

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1. NAAM VAN HET GENEESMIDDEL

Himavat 10 mg/10 mg, tabletten  
Himavat 10 mg/20 mg, tabletten  
Himavat 10 mg/40 mg, tabletten  
Himavat 10 mg/80 mg, tabletten

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains 10 mg of ezetimibe and 10, 20, 40 or 80 mg of atorvastatin (as atorvastatin calcium trihydrate).

#### Excipients with known effect

Each 10 mg/ 10 mg tablet contains 145 mg lactose.  
Each 10 mg/ 20 mg tablet contains 170 mg lactose.  
Each 10 mg/ 40 mg tablet contains 219 mg lactose.  
Each 10 mg/ 80 mg tablet contains 317 mg lactose.

For the full list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Tablet.

10 mg/ 10 mg tablet: White to off white, capsule shaped tablets (12.7mm x 5.1mm) on one side debossed with“1”

10 mg/ 20 mg tablet: White to off white, capsule shaped tablets (14.5mm x 6.8 mm) on one side debossed with“2”

10 mg/ 40 mg tablet: White to off white, capsule shaped tablets (16.4mm x 6.3 mm) on one side debossed with“3”

10 mg/ 80 mg tablet: White to off white, capsule shaped tablets (17.0mm x 8.0mm) on one side debossed with“4”

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

HIMAVAT as an adjunct to diet is indicated as substitution therapy for treatment of adults with primary (heterozygous and homozygous familial and non-familial) hypercholesterolaemia or mixed hyperlipidaemia already controlled with atorvastatin and ezetimibe given concurrently at the same dose level.

#### 4.2 Posology and method of administration

##### Posology

The recommended dose of HIMAVAT is 1 tablet per day.

The maximum recommended dose of HIMAVAT is 10 mg/80 mg per day.

The patient should be on an appropriate lipid lowering diet and should continue on this diet during treatment with HIMAVAT.

HIMAVAT is not suitable for initial therapy. Treatment initiation or dose adjustment if necessary should only be done with the monocomponents and after setting the appropriate doses the switch to the fixed dose combination of the appropriate strength is possible.

#### *Elderly people*

No dose adjustment is required for elderly patients (see section 5.2).

#### *Paediatric population*

The safety and efficacy of HIMAVAT in children and adolescent has not been established (see section 5.2). No data are available.

#### *Patients with hepatic impairment*

HIMAVAT is not recommended in patients with moderate or severe hepatic impairment (Child Pugh  $\geq 7$ , see section 4.4. and 5.2). HIMAVAT is contraindicated in patients with active liver disease (see section 4.3).

#### *Patients with renal impairment*

No dose adjustment is required for renally impaired patients (see section 5.2).

#### *Coadministration with bile acid sequestrants*

Dosing of HIMAVAT should occur either  $\geq 2$  hours before or  $\geq 4$  hours after administration of a bile acid sequestrant.

#### *Coadministration with other medicines*

In patients taking the hepatitis C antiviral agents elbasvir/grazoprevir or letermovir for prophylaxis of cytomegalovirus infection concomitantly with atorvastatin, the dose of atorvastatin should not exceed 20 mg/day (see section 4.4. and 4.5.).

Use of atorvastatin is not recommended in patients taking letermovir co-administered with ciclosporin (see sections 4.4. and 4.5.).

#### Method of administration

HIMAVAT is for oral administration. The tablet should be swallowed with a sufficient amount of fluid (e. g. one glass of water).

HIMAVAT can be administered as a single dose at any (but preferable always the same) time of the day, with or without food.

### **4.3 Contraindications**

Hypersensitivity to the active substances or to any of the excipients listed in section 6.1.

Therapy with HIMAVAT is contraindicated during pregnancy and breast-feeding, and in women of child-bearing potential not using appropriate contraceptive measures (see section 4.6).

HIMAVAT is contraindicated in patients with active liver disease or unexplained persistent elevations in serum transaminases exceeding 3 times the upper limit of normal (ULN) and in patients treated with the hepatitis C antivirals glecaprevir/pibrentasvir.

### **4.4 Special warnings and precautions for use**

#### Myopathy/Rhabdomyolysis

In post-marketing experience with ezetimibe, cases of myopathy and rhabdomyolysis have been reported. Most patients who developed rhabdomyolysis were taking a statin concomitantly with ezetimibe. However, rhabdomyolysis has been reported very rarely with ezetimibe monotherapy and very rarely with the addition of ezetimibe to other agents known to be associated with increased risk of rhabdomyolysis.

Atorvastatin, like other HMG-CoA reductase inhibitors, may in rare occasions affect the skeletal muscle and cause myalgia, myositis, and myopathy that may progress to rhabdomyolysis, a potentially life-threatening condition characterised by markedly elevated creatine phosphokinase (CPK) levels (>10 times ULN), myoglobinaemia and myoglobinuria, which may lead to renal failure. There have been very rare reports of an immune-mediated necrotising myopathy (IMNM) during or after treatment with statins, including atorvastatin. IMNM is clinically characterised by proximal muscle weakness and elevated serum creatine kinase, which persist despite discontinuation of statin treatment.

#### *Before the treatment*

HIMAVAT should be prescribed with caution to patients with pre-disposing factors for rhabdomyolysis. ACPK level should be measured before starting treatment in the following situations:

- renal impairment
- hypothyroidism
- personal or familial history of hereditary muscular disorders
- previous history of muscular toxicity with a statin or fibrate
- previous history of liver disease and/or where substantial quantities of alcohol are consumed
- in elderly (age>70 years), the necessity of such measurement should be considered, according to the presence of other predisposing factors for rhabdomyolysis
- situations where an increase in plasma levels may occur, such as interactions (see section 4.5) and special populations including genetic subpopulations (see section 5.2)

In such situations, the risk of treatment should be considered in relation to possible benefit, and clinical monitoring is recommended.

If CPK levels are significantly elevated (>5times ULN) at baseline, treatment should not be started.

#### *Creatine phosphokinase measurement*

Creatine phosphokinase (CPK) should not be measured following strenuous exercise or in the presence of any other cause of CPK increase as it makes value interpretation difficult. If CPK levels are significantly elevated at baseline (>5 times ULN), levels should be remeasured within 5 to 7 days later to confirm the results.

#### *Monitoring during treatment*

- Patients must be asked to promptly report muscle pain, cramps, or weakness especially if accompanied by malaise or fever or if muscle signs and symptoms persist after discontinuing HIMAVAT.
- If such symptoms occur whilst a patient is receiving treatment with HIMAVAT, their CPK levels should be measured. If these levels are found to be significantly elevated (>5 times ULN), treatment should be stopped.
- If muscular symptoms are severe and cause daily discomfort, even if the CPK levels are elevated to  $\leq 5$  times ULN, treatment discontinuation should be considered.
- If symptoms resolve and CPK levels return to normal, then re-introduction of HIMAVAT or introduction of another statin-containing product may be considered at the lowest dose and with close monitoring.
- HIMAVAT must be discontinued if clinically significant elevation of CPK levels (>10 times ULN) occur, or if rhabdomyolysis is diagnosed or suspected.

#### *Simultaneous treatment with other products*

Due to the atorvastatin component of HIMAVAT, the risk of rhabdomyolysis is increased when atorvastatin is administered concomitantly with certain medicinal products that may increase the plasma concentration of atorvastatin such as potent inhibitors of CYP3A4 or transport proteins (e.g. ciclosporin, telithromycin, clarithromycin, declavirdine, stiripentol, ketoconazole, voriconazole, itraconazole, posaconazole, letermovir and certain HIV protease inhibitors including ritonavir, lopinavir, atazanavir, indinavir, darunavir, tipranavir/ritonavir etc). The risk of myopathy may also be increased with the concomitant use of gemfibrozil and other fibric acid derivatives, antivirals for the

treatment of hepatitis C (HCV) (boceprevir, telaprevir, elbasvir/grazoprevir), erythromycin or ezetimibe. If possible, alternative (non-interacting) therapies should be considered instead of these medicinal products.

In cases where coadministration of these medicinal products with HIMAVAT is necessary, the benefit and the risk of concurrent treatment should be carefully considered. When patients are receiving medicinal products that increase the plasma concentration of atorvastatin, a lower maximum dose of HIMAVAT is recommended. In addition, in the case of potent CYP3A4 inhibitors, a lower starting dose of HIMAVAT should be considered and appropriate clinical monitoring of these patients is recommended (see section 4.5).

HIMAVAT must not be co-administered with systemic formulations of fusidic acid or within 7 days of stopping fusidic acid treatment. In patients where the use of systemic fusidic acid is considered essential, statin treatment should be discontinued throughout the duration of fusidic acid treatment. There have been reports of rhabdomyolysis (including some fatalities) in patients receiving fusidic acid and statins in combination (see section 4.5). The patient should be advised to seek medical advice immediately if they experience any symptoms of muscle weakness, pain or tenderness

Statin therapy may be re-introduced seven days after the last dose of fusidic acid.

In exceptional circumstances, where prolonged systemic fusidic acid is needed, e.g. for the treatment of severe infection, the need for co-administration of HIMAVAT and fusidic acid should only be considered on a case by case basis and under close medical supervision.

#### Myasthenia gravis/ ocular myasthenia

In few cases, statins have been reported to induce de novo or aggravate pre-existing myasthenia gravis or ocular myasthenia (see section 4.8). HIMAVAT should be discontinued in case of aggravation of symptoms. Recurrences when the same or a different statin was (re-) administered have been reported.

#### Liver Enzymes

In controlled coadministration trials in patients receiving ezetimibe and a statin, consecutive transaminase elevations ( $\geq 3$  times the upper limit of normal [ULN]) have been observed (see section 4.8).

Liver function tests should be performed before the initiation of treatment and periodically thereafter. Patients who develop any signs or symptoms suggestive of liver injury should have liver function tests performed. Patients who develop increased transaminase levels should be monitored until the abnormality(ies) resolve. Should an increase in transaminase of greater than 3 times the ULN persist, reduction of dose or withdrawal of HIMAVAT is recommended.

HIMAVAT should be used with caution in patients who consume substantial quantities of alcohol and/or have a history of liver disease.

#### Hepatic Insufficiency

Due to the unknown effects of the increased exposure to ezetimibe in patients with moderate or severe hepatic insufficiency, the administration of HIMAVAT is not recommended (see section 5.2).

#### Fibrates

The safety and efficacy of ezetimibe administered with fibrates have not been established. Therefore, concomitant treatment with HIMAVAT is not recommended (see section 4.5).

#### Ciclosporin

Caution should be exercised when initiating HIMAVAT in the setting of ciclosporin. Ciclosporin concentrations should be monitored in patients receiving HIMAVAT and ciclosporin (see section 4.5).

#### Anticoagulants

If HIMAVAT is added to warfarin, another coumarin anticoagulant, or fludione, the International Normalised Ratio (INR) should be appropriately monitored (see section 4.5).

#### Stroke Prevention by Aggressive Reduction in Cholesterol Levels (SPARCL)

In a post-hoc analysis of stroke subtypes in patients without coronary heart disease (CHD) who had a recent stroke or transient ischemic attack (TIA) there was a higher incidence of hemorrhagic stroke in patients initiated on atorvastatin 80 mg compared to placebo. The increased risk was particularly noted in patients with prior hemorrhagic stroke or lacunar infarct at study entry. For patients with prior hemorrhagic stroke or lacunar infarct, the balance of risks and benefits of atorvastatin 80 mg is uncertain, and the potential risk of hemorrhagic stroke should be carefully considered before initiating treatment (see section 5.1).

#### Interstitial lung disease

Exceptional cases of interstitial lung disease have been reported with some statins, especially with long term therapy (see section 4.8). Presenting features can include dyspnoea, non-productive cough and deterioration in general health (fatigue, weight loss and fever). If it is suspected a patient has developed interstitial lung disease, statin therapy should be discontinued.

#### Diabetes mellitus

Some evidence suggests that statins as a class raise blood glucose and in some patients, a high risk of future diabetes, may produce a level of hyperglycaemia where formal diabetes care is appropriate. This risk, however, is outweighed by the reduction in vascular risk with statins and therefore should not be a reason for stopping statin treatment. Patients at risk (fasting glucose 5.6 to 6.9 mmol/L, BMI > 30 kg/m<sup>2</sup>, raised triglycerides, hypertension) should be monitored both clinically and biochemically according to national guidelines.

#### Excipients

##### **HIMAVAT contains lactose.**

Patients with rare hereditary problems of galactose intolerance, total lactase deficiency, or glucose-galactose malabsorption should not take this medicine.

##### **HIMAVAT contains sodium.**

HIMAVAT contains less than 1 mmol sodium (23mg) per tablet, that is to say essentially 'sodium free'.

## **4.5 Interaction with other medicinal products and other forms of interaction**

#### Pharmacodynamic interactions

Multiple mechanisms may contribute to potential interactions with HMG Co-A reductase inhibitors. Drugs or herbal products that inhibit certain enzymes (e.g CYP3A4) and/or transporter (e.g., OATP1B) pathways may increase atorvastatin plasma concentrations and may lead to an increased risk of myopathy/rhabdomyolysis.

**Consult the prescribing information of all concomitantly used drugs to obtain further information about their potential interactions with atorvastatin and/or the potential for enzyme or transporter alterations and possible adjustments to dose and regimens.**

#### Pharmacokinetic interactions

No clinically significant pharmacokinetic interaction was seen when ezetimibe was coadministered with atorvastatin.

#### Effects of other medicinal products on HIMAVAT

##### *Ezetimibe*

##### *Antacids*

Concomitant antacid administration decreased the rate of absorption of ezetimibe but had no effect on the bioavailability of ezetimibe. This decreased rate of absorption is not considered clinically significant.

#### *Cholestyramine*

Concomitant cholestyramine administration decreased the mean area under the curve (AUC) of total ezetimibe (ezetimibe + ezetimibe glucuronide) approximately 55%. The incremental low-density lipoprotein cholesterol (LDL-C) reduction due to adding ezetimibe to cholestyramine may be lessened by this interaction (see section 4.2).

#### *Ciclosporin*

In a study of eight post-renal transplant patients with creatinine clearance of >50 mL/min on a stable dose of ciclosporin, a single 10 mg dose of ezetimibe resulted in a 3.4-fold (range 2.3- to 7.9-fold) increase in the mean AUC for total ezetimibe compared to a healthy control population, receiving ezetimibe alone, from another study (n=17). In a different study, a renal transplant patient with severe renal insufficiency who was receiving ciclosporin and multiple other medicinal products demonstrated a 12-fold greater exposure to total ezetimibe compared to concurrent controls receiving ezetimibe alone.

In a two-period crossover study in twelve healthy subjects, daily administration of 20 mg ezetimibe for 8 days with a single 100-mg dose of ciclosporin on Day 7 resulted in a mean 15% increase in ciclosporin AUC (range 10% decrease to 51% increase) compared to a single 100-mg dose of ciclosporin alone. A controlled study on the effect of coadministered ezetimibe on ciclosporin exposure in renal transplant patients has not been conducted. Caution should be exercised when initiating HIMAVAT in the setting of ciclosporin. Ciclosporin concentrations should be monitored in patients receiving HIMAVAT and ciclosporin (see section 4.4.).

#### *Fibrates*

Concomitant fenofibrate or gemfibrozil administration modestly increased total ezetimibe concentrations approximately 1.5- and 1.7-fold, respectively. Although these increases are not considered clinically significant, coadministration of HIMAVAT with fibrates is not recommended.

#### *Atorvastatin*

Atorvastatin is metabolized by cytochrome P450 3A4 (CYP3A4) and is a substrate of the hepatic transporters, organic anion-transporting polypeptide 1B1 (OATP1B1) and 1B3 (OATP1B3) transporter. Metabolites of atorvastatin are substrates of OATP1B1. Atorvastatin is also identified as a substrate of the multi-drug resistance protein 1 (MDR1) and breast cancer resistance protein (BCRP), which may limit the intestinal absorption and biliary clearance of atorvastatin (see section 5.2). Concomitant administration of medicinal products that are inhibitors of CYP3A4 or transport proteins may lead to increased plasma concentrations of atorvastatin and an increased risk of myopathy. The risk might also be increased at concomitant administration of atorvastatin with other medicinal products that have a potential to induce myopathy, such as fibric acid derivatives and ezetimibe (see section 4.3 and 4.4.).

#### *CYP3A4 inhibitors*

Potent CYP3A4 inhibitors have been shown to lead to markedly increased concentrations of atorvastatin (see Table 1 and specific information below). Coadministration of potent CYP3A4 inhibitors (e.g. ciclosporin, telithromycin, clarithromycin, delavirdine, stiripentol, ketoconazole, voriconazole, itraconazole, posaconazole, some antivirals used in the treatment of HCV (e.g. elbasvir/grazoprevir) and HIV protease inhibitors including ritonavir, lopinavir, atazanavir, indinavir, darunavir, etc.) should be avoided if possible. In cases where coadministration of these medicinal products with atorvastatin cannot be avoided, lower starting and maximum doses of atorvastatin should be considered and appropriate clinical monitoring of the patient is recommended (see Table 1).

Moderate CYP3A4 inhibitors (e.g. erythromycin, diltiazem, verapamil and fluconazole) may increase plasma concentrations of atorvastatin (see Table 1). An increased risk of myopathy has been observed with the use of erythromycin in combination with statins. Interaction studies evaluating the effects of amiodarone or verapamil on atorvastatin have not been conducted. Both amiodarone and verapamil are known to inhibit CYP3A4 activity and coadministration with HIMAVAT may result in increased exposure to atorvastatin. Therefore, a lower maximum dose of HIMAVAT should be considered and appropriate clinical monitoring of the patient is recommended when concomitantly used with moderate CYP3A4 inhibitors. Appropriate clinical monitoring is recommended after initiation or following dose adjustments of the inhibitor.

#### *Inhibitors of Breast Cancer Resistant Protein (BCRP)*

Concomitant administration of products that are inhibitors of BCRP (e.g., elbasvir and grazoprevir) may lead to increased plasma concentration of atorvastatin and an increased risk of myopathy; therefore a dose adjustment of atorvastatin should be considered depending on the prescribed dose. Co-administration of elbasvir and grazoprevir with atorvastatin increases plasma concentrations of atorvastatin 1,9-fold (see Table 1); therefore, the dose of HIMAVAT should not exceed 10/20 mg daily in patients receiving concomitant medications with products containing elbasvir or grazoprevir (see section 4.2 and 4.4).

#### *Inducers of cytochrome P450 3A4*

Concomitant administration of atorvastatin with inducers of cytochrome P450 3A4 (e.g., efavirenz, rifampicin, St. John's Wort) can lead to variable reductions in plasma concentrations of atorvastatin. Due to the dual interaction mechanism of rifampicin, (cytochrome P450 3A4 induction and inhibition of hepatocyte uptake transporter OATP1B1), simultaneous coadministration of atorvastatin with rifampicin is recommended, as delayed administration of atorvastatin after administration of rifampicin has been associated with a significant reduction in atorvastatin plasma concentrations. The effect of rifampicin on atorvastatin concentrations in hepatocytes is, however, unknown and if concomitant administration cannot be avoided, patients should be carefully monitored for efficacy.

#### *Transport inhibitors*

Inhibitors of transport proteins (e.g. ciclosporin, letermovir) can increase the systemic exposure of atorvastatin (see Table 1). The effect of inhibition of hepatic uptake transporters on atorvastatin concentrations in hepatocytes is unknown. If concomitant administration cannot be avoided, a dose reduction of HIMAVAT and clinical monitoring for efficacy is recommended (see table 1).

Use of atorvastatin is not recommended in patients taking letermovir co-administered with ciclosporin (see section 4.4.).

#### *Gemfibrozil/ fibric acid derivatives*

The use of fibrates alone is occasionally associated with muscle-related events, including rhabdomyolysis. The risk of these events may be increased with the concomitant use of fibric acid derivatives and atorvastatin.

#### *Ezetimibe*

The use of ezetimibe alone is associated with muscle-related events, including rhabdomyolysis. The risk of these events may therefore be increased with concomitant use of ezetimibe and atorvastatin. Appropriate clinical monitoring of these patients is recommended.

#### *Colestipol*

Plasma concentrations of atorvastatin and its active metabolites were lower when colestipol was coadministered with atorvastatin (Relative concentration of atorvastatin: 0.74). However, the lipid decreasing effects were greater when atorvastatin and colestipol were coadministered than when either medicinal product was given alone.

#### *Fusidic acid*

The risk of myopathy including rhabdomyolysis may be increased by the concomitant administration of systemic fusidic acid with statins. The mechanism of this interaction (whether it is pharmacodynamic or pharmacokinetic, or both) is yet unknown. There have been reports of rhabdomyolysis (including some fatalities) in patients receiving this combination. If treatment with systemic fusidic acid is necessary, atorvastatin treatment should be discontinued throughout the duration of the fusidic acid treatment (see section 4.4).

#### *Colchicine*

Although interaction studies with atorvastatin and colchicine have not been conducted, cases of myopathy have been reported with atorvastatin co-administered with colchicine, and caution should be exercised when prescribing atorvastatin with colchicine.

#### *Boceprevir*

Exposure to atorvastatin was increased when administered with boceprevir. When coadministration with HIMAVAT is required, starting with the lowest possible dose of HIMAVAT should be considered with titration up to desired clinical effect while monitoring for safety, without exceeding a daily dose of 10/20 mg. For patients currently taking HIMAVAT, the dose of HIMAVAT should not exceed a daily dose of 10/20 mg during coadministration with boceprevir.

### Effects of HIMAVAT on the pharmacokinetics of other medicinal products

#### *Ezetimibe*

In preclinical studies, it has been shown that ezetimibe does not induce cytochrome P450 drug metabolising enzymes. No clinically significant pharmacokinetic interactions have been observed between ezetimibe and drugs known to be metabolised by cytochromes P450 1A2, 2D6, 2C8, 2C9, and 3A4, or N-acetyltransferase.

In clinical interaction studies, ezetimibe had no effect on the pharmacokinetics of dapsone, dextromethorphan, digoxin, oral contraceptives (ethinyl estradiol and levonorgestrel), glipizide, tolbutamide, or midazolam during co-administration. Cimetidine, co-administered with ezetimibe, had no effect on the bioavailability of ezetimibe.

#### *Anticoagulants*

Concomitant administration of ezetimibe (10 mg once daily) had no significant effect on bioavailability of warfarin and prothrombin time in a study of twelve healthy adult males. However, there have been post-marketing reports of increased International Normalised Ratio (INR) in patients who had ezetimibe added to warfarin or fluindione. If HIMAVAT is added to warfarin, another coumarin anticoagulant, or fluindione, INR should be appropriately monitored (see section 4.4).

#### *Atorvastatin*

##### *Digoxin*

When multiple dose of digoxin and 10 mg atorvastatin were coadministered, steady-state digoxin concentrations increased slightly. Patients taking digoxin should be monitored appropriately.

##### *Oral contraceptives*

Coadministration of atorvastatin with an oral contraceptive produced increases in plasma concentrations of norethisterone and ethinyl estradiol.

##### *Warfarin*

In a clinical study in patients receiving chronic warfarin therapy, coadministration of atorvastatin 80 mg daily with warfarin caused a small decrease of about 1.7 seconds in prothrombin time during the first 4 days of dosing, which returned to normal within 15 days of atorvastatin treatment.

Although only very rare cases of clinically significant anticoagulant interactions have been reported, prothrombin time should be determined before starting atorvastatin in patients taking coumarin anticoagulants and frequently enough during early therapy to ensure that no significant alteration of prothrombin time occurs. Once a stable prothrombin time has been documented, prothrombin times

can be monitored at the intervals usually recommended for patients on coumarin anticoagulants. If the dose of atorvastatin is changed or discontinued, the same procedure should be repeated. Atorvastatin therapy has not been associated with bleeding or with changes in prothrombin time in patients not taking anticoagulants.

**Table 1: Effect of co-administered medicinal products on the pharmacokinetics of atorvastatin**

Co-administered medicinal product and dosing regimen	Atorvastatin		
	Dose (mg)	Ratio of AUC <sup>&amp;</sup>	Clinical Recommendation <sup>#</sup>
Tipranavir 500 mg BID/ Ritonavir 200 mg BID, 8 days (days 14 to 21)	40 mg on day 1, 10 mg on day 20	9.4	In cases where coadministration with atorvastatin is necessary, do not exceed 10 mg atorvastatin daily. Clinical monitoring of these patients is recommended.
Telaprevir 750 mg q8h, 10 days	20 mg, SD	7.9	
Ciclosporin 5.2 mg/kg/day, stable dose	10 mg OD for 28 days	8.7	
Lopinavir 400 mg BID/ Ritonavir 100 mg BID, 14 days	20 mg OD for 4 days	5.9	In cases where co-administration with atorvastatin is necessary, lower maintenance doses of atorvastatin are recommended. At atorvastatin doses exceeding 20 mg, clinical monitoring of these patients is recommended.
Clarithromycin 500 mg BID, 9 days	80 mg OD for 8 days	4.5	
Saquinavir 400 mg BID/ Ritonavir (300 mg BID from days 5-7, increased to 400 mg BID on day 8), days 4-18, 30 min after atorvastatin dosing	40 mg OD for 4 days	3.9	In cases where co-administration with atorvastatin is necessary, lower maintenance doses of atorvastatin are recommended. At atorvastatin doses exceeding 40 mg, clinical monitoring of these patients is recommended.
Darunavir 300 mg BID/ Ritonavir 100 mg BID, 9 days	10 mg OD for 4 days	3.4	
Itraconazole 200 mg OD, 4 days	40 mg SD	3.3	
Fosamprenavir 700 mg BID/ Ritonavir 100 mg BID, 14 days	10 mg OD for 4 days	2.5	
Fosamprenavir 1400 mg BID, 14 days	10 mg OD for 4 days	2.3	
Nelfinavir 1250 mg BID, 14 days	10 mg OD for 28 days	1.74	No specific recommendation.
Elbasvir 50 mg OD/ Grazoprevir 200 mg OD, 13 days	10 mg SD	1.95	The dose of atorvastatin should not exceed a daily dose of 20 mg during co-administration with products containing elbasvir or grazoprevir.
Letemovir 480 mg OD, 10 days	20 mg SD	3.29	The dose of atorvastatin should not exceed a daily dose of 20 mg during co-administration with products containing letemovir.
Glecaprevir 400 mg OD/ Pibrentasvir 120 mg OD, 7 days	10 mg OD For 7 days	8.3	Co-administration with products containing glecaprevir or pibrentasvir is contraindicated (see section 4.3)
Grapefruit Juice, 240 mL OD *	40 mg, SD	1.37	Concomitant intake of large quantities of grapefruit juice and atorvastatin is not recommended.
Diltiazem 240 mg OD, 28 days	40 mg, SD	1.51	After initiation or following dose adjustments of diltiazem, appropriate clinical monitoring of

			these patients is recommended.
Erythromycin 500 mg QID, 7 days	10 mg, SD	1.33	Lower maximum dose and clinical monitoring of these patients is recommended.
Amlodipine 10 mg, single dose	80 mg, SD	1.18	No specific recommendation.
Cimetidine 300 mg QID, 2 weeks	10 mg OD for 2 weeks	1.00	No specific recommendation.
Colestipol 10 g BID, 24 weeks	40 mg OD for 8 weeks	0.74**	No specific recommendation
Antacid suspension of magnesium and aluminium hydroxides, 30 mL QID, 17 days	10 mg OD for 15 days	0.66	No specific recommendation.
Efavirenz 600 mg OD, 14 days	10 mg for 3 days	0.59	No specific recommendation.
Rifampin 600 mg OD, 7 days (co-administered)	40 mg SD	1.12	If co-administration cannot be avoided, simultaneous co-administration of atorvastatin with rifampin is recommended, with clinical monitoring.
Rifampin 600 mg OD, 5 days (doses separated)	40 mg SD	0.20	
Gemfibrozil 600 mg BID, 7 days	40 mg SD	1.35	Lower starting dose and clinical monitoring of these patients is recommended.
Fenofibrate 160 mg OD, 7 days	40 mg SD	1.03	Lower starting dose and clinical monitoring of these patients is recommended.
Boceprevir 800 mg TID, 7 days	40 mg SD	2.3	Lower starting dose and clinical monitoring of these patients is recommended. The dose of atorvastatin should not exceed a daily dose of 20 mg during co-administration with boceprevir.

& Represents ratio of treatments (co-administered drug plus atorvastatin versus atorvastatin alone).

# See sections 4.4 and 4.5 for clinical significance.

\* Contains one or more components that inhibit CYP3A4 and can increase plasma concentrations of medicinal products metabolised by CYP3A4. Intake of one 240 ml glass of grapefruit juice also resulted in a decreased AUC of 20.4% for the active orthohydroxy metabolite. Large quantities of grapefruit juice (over 1.2 l daily for 5 days) increased AUC of atorvastatin 2.5 fold and AUC of active (atorvastatin and metabolites) HMG-CoA reductase inhibitors 1.3 fold.

\*\* Ratio based on a single sample taken 8-16 h post dose.

OD = once daily; SD = single dose; BID = twice daily; TID = three times daily; QID = four times daily.

Table 2: Effect of atorvastatin on the pharmacokinetics of co-administered medicinal products

Atorvastatin and dosing regimen	Co-administered medicinal product		
	Medicinal product/Dose (mg)	Ratio of AUC <sup>&amp;</sup>	Clinical Recommendation
80 mg OD for 10 days	Digoxin 0.25 mg OD, 20 days	1.15	Patients taking digoxin should be monitored appropriately.
40 mg OD for 22 days	Oral contraceptive OD, 2 months - norethindrone 1 mg - ethinyl estradiol 35 µg	1.28 1.19	No specific recommendation.
80 mg OD for 15	* Phenazone, 600 mg SD	1.03	No specific recommendation.

days			
10 mg, SD	Tipranavir 500 mg BID/ritonavir 200 mg BID, 7 days	1.08	No specific recommendation.
10 mg, OD for 4 days	Fosamprenavir 1400 mg BID, 14 days	0.73	No specific recommendation.
10 mg OD for 4 days	Fosamprenavir 700 mg BID/ritonavir 100 mg BID, 14 days	0.99	No specific recommendation.

\* Represents ratio of treatments (co-administered drug plus atorvastatin versus atorvastatin alone).

\* Co-administration of multiple doses of atorvastatin and phenazone showed little or no detectable effect in the clearance of phenazone.

OD = once daily; SD = single dose; BID = twice daily.

## 4.6 Fertility, pregnancy and lactation

### *Women of childbearing potential*

Women of childbearing potential should use appropriate contraceptive measures during treatment (see section 4.3).

### Pregnancy

HIMAVAT is contraindicated during pregnancy (see section 4.3). No clinical data are available on the use of HIMAVAT during pregnancy.

### *Atorvastatin*

Safety in pregnant women has not been established. No controlled clinical trials with atorvastatin have been conducted in pregnant women. Rare reports of congenital anomalies following intrauterine exposure to HMG-CoA reductase inhibitors have been received. Animal studies have shown toxicity to reproduction (see section 5.3).

Maternal treatment with atorvastatin may reduce the fetal levels of mevalonate which is a precursor of cholesterol biosynthesis. Atherosclerosis is a chronic process, and ordinarily discontinuation of lipid-lowering medicinal products during pregnancy should have little impact on the long-term risk associated with primary hypercholesterolaemia.

### *Ezetimibe*

No clinical data are available on the use of ezetimibe during pregnancy.

The coadministration of ezetimibe and atorvastatin in pregnant rats indicated that there was a test article-related increase in the skeletal variation “reduced ossification of the sternbrae” in the high dose ezetimibe/atorvastatin group. This may be related to the observed decrease in foetal body weights. In pregnant rabbits a low incidence of skeletal deformities (fused sternbrae, fused caudal vertebrae and asymmetrical sternbrae variations) were observed.

### Breastfeeding

HIMAVAT is contraindicated during breast-feeding.

### *Atorvastatin*

It is unknown whether atorvastatin or its metabolites are excreted in human milk. In rats, plasma concentrations of atorvastatin and its active metabolites are similar to those in milk (see section 5.3). Because of the potential for serious adverse reactions, women taking HIMAVAT should not breast-feed their infants (see section 4.3). Atorvastatin is contraindicated during breast-feeding (see section 4.3).

### *Ezetimibe*

Ezetimibe should not be used during lactation. Studies on rats have shown that ezetimibe is secreted into breast milk. It is not known if ezetimibe is secreted into human breast milk.

### Fertility

No fertility studies were conducted with HIMAVAT.

### *Atorvastatin*

In animal studies atorvastatin had no effect on male or female fertility.

### *Ezetimibe*

Ezetimibe had no effect on the fertility of male or female rats.

## **4.7 Effects on ability to drive and use machines**

HIMAVAT has negligible influence on the ability to drive and use machines. However, when driving vehicles or operating machines, it should be taken into account that dizziness has been reported.

## **4.8 Undesirable effects**

### Tabulated list of adverse reactions

Frequencies are defined as: very common ( $\geq 1/10$ ); common ( $\geq 1/100$ ,  $< 1/10$ ); uncommon ( $\geq 1/1000$ ,  $< 1/100$ ); rare ( $\geq 1/10,000$ ,  $< 1/1000$ ); and very rare ( $< 1/10,000$ ) and not known (cannot be estimated from the available data).

System Organ Class	Undesirable Effect	Frequency		
		Atorvastatin	Ezetimibe	Ezetimibe + Statin
Infections and infestations	Nasopharyngitis	Common		
Blood and lymphatic disorders	Thrombocytopenia	Rare	Not known*	
Immune system disorder	Allergic reactions	Common		
	Anaphylactic reactions	Very rare		
	Hypersensitivity, including rash, urticarial, anaphylaxis and angio-oedema		Not known*	
Metabolism and nutrition disorders	Hyperglycaemia	Common		
	Hypoglycaemia, weight gain, anorexia	Uncommon		
	Decreased appetite		Uncommon	
Psychiatric disorders	Nightmare, insomnia	Uncommon		
	Depression		Not known*	
Nervous system disorder	Headache	Common		Common
	Dizziness		Not known*	
	Drowsiness	Uncommon		
	Hypoesthesia, dysgeusia, amnesia	Uncommon		
	Paraesthesia	Uncommon	Not known*	Uncommon
	Peripheral neuropathy	Rare		
	Myasthenia gravis	Not known		
Eye disorders	Vision blurred	Uncommon		
	Visual disturbance	Rare		
	Ocular myasthenia	Not known		

Ear and labyrinth disorders	Tinnitus	Uncommon		
	Hearing loss	Very rare		
Respiratory, thoracic and mediastinal disorders	Pharyngolaryngeal pain, epistaxis	Common		
	Cough		Uncommon	
	Dyspnoea		Not known*	
Gastrointestinal disorders	Flatulence, diarrhoea	Common	Common	
	Constipation	Common	Not known*	
	Nausea, dyspepsia	Common	Uncommon	
	Vomiting, eructation,	Uncommon		
	Pancreatitis	Uncommon	Not known*	
	Abdominal pain	Uncommon	Common	
	Gastrooesophageal reflux disease		Uncommon	
	Dry mouth, gastritis			Uncommon
Hepatobiliary disorders	Hepatitis	Uncommon	Not known*	
	Cholestasis	Rare		
	Hepatic failure	Very rare		
	Cholelithiasis, cholecystitis		Not known*	
Skin and subcutaneous tissue disorders	Urticaria, skin rash, pruritus	Uncommon		Uncommon
	Alopecia	Uncommon		
	Angioneurotic oedema, dermatitis bullous including Stevens-Johnson syndrome and toxic epidermal necrolysis	Rare		
	Erythema multiforme	Rare	Not known*	
Musculoskeletal and connective tissue disorders	Arthralgia, muscle spasms,	Common	Uncommon	
	Joint swelling	Common		
	Pain in extremity, back pain,	Common		Uncommon
	Muscle fatigue	Uncommon		
	Muscular weakness	Uncommon		Uncommon
	Neck pain	Uncommon	Uncommon	
	Myalgia	Common	Not known*	Common
	Myositis, tendinopathy (sometimes complicated by rupture)	Rare		
	Immune-mediated necrotizing myopathy	Not known		
	Myopathy/rhabdomyolysis/ Muscle rupture	Rare	Not known*	
Lupus-like syndrome	Very rare			
Reproductive system and breast disorders	Gynecomastia	Very rare		
Vascular disorders	Hot flush, hypertension		Uncommon	
General disorders and administration site conditions	Oedema peripheral	Uncommon		Uncommon
	Asthenia	Uncommon	Not known*	Uncommon
	Chest pain	Uncommon	Uncommon	
	Fatigue	Uncommon	Common	
	Malaise, pyrexia	Uncommon		
Pain		Uncommon		
Investigations	Liver function test abnormal, blood creatine kinase increased	Common		

	White blood cells urine positive	Uncommon		
	ALT and/or AST increased,		Uncommon	Common
	Blood CPK increased, gamma-glutamyltransferase increased, liver function test abnormal		Uncommon	

\* Post-marketing experience (with or without statin)

The following adverse events have been reported with some statins:

- sexual dysfunction
- depression
- exceptional cases of interstitial lung disease, especially with long term therapy (see section 4.4)
- diabetes mellitus: frequency will depend on the presence or absence of risk factors (fasting blood glucose  $\geq 5.6$  mmol/L, BMI > 30 kg/m, raised triglycerides, history of hypertension)

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via **the national reporting system** listed in [Appendix V](#).

## 4.9 Overdose

In the event of an overdose, symptomatic and supportive measures should be employed. Liver function tests should be performed and serum CPK levels should be monitored.

#### *Ezetimibe*

In clinical studies, administration of ezetimibe, 50 mg/day to 15 healthy subjects for up to 14 days, or 40 mg/day to 18 patients with primary hypercholesterolaemia for up to 56 days, was generally well tolerated.

A few cases of overdose have been reported; most have not been associated with adverse experiences. Reported adverse experiences have not been serious. In animals, no toxicity was observed after single oral doses of 5000 mg/kg of ezetimibe in rats and mice and 3000 mg/kg in dogs.

#### *Atorvastatin*

Due to extensive atorvastatin binding to plasma proteins, haemodialysis is not expected to significantly enhance atorvastatin clearance.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotheapeutic group: Lipid modifying agents, HMG-CoA reductase inhibitors in combination with other lipid modifying agents, ATC code: C10BA05

#### Mechanism of action

High blood cholesterol levels are derived from intestinal absorption and endogenous cholesterol biosynthesis. HIMA VAT contains ezetimibe and atorvastatin, two lipid lowering compounds with complementary mechanisms of action.

### *Ezetimibe*

The molecular target of Ezetimibe is the sterol transporter, Niemann-Pick C1 Like 1 (NPC1L1), which is responsible for the intestinal uptake of cholesterol and phytosterols. Ezetimibe inhibits the intestinal absorption of cholesterol at the brush border of the small intestine and decreases the delivery of intestinal cholesterol to the liver.

Ezetimibe has been shown to inhibit >50-55% of the cholesterol absorption in patients with mild to moderate hypercholesterolaemia.

A series of preclinical studies were performed to determine the selectivity of ezetimibe for inhibiting cholesterol absorption. Ezetimibe inhibited the absorption of [<sup>14</sup>C]-cholesterol with no effect on the absorption of triglycerides, fatty acids, bile acids, progesterone, ethinyl estradiol, or fat soluble vitamins A and D.

### *Atorvastatin*

Atorvastatin, in contrast, is a selective, competitive inhibitor of the cholesterol biosynthesis in the liver. It inhibits the HMG-CoA reductase, the rate-limiting enzyme responsible for the conversion of 3-hydroxy-3-methyl-glutaryl-coenzyme A to mevalonate, a precursor of sterols, including cholesterol. Triglycerides and cholesterol in the liver are incorporated into very low-density lipoproteins (VLDL), so called transport proteins. These transport proteins are released into the plasma for delivery of cholesterol to peripheral tissues. Low-density lipoproteins (LDL) are formed from VLDL and are catabolized primarily through the receptor with a high affinity to LDL.

Atorvastatin lowers plasma cholesterol and lipoprotein in serum concentrations by inhibiting the cholesterol biosynthesis in the liver and increases the number of hepatic LDL receptors on the cell surface for enhanced uptake and catabolism of LDL:

Atorvastatin reduces LDL production and the number of LDL particles. Atorvastatin produces a profound and sustained increase in LDL receptor activity coupled with a beneficial change in the quality of circulating LDL particles. Atorvastatin is effective in reducing LDL-C in patients with homozygous familial hypercholesterolaemia, a population that has not usually responded to lipid-lowering medicinal products.

Atorvastatin has been shown to reduce concentrations of total-C (30% - 46%), LDL-C (41%-61%), apolipoprotein B (34%-50%), and triglycerides (14%-33%) while producing variable increases in HDL-C and apolipoprotein A1 in a dose response study. The results are consistent in patients with heterozygous familial hypercholesterolaemia, nonfamilial forms of hypercholesterolaemia, and mixed hyperlipidaemia, including patients with noninsulin-dependent diabetes mellitus.

The combination product reduces therefore elevated total cholesterol (total-C), LDL-C, apolipoprotein B (Apo B), triglycerides (TG), and non-high-density lipoprotein cholesterol (non-HDL-C), and increases high-density lipoprotein cholesterol (HDL-C) through dual inhibition of cholesterol absorption and synthesis.

In a placebo-controlled study, 628 patients with hyperlipidaemia were randomised to receive placebo, ezetimibe (10 mg), atorvastatin (10 mg, 20 mg, 40 mg, or 80 mg), or coadministered ezetimibe and atorvastatin equivalent to Atorvastatin/Ezetimibe (10/10, 10/20, 10/40 and 10/80) for up to 12 weeks. Patients receiving all doses of Atorvastatin/Ezetimibe were compared to those receiving all doses of atorvastatin. Atorvastatin/Ezetimibe lowered total-C, LDL-C, Apo B, TG, and non-HDL-C, and increased HDL-C significantly more than atorvastatin alone.

In a multicenter, randomised, double-blind study, 621 adults patients with HeFH, coronary heart disease, or multiple  $\geq 2$ ) cardiovascular risk factors, and a LDL-C level  $\geq 130$  mg/dL received after a 6- to 10-week dietary stabilization and atorvastatin (10 mg/day) open-label run-in period atorvastatin 10 mg + ezetimibe 10 mg or atorvastatin 20 mg. Atorvastatin dose in both groups was doubled after 4 weeks, 9 weeks, or both when the LDL-C level was not at its goal  $\leq 100$  mg/dL) to a maximum of 40

mg in the combination group and 80 mg in the monotherapy group. The proportion of subjects reaching their target LDL-C level goal of  $\leq 100$  mg/dL was significantly higher in the combination group than in the atorvastatin monotherapy group (22% vs 7%;  $P < 0.01$ ). At 4 weeks, levels of LDL-C, triglycerides, and non-high-density lipoprotein cholesterol were reduced significantly more by combination therapy than by doubling the dose of atorvastatin (LDL-C -22.8% versus -8.6%;  $P < 0.01$ ).

In another randomised, double-blind, placebo-controlled study 450 hypercholesterolaemic patients with coronary heart disease who had not achieved their LDL-C goal  $\leq 2.60$  mmol/L while on a stable dose of atorvastatin 10 or 20 mg/day for  $\geq 6$  weeks received either atorvastatin + ezetimibe or atorvastatin + placebo. Significantly more patients achieved an LDL-C goal  $\leq 2.6$  mmol/L with ezetimibe than placebo (81.3 vs. 21.8%;  $p \leq 0.001$ ). Compared to placebo, co-administration of ezetimibe with ongoing atorvastatin led to significantly ( $P \leq 0.001$ ) greater reductions in LDL-C, TC, TG, non-HDL-C, and apolipoprotein B; HDL-C was significantly ( $P \leq 0.05$ ) increased.

## 5.2 Pharmacokinetic properties

The combination product has been shown to be bioequivalent to coadministration of corresponding doses of ezetimibe and atorvastatin tablets.

### Absorption

#### *Ezetimibe*

After oral administration, ezetimibe is rapidly absorbed and extensively conjugated to a pharmacologically active phenolic glucuronide (ezetimibe-glucuronide). Mean maximum plasma concentrations ( $C_{max}$ ) occur within 1 to 2 hours for ezetimibe-glucuronide and 4 to 12 hours for ezetimibe. The absolute bioavailability of ezetimibe cannot be determined as the compound is virtually insoluble in aqueous media suitable for injection.

Concomitant food administration (high-fat or non-fat meals) had no effect on the oral bioavailability of ezetimibe when administered at 10-mg tablets.

#### *Atorvastatin*

Atorvastatin is rapidly absorbed after oral administration; maximum plasma concentrations ( $C_{max}$ ) occur within 1-2 hours. Extent of absorption increases in proportion to atorvastatin dose. After oral administration, atorvastatin tablets are 95% to 99% bioavailable compared to the oral solution. The absolute bioavailability of atorvastatin is approximately 12% and the systemic availability of HMG-CoA reductase inhibitory activity is approximately 30%. The low systemic availability is attributed to presystemic clearance in gastrointestinal mucosa and/or hepatic first-pass metabolism.

### Distribution

#### *Ezetimibe*

Ezetimibe and ezetimibe-glucuronide are bound 99.7% and 88 to 92% to human plasma proteins, respectively.

#### *Atorvastatin*

Mean volume of distribution of atorvastatin is approximately 381 l. Atorvastatin is  $\geq 98\%$  bound to plasma proteins.

### Biotransformation

#### *Ezetimibe*

Ezetimibe is metabolised primarily in the small intestine and liver via glucuronide conjugation (a phase II reaction) with subsequent biliary excretion. Minimal oxidative metabolism (a phase I reaction) has been observed in all species evaluated. Ezetimibe and ezetimibe-glucuronide are the major drug-derived compounds detected in plasma, constituting approximately 10 to 20% and 80 to 90% of the total drug in plasma, respectively. Both ezetimibe and ezetimibe-glucuronide are slowly

eliminated from plasma with evidence of significant enterohepatic recycling. The half-life for ezetimibe and ezetimibe-glucuronide is approximately 22 hours.

#### *Atorvastatin*

Atorvastatin is metabolized by cytochrome P450 3A4 to ortho- and parahydroxylated derivatives and various beta-oxidation products. Apart from other pathways these products are further metabolized via glucuronidation. *In vitro*, inhibition of HMG-CoA reductase by ortho- and parahydroxylated metabolites is equivalent to that of atorvastatin. Approximately 70% of circulating inhibitory activity for HMG-CoA reductase is attributed to active metabolites.

#### Elimination

##### *Ezetimibe*

Following oral administration of <sup>14</sup>C-ezetimibe (20 mg) to human subjects, total ezetimibe accounted for approximately 93% of the total radioactivity in plasma. Approximately 78% and 11% of the administered radioactivity were recovered in the faeces and urine, respectively, over a 10-day collection period. After 48 hours, there were no detectable levels of radioactivity in the plasma.

##### *Atorvastatin*

Atorvastatin is a substrate of the hepatic transporters, organic anion-transporting polypeptide 1B1 (OATP1B1) and 1B3 (OATP1B3) transporter. Metabolites of atorvastatin are substrates of OATP1B1. Atorvastatin is also identified as a substrate of the efflux transporters multi-drug resistance protein 1 (MDR1) and breast cancer resistance protein (BCRP), which may limit the intestinal absorption and biliary clearance of atorvastatin. Atorvastatin is eliminated primarily in bile following hepatic and/or extrahepatic metabolism. However, the medicinal product does not appear to undergo significant enterohepatic recirculation. Mean plasma elimination half-life of atorvastatin in humans is approximately 14 hours. The half-life of inhibitory activity of HMG-CoA reductase is approximately 20-30 hours due to the contribution of active metabolites.

#### Paediatric population

The European Medicines Agency has waived the obligation to submit the results of studies with HIMAVAT in all subsets of the paediatric population.

##### *Ezetimibe*

The absorption and metabolism of ezetimibe are similar between children and adolescents (10 to 18 years) and adults. Based on total ezetimibe, there are no pharmacokinetic differences between adolescents and adults. Pharmacokinetic data in the paediatric population < 10 years of age are not available. Clinical experience in paediatric and adolescent patients (ages 9 to 17) has been limited to patients with HoFH or sitosterolaemia.

##### *Atorvastatin*

In an open-label, 8-week study, Tanner Stage 1 (N=15) and Tanner Stage 2 (N=24) paediatric patients (ages 6-17 years) with heterozygous familial hypercholesterolemia and baseline LDL-C  $\geq$  4 mmol/L were treated with 5 or 10 mg of chewable or 10 or 20 mg of atorvastatin tablets once daily, respectively. Body weight was the only significant covariate in atorvastatin population PK model. Apparent oral clearance of atorvastatin in paediatric subjects appeared similar to adults when scaled allometrically by body weight. Consistent decreases in LDL-C and TC were observed over the range of atorvastatin and o-hydroxyatorvastatin exposures.

#### Older people

##### *Ezetimibe*

Plasma concentrations for total ezetimibe are about 2-fold higher in the elderly ( $\geq$ 65 years) than in the young (18 to 45 years). LDL-C reduction and safety profile are comparable between elderly and younger subjects treated with ezetimibe.

##### *Atorvastatin*

Plasma concentrations of atorvastatin and its active metabolites are higher in healthy elderly subjects than in young adults while the lipid effects were comparable to those seen in younger patient populations.

### Hepatic impairment

#### *Ezetimibe*

After a single 10-mg dose of ezetimibe, the mean AUC for total ezetimibe was increased approximately 1.7-fold in patients with mild hepatic insufficiency (Child-Pugh score 5 or 6), compared to healthy subjects. In a 14-day, multiple-dose study (10 mg daily) in patients with moderate hepatic insufficiency (Child-Pugh score 7 to 9), the mean AUC for total ezetimibe was increased approximately 4-fold on Day 1 and Day 14 compared to healthy subjects. No dose adjustment is necessary for patients with mild hepatic insufficiency. Due to the unknown effects of the increased exposure to ezetimibe in patients with moderate or severe (Child-Pugh score > 9) hepatic insufficiency, ezetimibe is not recommended in these patients (see sections 4.2 and 4.4).

#### *Atorvastatin*

Plasma concentrations of atorvastatin and its active metabolites are markedly increased (approx. 16-fold in  $C_{max}$  and approx. 11-fold in AUC) in patients with chronic alcoholic liver disease (Childs-Pugh B).

### Renal impairment

#### *Ezetimibe*

After a single 10-mg dose of ezetimibe in patients with severe renal disease (n=8; mean  $CrCl \leq 30$  ml/min/1.73 m<sup>2</sup>), the mean AUC for total ezetimibe was increased approximately 1.5-fold, compared to healthy subjects (n=9).

An additional patient in this study (post-renal transplant and receiving multiple medicinal products, including ciclosporin) had a 12-fold greater exposure to total ezetimibe.

#### *Atorvastatin*

Renal disease has no influence on the plasma concentrations or lipid effects of atorvastatin and its active metabolites.

### Gender

#### *Ezetimibe*

Plasma concentrations for total ezetimibe are slightly higher (approximately 20%) in women than in men. LDL-C reduction and safety profile are comparable between men and women treated with ezetimibe.

#### *Atorvastatin*

Concentrations of atorvastatin and its active metabolites in women differ from those in men (women: approx. 20% higher for  $C_{max}$  and approx. 10% lower for AUC). These differences were of no clinical significance, resulting in no clinically significant differences in lipid effects among men and women.

### SLCO1B1 polymorphism

#### *Atorvastatin*

Hepatic uptake of all HMG-CoA reductase inhibitors, including atorvastatin, involves the OATP1B1 transporter. In patients with SLCO1B1 polymorphism there is a risk of increased exposure of atorvastatin, which may lead to an increased risk of rhabdomyolysis (see section 4.4). Polymorphism in the gene encoding OATP1B1 (SLCO1B1 c.521CC) is associated with a 2.4-fold higher atorvastatin exposure (AUC) than in individuals without this genotype variant (c.521TT). A genetically impaired hepatic uptake of atorvastatin is also possible in these patients. Possible consequences for the efficacy are unknown.

### 5.3 Preclinical safety data

#### *Ezetimibe*

Animal studies on the chronic toxicity of ezetimibe identified no target organs for toxic effect. In dogs treated for four weeks with ezetimibe ( $\geq 0.03$  mg/kg/day) the cholesterol concentration in the cystic bile was increased by a factor of 2.5 to 3.5. However, in a one year study on dogs given doses of up to 300 mg/kg/day no increased incidence of cholelithiasis or other hepatobiliary effects were observed. The significance of these data for humans is not known. A lithogenic risk associated with the therapeutic use of ezetimibe cannot be ruled out. Long-term carcinogenicity tests on ezetimibe were negative. Ezetimibe had no effect on the fertility of male or female rats, nor was it found to be teratogenic in rats or rabbits, nor did it affect prenatal or postnatal development. Ezetimibe crossed the placental barrier in pregnant rats and rabbits given multiple doses of 1000 mg/kg/day.

#### *Atorvastatin*

Atorvastatin was negative for mutagenic and clastogenic potential in a battery of 4 *in vitro* tests and 1 *in vivo* assay. Atorvastatin was not found to be carcinogenic in rats, but high doses in mice (resulting in 6-11 fold the AUC<sub>0-24 h</sub> reached in humans at the highest recommended dose) showed hepatocellular adenomas in males and hepatocellular carcinomas in females. There is evidence from animal experimental studies that HMG-CoA reductase inhibitors may effect the development of embryos or fetuses. In rats, rabbits, and dogs atorvastatin had no effect on fertility and was not teratogenic, however, at maternally toxic doses foetal toxicity was observed in rats and rabbits. The development of the rat offspring was delayed and post-natal survival reduced during exposure of the dams to high doses of atorvastatin. In rats, there is evidence of placental transfer. In rats, plasma concentrations of atorvastatin are similar to those in milk. It is not known whether atorvastatin or its metabolites are excreted in human milk.

#### *Ezetimibe and statin coadministered*

In co-administration studies with ezetimibe and statins (including atorvastatin) the toxic effects observed were essentially those typically associated with statins. Some of the toxic effects were more pronounced than observed during treatment with statins alone. This is attributed to pharmacokinetic and pharmacodynamic interactions in co-administration therapy. No such interactions occurred in the clinical studies. Myopathies occurred in rats only after exposure to doses that were several times higher than the human therapeutic dose (approximately 20 times the AUC level for statins and 500 to 2000 times the AUC level for the active metabolites). In a series of *in vivo* and *in vitro* assays ezetimibe co-administered with statins exhibited no genotoxic potential. The co-administration of ezetimibe and statins was not teratogenic in rats. In pregnant rabbits a small number of skeletal deformities (fused thoracic and caudal vertebrae, reduced number of caudal vertebrae) were observed. The co-administration of ezetimibe with lovastatin resulted in embryolethal effects.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Lactose monohydrate  
Calcium carbonate  
Cellulose, microcrystalline  
Sodium Lauryl Sulfate [E487]  
Croscarmellose sodium  
Povidone K30  
Hydroxypropylcellulose  
Magnesium Stearate  
Polysorbate 80

### 6.2 Incompatibilities

Not applicable.

### **6.3 Shelf life**

2 years.

### **6.4 Special precautions for storage**

Store in the original package in order to protect from light.

### **6.5 Nature and contents of container**

HIMAVAT 10 mg/ 10, 20, 40 & 80 mg Tablets will be available in packs of 30 tablets in an OPA/Aluminium/PVC blister in a carton.

Not all pack sizes may be marketed.

### **6.6 Special precautions for disposal and other handling**

No special requirements.

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

## **7. HOUDER VAN DE VERGUNNING VOOR HET IN DE HANDEL BRENGEN**

Neopharmed Gentili S.p.A.  
Via S. G. Cottolengo 15  
20143 Milan  
Italië

## **8. NUMMER(S) VAN DE VERGUNNING VOOR HET IN DE HANDEL BRENGEN**

Himavat 10 mg/10 mg, tabletten	RVG 126690
Himavat 10 mg/20 mg, tabletten	RVG 126691
Himavat 10 mg/40 mg, tabletten	RVG 126693
Himavat 10 mg/80 mg, tabletten	RVG 126695

## **9. DATUM VAN EERSTE VERLENING VAN DE VERGUNNING/VERLENGING VAN DE VERGUNNING**

Datum van eerste verlening van de vergunning: 23 mei 2022

## **10. DATE OF REVISION OF THE TEXT**

Laatste gedeeltelijke wijziging betreft de rubriek 4.4 en 4.8: 4 mei 2023