:		548	-	47	78	88

* Unpublished data, PPV: positive predictive value, NPV: negative predictive value

Available data indicate that FDG PET has the potential to play an important role as a second-line procedure in the management of patients with FUO (Ergul & Cermic, 2011, Meller J, 2009). Furthermore, it was concluded that in patients with non-specific symptoms and signs, ¹⁸F-FDG PET/CT is very helpful for recognising and excluding diseases, directing further diagnostic decisions, and avoiding unnecessary invasive examinations. It is recommended that ¹⁸F-FDG PET/CT should be considered among the first-line diagnostic tools for patients with FUO and IUO. (Kan et al. 2019)

Diagnosis of Infection

A review by Kumar et al. in 2008 considered the use of FDG PET in a variety of infection indications, including those proposed for inclusion in the SmPC (as detailed separately below). The review considers the available literature relevant to each of the indications and supports the use of FDG PET in the diagnosis of these conditions. In addition, an assessment of the value

of FDG PET combined with CT (FDG PET/CT) in critically ill patients suspected of having an infection was performed by Simons et al. (2009). Thirty-five FDG PET/CT scans performed in 33 ICU patients were analysed. Twenty-one FDG PET/CT scans were true positive, three FDG PET/CT scans were considered false positive, and 11 true negatives were found, leading to an overall accuracy of 91%. It was concluded that FDG PET/CT scanning is of additional value in the evaluation of suspected infection in critically ill patients in whom conventional diagnostics did not lead to a diagnosis.

Suspected Chronic Infection of Bone and/or Adjacent Structures: Osteomyelitis, Spondylitis, Diskitis or Osteitis Including when Metallic Implants are Present

A review of a variety of diagnostic imaging techniques for excluding or confirming chronic osteomyelitis (Termaat et al. 2005) demonstrated that FDG PET was the most sensitive technique and had the highest specificity (Table 11).

Table 11. Comparison of Sensitivity and Specificity of Various Imaging Techniques Based on Pooled Clinical Data on Chronic Osteomyelitis

	Sensitivity	Specificity
FDG-PET	96%	91%
Bone Scintigraphy	82%	25%
Leukocyte Scintigraphy	61%	77%
Combined bone and Leukocyte Scintigraphy	78%	84%
MRI	84%	60%

The review of the use of FDG PET in the diagnosis of osteomyelitis noted that FDG PET has been shown to be highly sensitive for detecting chronic osteomyelitis, even in patients who have been treated with antibiotics prior to imaging.

Diabetic Patient with a Foot Suspicious of Charcot’s Neuroarthropathy, Osteomyelitis and/or soft Tissue Infection

The review by Kumar et al. 2008 considers that PET/CT fusion imaging would be the study of choice for evaluating complicated diabetic foot. This includes reference to the study by Hopfner et al. (2004) which showed an accurate diagnosis of this condition in 37 patients using FDG PET. It was also concluded that FDG PET can provide an accurate assessment of patients with metal implants, which may otherwise limit evaluation by MRI, and that FDG- PET can correctly distinguish osteomyelitis from Charcot osteoarthropathy, and is valuable in the reliable differentiation of Charcot neuroarthropathy from osteomyelitis both in general and when foot ulcer is present.

The use of FDG PET in soft tissue infection diagnosis allows the identification of inflammatory and cancerous disorders as the underlying cause of FUO in most patients and has been shown to detect infectious and inflammatory disease processes that were undetected when conventional scintigraphic techniques or MRI was used.

Painful Hip Prosthesis

A review of endoprosthesis scans using ¹⁸F-FDG PET examinations and multiphase bone scans was performed to evaluate the clinical value of ¹⁸F-FDG positron emission tomography (¹⁸F-FDG PET) as a diagnostic modality for inflammation and loosening in hip and knee joint

prostheses was performed by Delank et al. (2006). Scans were performed on hip and knee endoprostheses in 27 patients prior to revision surgical procedures planned for prosthetic loosening. Intact prostheses were found at the opposite site in some patients so that additional 9 joints could be examined with the field of view of ^{18}F -FDG PET. Verification and valuation of the PET and scintigraphic image findings were conducted by comparing them with information combined from intraoperative findings, histopathology, and microbiological investigations. The results showed that evidence of loosening was correctly determined in 76.4% of cases using ^{18}F -FDG PET, and in 75% of cases using bone scan.

Reliable differentiation between abrasion-induced and bacterial-caused inflammation was not possible using ^{18}F -FDG PET. The authors concluded that ^{18}F -FDG PET allows reliable prediction of peri-prosthetic septical inflammatory tissue reactions. Because of the high sensitivity of this method, a negative PET result in the setting of a diagnostically unclear situation eliminates the need for revision surgery, but noted that a positive PET result gives no clear differentiation regarding the cause of inflammation.

Other literature references describe and advocate the use of FDG PET in the diagnosis of painful hip and/or knee prostheses (Kumar et al. 2008, De Winter et al. 2002, van Acker et al. 2001). A review by Zhuang et al. 2007 further supports the role of FDG PET in the accurate diagnosis of painful arthroplasty.

In addition, Pianou et al. (2011) describes a case in which a patient with a history of papillary thyroid cancer was referred for an (^{18}F)-FDG PET/CT scan for evaluation of his metastatic disease. The patient also noted significant pain in his right hip joint which had been subject to prosthesis 30 years previously. The performed, and previous, FDG PET/CT scans showed a relationship between the degree of (^{18}F)-FDG uptake at the sites of loosening hip arthroplasty to the severity of pain. The authors concluded that in this case the degree of (^{18}F)-FDG uptake in a loosening hip arthroplasty was related to the severity of pain although inflammation or infection could also play some role, and that further investigation of the relationship between severity of pain and FDG update was needed.

Vascular Prosthesis

The review by Kumar et al. (2008) noted that available literature indicated FDG PET to be a valuable tool for the evaluation of possible infection of vascular grafts. FDG PET is able to detect vascular graft infection even when CT results are negative. It further notes from other literature that whilst both FDG PET and CT are useful in the evaluation of patients with suspected aortic graft infection, employing the characteristic FDG uptake pattern (diffuse and intense) as a diagnostic criterion made the efficacy of FDG PET superior to that of CT. When focal uptake was set as the positive criterion for FDG, the specificity and positive predictive value of PET for the diagnosis of aortic graft infection improved significantly to 95%. It is noted that FDG PET/CT may further enhance accuracy.

The above is further supported in a case study by Treglia et al. (2011) where the use of ^{18}F -FDG PET/CT aided in the detection of the cause of fever of unknown origin in a man presenting with aortic prosthesis inflammation. Kilk et al. (2010) and Tegler (2007) describe specific case studies involving the benefit of FDG PET, and Bruggink et al. (2010) considers the accuracy of FDG PET in diagnosis of such conditions. Spacek et al. (2009) investigated the diagnosis of 'non-acute' vascular prosthesis infection in 96 prostheses and showed PET/CT to give highly

accurate results, considering PET/CT to be an excellent diagnostic modality for suspected vascular prosthesis infection.

Fever in an AIDS Patient

Kumar et al. (2008) noted that FDG PET is able to detect infectious foci even in patients with severe neutropenia and lymphopenia. It was noted that FDG PET was found to be more accurate than CT or MRI in differentiating between malignant central nervous system (CNS) lymphoma and nonmalignant CNS disease processes such as toxoplasmosis, syphilis, and progressive multifocal leukoencephalopathy. Malignant CNS lesions had greater FDG uptake than did nonmalignant lesions in this population. Current data show that PET is especially valuable for differentiating lymphomas from non-malignant CNS lesions affecting the CNS.

In addition Liu (2011) noted that a unique application of FDG PET/CT is the differentiation of cerebral lesions between lymphoma and toxoplasmosis in AIDS patients, which cannot be reliably achieved with either CT or MRI. HIV-associated opportunistic infections may involve different pathogens and multiple tissues, organs or systems. Some preliminary observations revealed a promising role of FDG PET-CT in the diagnosis and identification of these infections such as tuberculosis, fever of unknown origin, pneumocystis pneumonia and candidiasis. However, it should be stressed that FDG PET-CT alone has no role in identifying the pathology of abnormalities. FDG PET-CT, at best, can localise the sites of abnormalities and impact on patient's management in clinical decision making.

Detection of Septic Metastatic Foci in Case of Bacteraemia

The timely detection of metastatic infectious foci in gram-positive bacteremia is crucial, because these foci often require prolonged antibiotic treatment or drainage. The diagnosis of metastatic infectious foci is difficult because localising symptoms are often absent. Vos et al. (2010) investigated whether ¹⁸F-FDG PET/CT was able to detect such foci and whether detection influenced clinical outcome. In 115 patients matched with historical controls F-FDG PET/CT was the first to delineate infectious foci in 35 patients (30%). In the remaining 70%, either symptoms on physical examination or other imaging techniques first revealed infectious foci. The sensitivity, specificity, negative predictive value, and positive predictive value of ¹⁸F-FDG PET/CT were 100%, 87%, 100%, and 89%, respectively. Relapse rates decreased from 7.4% to 2.6% among study patients (P = 0.09) and from 8.9% to 1.4% in patients with *S. aureus* (P = 0.04). Overall mortality after 6 months decreased from 32.2% to 19.1% in the ¹⁸F-FDG PET/CT group (P = 0.014). Thus, ¹⁸F-FDG PET/CT was demonstrated to be a valuable technique that results in lower mortality rates.

Detection of the Extension of Inflammation in case of:

Sarcoidosis

Inflammatory bowel disease

Vasculitis involving the great vessels

Sarcoidosis

A recent review (Treglia G, 2011) of the role of ¹⁸F-FDG PET as a marker of disease activity in patients with sarcoidosis concluded:

(1) positive FDG PET findings should be interpreted with caution in differentiating sarcoidosis from other inflammatory diseases and malignant abnormalities;

(2) FDG PET seems to be a very useful molecular imaging method in assessing disease activity, in staging and identifying occult sites, and in monitoring treatment response in patients with sarcoidosis (Nishiyama Y, 2006);

(3) FDG PET shows a better diagnostic accuracy compared to ⁶⁷Ga scintigraphy in patients with sarcoidosis, because of a better sensitivity of FDG PET (mainly due to the high quality of FDG PET images with superior contrast and spatial resolution compared to ⁶⁷Ga scintigraphy) in addition to several practical advantages (less radiation exposure, shorter time between injection and imaging).

Inflammatory Bowel Disease

Crohn's disease and ulcerative colitis are the 2 main subtypes of inflammatory bowel disease (IBD). Although ulcerative colitis affects solely the colon, colonoscopy is associated with an increased risk of perforation. ¹⁸F-FDG PET has been evaluated in children and adults with IBD. In a study of 65 children, PET had a good sensitivity of 80% (compared with colonoscopy), and a negative PET scan excluded the presence of inflammation in children with recurrent abdominal pain (Lemberg DA, 2005). In another study of children, the results of PET were compared with histology, and PET reached a sensitivity of 98% and a specificity of 68% (in comparison to endoscopy [90% and 75%, respectively] and ultrasonography [56% and 92%, respectively]). For small- bowel disease, PET was even more reliable (Löffler M, 2006). In a study of adults with IBD, hydro- MRI was clearly inferior to PET, with sensitivities of 40.9% and 85.4%, respectively (Neurath MF, 2002). More studies have demonstrated a good sensitivity for PET in IBD, with a high correlation with disease activity, laboratory parameters, endoscopy, and other parameters (Gotthardt M, 2010).

Vasculitis Involving the Great Vessels

¹⁸F-FDG PET is a highly sensitive imaging technique for the detection of inflamed arterial walls. In contrast to ultrasonography, with ¹⁸F-FDG PET the thoracic aorta can also be visualised. Other large arteries can be visualised without the limitations associated with ultrasonography (gas in bowels, bones, locations deep within the body), allowing for simple assessment of the abdominal and pelvic arteries (Gotthardt M, 2010).

FDG PET/CT has validity in the evaluation of large-vessel vasculitis, with sensitivity values ranging from 77% to 92% and specificities ranging from 89% to 100%. FDG PET/CT has proven utility in the initial diagnosis of patients suspected of having vasculitis, particularly those who present with non-specific symptoms, in the identification of areas of increased FDG uptake requiring biopsy, and in the evaluation of the extent of disease (Zerizer I, 2010) (Glaudemans AWJM, 2010) (Gotthardt M, 2010).

Therapy Follow-Up

Unresectable alveolar echinococcosis, in search for active localisations of the parasite during medical treatment and after treatment discontinuation.

FDG PET detects metabolic activity in alveolar echinococcosis (AE). The slow changes in metabolic and morphological characteristics require long-term follow-up of patients. A study in 15 patients to evaluate metabolic activity over many years, thus assessing the utility of FDGPET for the evaluation of disease progression and response to treatment. Treatment responses were heterogeneous and varied from progressive disease despite treatment to long-term inactive disease with discontinued treatment. Lack of metabolic activity indicated

suppressed parasite activity and is not equivalent to parasite death. However, metabolic activity may remain suppressed for years, allowing for temporary treatment discontinuation. It was concluded that relapses were reliably detected with PET and restarting benzimidazole treatment prevents parasite expansion (Reuter S, 2008).

In another study in 17 AE patients FDG PET identified increased metabolic activity in the corresponding lesions in 41.2% patients (Ehrhardt AR, 2007). A study in 26 patients with newly diagnosed AE FDG PET was demonstrated to be a sensitive and specific adjunct in the diagnosis of suspected AE and can help in differentiating AE from cystic echinococcosis. The rapid improvement of positive PET scans with benzimidazole therapy in some patients indicated that absent FDG uptake does not necessarily reflect parasite viability (Stumpe KD, 2007). Overall therapeutic follow-up of unresectable alveolar echinococcosis, in which it may be used in the search for active localisations of the parasite during medical treatment and after treatment discontinuation (Zerizer I, 2010) (Glaudemans AWJM, 2010) In conclusion the use of FDG –PET is generally considered useful for the therapeutic follow-up of unresectable alveolar echinococcosis. Data is drawn from small studies but the studies are consistent.

Finally, the MAH has provided new studies (Vaidyanathan et al. 2015, Kung et al. 2019, Kan et al. 2019, Treglia. 2019, Ropers et al. 2020) published between 2016 and 2020 that adequately described the use of ¹⁸F-FDG in the diagnosis of infectious and inflammatory diseases. The MAH has presented an overview based on the bibliographic data to support the wide range of proposed indications. ¹⁸F-FDG PET is successfully used for many years in the field of (1) oncology for diagnosis, staging, monitoring and detection of tumours; (2) cardiology for identification of viable myocardial tissue; (3) neurology for localisation of epileptogenic foci; (4) infectious and inflammatory diseases for diagnosis and detection of infectious or inflammatory foci. ¹⁸F-FDG PET has a well-known and efficient use in the clinical practice in Europe for more than 10 years, and therefore, the well-established use application can be applied. In general, the quality of the overview is considered sufficient and the claimed indications are fully in line with the core SmPC of the product.

IV.4 Clinical safety

No randomised, blinded clinical trials assessing safety of ¹⁸F-FDG injection were identified during the literature search. However clinical experience is extensive. A prospective four-year study was performed with 22 collaborating institutions in the USA (Silberstein et al. 1998) using a questionnaire evaluating the number of PET procedures performed and the number of adverse events associated with PET radiopharmaceuticals as well as with non-radioactive pharmaceuticals used for PET. As recorded by Silberstein, there were a total of 33,925 radiopharmaceutical doses. In addition, the total prospective number of administered doses recorded by the participants was 47,876, for a total number of positron emitting radiopharmaceutical administrations of 81,801. No adverse reactions were found from any PET radiopharmaceutical dose. The majority of the studies were performed with ¹⁸F-FDG. Another survey study was performed in the EU (MacFarlane et al. 1998) with a total of 26 European PET centres participating. ¹⁸F-FDG was by far the most used PET tracer with approximately 200 applications per week and not a single adverse reaction that could be related with any possible toxicological effect of ¹⁸F-FDG was reported.

IV.5 Risk Management Plan

The MAH has submitted a risk management plan, in accordance with the requirements of Directive 2001/83/EC as amended, describing the pharmacovigilance activities and interventions designed to identify, characterise, prevent or minimise risks relating to GlucoPET.

Table 12. Summary table of safety concerns as approved in RMP

Important identified risks	- None
Important potential risks	- None
Missing information	- None

The member states agreed that routine pharmacovigilance activities and routine risk minimisation measures are sufficient for the risks and areas of missing information.

IV.6 Discussion on the clinical aspects

This decentralised procedure concerns a well-established use application for GlucoPET. For this authorisation, reference is made to literature. No new clinical studies were conducted. Risk management is adequately addressed. Altogether it is considered that efficacy of ¹⁸F-FDG in the treatment of the marketed indications has been established as the majority of studies in subjects showed statistically significant and clinically relevant results. Finally, it is considered that the safety issues that are identified are adequately addressed in the SmPC.

V. USER CONSULTATION

A user consultation with target patient groups on the package leaflet (PL) has been performed on the basis of a bridging report making reference to Steripet (UK/H/0814/001/MR), which in turn has been bridged to the PIL for MYOVIEUW 230 micrograms kit for radiopharmaceutical preparation, lyophilisate for solution for injection, that has been user tested and approved. The bridging report submitted by the MAH has been found acceptable; bridging is justified for both content and layout of the leaflet.

VI. OVERALL CONCLUSION, BENEFIT/RISK ASSESSMENT AND RECOMMENDATION

GlucoPET 250 MBq/ml, solution for injection has a proven chemical-pharmaceutical quality. GlucoPET has an adequate efficacy and safety profile and is considered widely established.

Therapeutic equivalence with the reference product has been shown by the comparison of the dosage form, qualitative and quantitative composition and the results of *in vitro* studies on the relevant quality attributes. A biowaiver has been granted.

The Board followed the advice of the assessors.

There was no discussion in the CMD(h). Agreement between member states was reached during a written procedure. The concerned member state, on the basis of the data submitted, considered that well-established use has been demonstrated for GlucoPET, and have therefore granted a marketing authorisation. The decentralised procedure was finalised with a positive outcome on 30 September 2021.

**STEPS TAKEN AFTER THE FINALISATION OF THE INITIAL PROCEDURE -
SUMMARY**

Procedure number*	Scope	Product Information affected	Date of end of procedure	Approval/ non approval	Summary/ Justification for refuse
NL/H/4774/001/IE/001	Repeat-use application (NL, BG, CY, EL)	No	5-10-2022	Approved	N/A

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